



8-1-1

Free health advice—24/7

When you have a non-emergency concern or question, call 8-1-1 at any time of the day or night.

A health care navigator will help you find health information and services or connect you with a registered nurse, registered dietitian, qualified exercise professional, or pharmacist.



FOR MORE INFO, VISIT: islandhealth.ca/right-care-right-place
or scan this QR code.

