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Intensive Home Monitoring Program

OVERVIEW

The Intensive Home Monitoring program uses technology to support some clients with COVID-19 symptoms in their homes. Once signed up for the program, you answer a list of questions and measure your temperature and oxygen levels every day. This helps the nurses evaluate your symptoms and monitor you remotely. The nurses get alerts as you enter data, and share the information with your Family Physician or Nurse Practitioner, when necessary.

COST

Intensive Home Monitoring is free.

PARTICIPATION IN INTENSIVE HOME MONITORING

The monitoring nurse will work with you to access your monitoring interview from your own device (smartphone, tablet or computer), or we will provide you with a tablet if required. You will also be provided with an oximeter to measure your oxygen levels and a thermometer to monitor your temperature. You can choose to participate in monitoring by phone instead of through technology, if you prefer.

You complete your daily monitoring interview each morning and report your temperature and oxygen levels throughout the day, as needed. The monitoring nurses also provide support over the phone and call if your reported symptoms are concerning. Nurses monitor your information throughout the day, 08:00 AM to 8:00 PM- If you need support outside of these hours, call 8-1-1. Intensive Home Monitoring is not an emergency response system; In case of medical emergency, call 9-1-1.

Monitoring will continue until your symptoms are lessened or gone. The monitoring nurses will work with you to decide when it is time to come off monitoring and other Community Health Services may be recommended to you. Once you are discharged, we will support you to return your monitoring equipment (oxygen meter, thermometer and/or tablet)-