

<p>Nutrition services provides weight inclusive care emphasizing health outcomes. We do not offer weight loss advice or calorie-restricted meal plans.</p> <p>Currently extended wait times for:</p> <ul style="list-style-type: none"> • Basic Allergies and Intolerances • Constipation • Healthy Eating • Picky Eating • Vegetarian/Vegan diets 	<p>Consider referring the patient to one of the following services:</p> <ul style="list-style-type: none"> • 811 Healthlink BC <ul style="list-style-type: none"> ○ To speak to a Registered Dietitian Dial 811 • Private Dietitian Counselling <ul style="list-style-type: none"> ○ BC Dietitians - www.bcdietitians.ca ○ Dietitians of Canada – www.dietitians.ca
<p align="center">Other Nutrition Services Available</p>	
<p align="center">Regional Eating Disorders Program</p> <p>For more information about the Eating Disorder services and referral forms for your region: https://www.islandhealth.ca/our-services/mental-health-substance-use-services/eating-disorders-services</p>	<p>Ambulatory individual consultation for confirmed or suspected eating disorders:</p> <ul style="list-style-type: none"> • Anorexia Nervosa • Bulimia Nervosa • Binge Eating Disorder • Avoidant Restrictive Food Intake Disorder • Other Specified Feeding & Eating Disorder <p>Requires GP/NP/Pediatrician referral</p>
<p align="center">Generation Health Clinic</p> <p>For more information and to sign up: www.generationhealth.ca</p>	<p>Family-centered healthy living programs for children and teens. Offers two healthy living program options:</p> <p>Generation Health Clinic (formerly Shapedown BC)</p> <ul style="list-style-type: none"> • GP/NP referral required • Ages 6 to 17 • BMI for age greater than 97th percentile, or BMI for age between 85-97th percentile with certain medical conditions present. <p>Generation Health Community</p> <ul style="list-style-type: none"> • Available by family self-referral • Ages 8 to 12 years old • 10 week chronic disease prevention program • Sessions offered both in person and online
<p align="center">Children, Youth and Family Rehabilitation Services – Pediatric Feeding and Swallowing Services</p> <p>For more information: https://www.islandhealth.ca/our-services/children-youth-rehabilitation-services/pediatric-feeding-swallowing-clinic</p>	<p>Provides non-acute, specialized team based approach to assessment, education, nutrition support and feeding services to infants and children with complex feeding and swallowing concerns.</p> <p>Requires GP/NP referral</p>
<p align="center">Canadian Celiac Association - Newly Diagnosed Pathway Program</p> <p>For more information: https://www.celiac.ca/newlydiagnosed/</p>	<p>Provides 3 months of education on the gluten-free diet, what to eat, what not to eat, avoiding cross contamination, navigating family, restaurants, travel and affordability. Includes 6 months of emails, webinars and support.</p> <p>Available by self-referral.</p>