

REFERRAL PROCESS

Youth and Family Substance Use programs are voluntary and available at no cost to residents in the South Island areas of the Greater Victoria, Saanich, Central Saanich, Sidney, Westshore, and Sooke.

When making a referral an intake clinician will help to determine which service would best support your needs.

Youth, parents/caregivers can self refer by calling 250-519-5313 and request to speak to an intake clinician or can access a referral form online.

Community partners can access the referral form online and refer by completing the form and faxing to 250- 519-5314 or by calling 250-519-5313

To access the referral form visit online:

[Access - Referrals to Youth & Family Substance Use Services | Island Health](#)

For more information or inquiries please email:

YouthMHSU.SouthIsland@islandhealth.ca



SOUTH ISLAND YOUTH AND FAMILY SUBSTANCE USE SERVICES

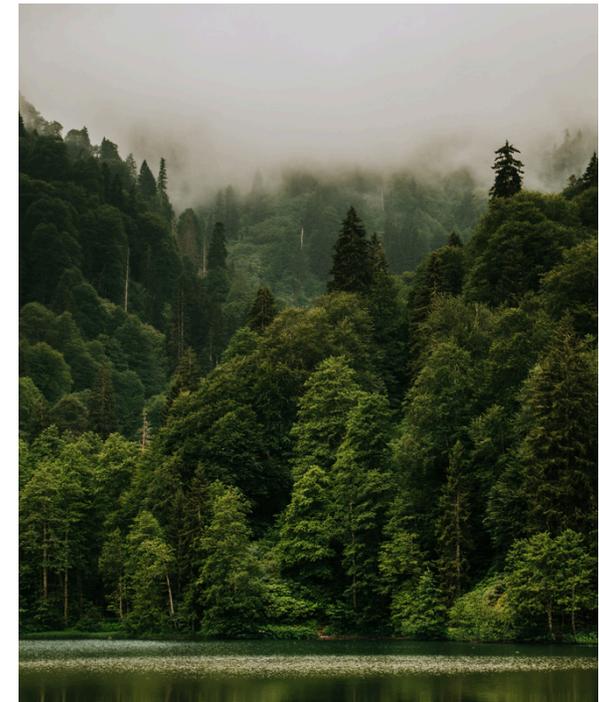
**Centralized Intake for SI Youth and Family
Substance Use Programs:**

Phone: 250-519-5313

Fax: 250-519-5314

email:

YouthMHSU.SouthIsland@islandhealth.ca



Are you struggling with substance use and want counselling?

Are you impacted by a family members' substance use and want counselling?

Are you a parent or caregiver who wants counselling support to address the impacts of caring for a youth who uses substances?



Discovery Youth and Family Substance Use Services

- ~ Individual counselling for youth with substance use concerns
- ~ Family counselling
- ~ Parent/caregiver counselling (caring for a youth who has a substance use issue).
- ~ Counselling for youth impacted by a family members substance use
- ~ 13-19yrs +
- ~ Long and short-term services available

Are you are a youth experiencing a concurrent disorder? Do you struggle with substance use and with the impacts of PTSD/trauma, BPD, Mood Disorders, FASD, ASD, Depression and/or Neurodivergence and are looking for counselling?

Are you currently in MCFD or delegated Indigenous care, or have formerly been in care, or are transitioning out of care, and are needing counselling and case management support?



Youth Concurrent Disorder Program

- ~ Individual counselling for youth with concurrent disorders that are either currently in, have been previously in care, or are transitioning out of MCFD or Delegated Indigenous Agency care
- ~ Case management
- ~ 17-24yrs
- ~ Long and short-term services available

Are you a youth who uses substances, and/or is struggling with mental health concerns, experiencing social barriers, and need outreach support services?

Are you in need of harm reduction, OAT, and/or medical support?



YSTAR

- ~ Outreach team for youth using substances
- ~ Case managers, nurses, outreach medical support, and addictions medicine
- ~ 12-24 yrs
- ~ Long and short-term services available