


Year to Date Performance	<b>28.9 (2018/19)</b>	Performance Assessment		<b>Baseline</b>
Island Health Target	<b>Less than or equal to 25.0</b>	Performance cannot yet be assessed.		

### What do we measure and why?

The Fall-Related Hospitalizations, Age 75+ rate measures the number of discharged patients per 1,000 population aged 75 years and older who stayed at least one night in hospital and had a "fall" diagnosis recorded.

Falls are the leading cause of injury-related deaths and hospitalizations for BC seniors. Fall-related hospitalizations have been increasing since 2000 for those aged 65 and over. Seniors with fall-related injuries tend to stay in hospital longer than seniors hospitalized for other injuries, and are more likely to be discharged to long-term care. Other possible negative outcomes include loss of autonomy, and greater isolation, confusion, and depression.

### What is the target?

Island Health's target for 2019/20 is less than or equal to 25.0.

This is a new measure on Island Health's Dashboard, so there was no target for 2018/19.

### How are we doing?

Island Health's Fall-Related Hospitalization Rate for discharged patients aged 75 years and older was 28.9 per 1000 in 2018/19. Because this is a new measure, no target was set for 2018/19.

The rate has ranged from 28.9 to 32.3 since 2010. Island Health's rate has consistently been among the lowest (best) in BC.

### What actions are we taking?

Island Health's Falls - Injury Prevention Standardization Project is working to reduce falls and fall-related injuries in all Island Health care settings by ensuring consistent assessment, planning, and intervention occur at all stages of the care continuum.