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DEPARTMENT: RTiC

## Using a Handihaler



### IMPORTANT INFORMATION

**Note:** Place mouthpiece between your teeth and close your lips.

**Expired?:** Check the expiry date on the box or on the pack that holds the capsules.

**Reminders:** Keep the HandiHaler dry.

Capsules are sensitive to light, moisture and extreme temperatures.

Make sure to remove only **ONE** capsule from the pack at a time.

Do not breathe 'out' into the device.

**Inhale twice from the same Spiriva capsule.**

If the dry powder gets on your hands, wash your hands because the powder may irritate your eyes.

**Cleaning:** Wipe mouthpiece with a dry cloth or tissue.

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please consult your doctor or appropriate healthcare professional.

Illustrations developed by the Community Pediatric Asthma Service, [www.ucalgary.ca/icancontrolasthma](http://www.ucalgary.ca/icancontrolasthma)

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