

**Event Details** 

Date: May 2, 2023 | Time: 2:30 PM - 3:30 PM | Theme: Indigenous Health

## Presentation

**Title**: Determinants of First Nations, Inuit, and Métis Peoples' Health in Canada: Opportunities and Applied Work

# **Summary:**

Ongoing health disparities are the lived experience Indigenous peoples worldwide, including Canada. We continue to face the challenge of closing equity gaps for First Nations, Inuit, and Métis peoples. As researchers, clinicians, learners, partners, and leaders working in colonial systems we seek to develop and implement initiatives, services, and programs that are distinctions-based, strengths-based, culturally resonant, and move us toward improving outcomes for Indigenous children and youth, families, and communities.

This presentation will focus broadly on determinants of Indigenous peoples' health. Findings from a project focused on data focused on First Nations, Inuit and Métis early learning and child care (ELCC) will be presented. We reviewed existing sources of information including frameworks and national data sources regarding ELCC and the health and well-being of Indigenous children and their families with the goal of informing the development of research and data strategies to broaden the existing knowledge base. Additional knowledge resources and a current quality improvement initiative underway in NH offer further illustration of the se concepts.

This presentation will be important and relevant to students, clinicians, researchers, policy-makers, decision-makers, and community organizations/leadership who are working toward optimal health and well-being of Indigenous peoples.

# **Learning Objectives:**

- 1. To describe determinants of health that contribute to health inequities for First Nations, Inuit, and Metis peoples;
- 2. To describe opportunities and gaps in research pertaining to Indigenous early learning and child care as an important site of intervention in closing health equity gaps;
- 3. To consider reflective questions to advance research.



# Presenter(s)

#### • Dr. Roseann Larstone

Dr. Larstone is a Citizen of the Manitoba Métis Federation/Red River Métis and researcher, author, and scholar. She is Regional Quality Improvement Advisor for Northern Health's Safer Suicide Care quality improvement initiative, led provincially by the Canadian Mental Health Association – BC Division. She is Research Associate, National Collaborating Centre for Indigenous Health (NCCIH); one of six National Collaborating Centres (NCCs) for Public Health established in 2005 and funded through the Public Health Agency of Canada. She also holds appointments as Lecturer, Northern Medical Program, UNBC; and Assistant Editor of the peer-reviewed journal miyo âyâwin: Determinants of Indigenous Peoples' Health.

## Resources

- https://www.nccih.ca/495/Exploring the data landscapes of First Nations, Inuit, an d M%C3%A9tis children%E2%80%99s early learning and child care (ELCC).nccih?id= 316
- 2) <a href="https://www.nccih.ca/Publications/Lists/Publications/Attachments/316/RPT-FNIM-%20ELCC-Greenwood-EN-Appendix Web NIVA 2020-11-24.pdf">https://www.nccih.ca/Publications/Lists/Publications/Attachments/316/RPT-FNIM-%20ELCC-Greenwood-EN-Appendix Web NIVA 2020-11-24.pdf</a>
- 3) <a href="https://canadianscholars.ca/book/introduction-to-determinants-of-first-nations-inuit-and-metis-peoples-health-in-canada/">https://canadianscholars.ca/book/introduction-to-determinants-of-first-nations-inuit-and-metis-peoples-health-in-canada/</a>