



# South Island Youth & Family

## Mental Health & Substance Use Referral

FAX REFERRAL FORM TO (250)519-5314 or PHONE (250)519-5313

Affix Patient Label Here

<b>OUTCOME:</b> Connected to: Discovery		YCC	YSTAR	YSURF	<b>Intake Counselor:</b>	<i>For internal use only</i>
<b>Appointment Date/Time:</b>		<b>Location:</b>		<b>Counselor:</b>		
Intake no service		referred to other community program		Referral declined by client		referral declined by MHSU
<ul style="list-style-type: none"><li>ENSURE REFERRAL IS COMPLETED IN ENTIRETY (2 PGS)</li><li>A REFERRAL DOES NOT GUARANTEE ACCEPTANCE INTO MHSU PROGRAMS</li><li>INTAKE WILL DETERMINE THE APPROPRIATE PROGRAM FOR YOUTH WITHIN PROGRAMS</li></ul>						
<b>REFERRING AGENT INFORMATION:</b>				<b>DATE OF REFERRAL:</b> _____		
<b>REFERRED BY NAME/AGENCY:</b> _____ <b>PHONE:</b> _____ <b>EMAIL:</b> _____				<b>IDENTIFY CONTACT PERSON FOR REFERRAL:</b> _____ <div>Youth                      Parent                      Referral Agent</div>		
<b>IS THIS REFERRAL FOR:</b> YOUTH                      PARENTS/CAREGIVER                      FAMILY If this is a parent referral, referral should be filled out with parent information, if this is a referral for a family, fill out referral with youth information and include parent/caregiver info in family member information section (2 <sup>nd</sup> page)						
<b>CLIENT INFORMATION:</b> <b>GIVEN NAME:</b> _____ <b>PRONOUNS:</b> _____						
<b>Preferred Name:</b> _____		<b>Age:</b> _____	<b>DOB:</b> _____		<b>PHN#</b> _____	
<b>Address:</b> _____				<b>Postal Code:</b> _____		
<b>School:</b> _____				<b>Grade:</b> _____		
<b>Phone:</b> _____			<b>Email:</b> _____			
<b>Preferred Contact:</b>		<b>Phone</b>	<b>Text</b>	<b>Email</b>		
<b>Guardian/Caregiver:</b> _____				<b>Contact number:</b> _____		
Does the client identify as Indigenous?    Yes    No    _____ Does the client identify with any other cultural identity?                      Yes    No    If yes, please specify: _____						
<b>REFERRAL INFORMATION:</b>						
<b>WHAT MHSU PROGRAM IS THIS A REFERRAL FOR?</b>						
<b>Discovery</b> <ul style="list-style-type: none"><li>- Individual counselling</li><li>- Family/parent counselling</li><li>- Counselling for young people that are impacted by a family's substance use</li><li>- 13-19+ years</li></ul>				<b>Youth Concurrent Disorder Clinician (YCC)</b> <ul style="list-style-type: none"><li>- Individual Counselling</li><li>- Outreach</li><li>- Case Management</li><li>- 17-24 years</li></ul>		
<b>YSTAR</b> <ul style="list-style-type: none"><li>- Case management</li><li>- Outreach</li><li>- Medical support/Harm reduction</li><li>- Systems navigation</li><li>- 12-24 years</li></ul>				<b>YSURF</b> <ul style="list-style-type: none"><li>- Hospitalization or presented to hospital due to suspected overdose</li><li>- No consent required for contact</li><li>- 13-18 years</li></ul>		
<b>Has client accessed any of the above programs in the past?</b> Yes    No - If yes, program and when _____						



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### REASON FOR REFERRAL:

#### REFERRAL ASSESSMENT: (check all that apply)

Substance use: Yes No

If yes, substances of concern: \_\_\_\_\_

Mental Health Diagnosis/concern: Yes No

If yes, concern/diagnosis: \_\_\_\_\_

Requires substance use medical care (i.e. withdrawal support, OAT) Yes No

If yes, specify: \_\_\_\_\_

Safety concerns: Yes No

If yes, concern: \_\_\_\_\_

Hospitalization or presented at hospital for overdose:

Yes No If yes, date: \_\_\_\_\_

Housing concerns or unhoused: Yes No

If yes, specify: \_\_\_\_\_

In care of MCFD or Delegated Indigenous Agency:

Yes No If Yes, specify: \_\_\_\_\_

Impacted by a family member's substance use: Yes No

If yes, relation of concern: \_\_\_\_\_

#### CLIENT CONSENT: (NOT REQUIRED FOR YSURF)

Client consent to referral: \_\_\_\_\_

*Signature or verbal consent documented from referring services*

Consent for Services to involve legal guardian: Yes No \_\_\_\_\_

*Client signature or verbal consent documented from referring services*

Client consents to exchange information between referral agent and MHSU Intake for the purpose of the referral

Yes No

**REFERRALS REQUIRE CLIENT CONSENT TO CONTACT AGENCIES/SUPPORT THAT THEY ARE ATTACHED TO FOR ADDITIONAL INFORMATION PERTAINING TO THE REFERRAL (E.G. CYMH, Youth Empowerment, MCFD, Foundry, school)**

List relevant agencies or support that you are providing consent for intake/MHSU programs to contact if required:

Client consents to MHSU program contacting the listed agencies or supports: \_\_\_\_\_

*Signature or verbal consent documented from referring services*

#### FAMILY MEMBER INFORMATION: (When referral is for family support)

Name: DOB: Relationship:

PHN: Phone:

Name: DOB: Relationship:

PHN: Phone:

Questions? Email YouthMHSU.SouthIsland@islandhealth.ca