



What do we measure and why?

This indicator reports the percentage of Island Health communities that have developed and are implementing Healthy Living Strategic Plans in partnership with Island Health.

A Healthy Living Strategic Plan documents shared planning and collaborative work between Island Health and local government(s) partners. It is part of [BC's Guiding Framework for Public Health](#) (March 2017) to develop healthy communities and support a health-promoting culture across diverse segments of society – health care, local governments, schools and workplaces.

A Healthy Living Strategic Plan captures the key cooperative health authority and local government healthy community activities, and focuses on long-term outcomes that are critical to improving the quality of life of individuals where they live, work, learn and play. Sustained community-level actions will decrease disease risk factors and promote protective factors for chronic diseases and injury.

What is the target?

The 2019/20 target was for 53% or more of Island Health communities to have Healthy Living Strategic Plans.

How are we doing?

As of March 2020, Island Health met the target for 2019/20. There are currently 22 communities in Island Health with Healthy Living Strategic Plans.

What actions are we taking?

Healthy Living Strategic Plans are reviewed at least once every three years. Island Health is currently working with a number of communities within our region to review their plans.