

Purpose and Goals:

For 2025-2028, the strategic focus of Mental Health Substance Use (MHSU) is on increasing access to services through system-wide changes. Mental Health Substance Use leaders across the health authority are working together on projects such as:

- 1) Improving access to high-quality counselling
- 2) Improving how waitlists are managed
- 3) Leveraging technology to ensure patients are connected to the right service in a timely way
- 4) And improving transitions to child and youth mental health

To advise on these and other changes, we are recruiting for an advisory committee of people with lived and/or living experience from across Vancouver Island and the Gulf Islands. The committee will be giving input on the access focused improvements that are being planned for the Mental Health Substance Use system of care. The insights from this advisory committee will be shared directly with the MHSU All Directors Access Transformation Committee to inform the system changes.

Opportunity for Involvement:

This advisory committee is seeking 10 patient partners from across Vancouver Island or the Gulf Islands with lived or living experience as an MHSU patient or caregiver.

Monthly meetings are 1.5 hours and will be held virtually via Microsoft Teams video call. (Day and time will be determined based on most committee members' availability). Participants will be able to use email and regularly attend the monthly meeting via the Teams video call.

Level of Engagement:

The iAP2 level of engagement for this activity is Involve.

Expected Commitment Length:

This advisory committee is a 2 year commitment which will run from March 2026 to February 2028. Patient partners are asked to plan to be on the committee for at least one year.

Honorarium:

Honoraria of \$25/hour will be mailed by cheque for meetings and trainings.



Scan the QR code to learn more about patient partnership at Island Health and to link to My Impact to get started on your profile.

Title

For More Information

- Visit www.islandhealth.ca/patient-partnership to learn more about patient partnership at Island Health.
- Email patient.experience@islandhealth.ca if you have questions or would like to learn more about this opportunity.
- To submit an expression of interest to join the Lived Experience Advisors for System Changes set up a profile on My Impact <https://bttr.im/equv5> and someone from the Island Health Patient & Public Partnership Program will get in touch.