



Adult Ambulatory Nutrition Counselling

Dietitian Referral Form

- ☐ Campbell River Fax: 250 286 7103
- ☐ Comox/Courtney Fax: 250 331 5980
- ☐ Nanaimo Fax: 250 716 7711
- ☐ Ladysmith Fax: 250 740 2689
- ☐ Cowichan Fax: 250 709 3018
- ☐ Salt Spring Island Fax: 250 538 4807
- ☐ Victoria Fax: 250 370 8357

Patient Information		For office use only	
Name: DOB: PHN / MRN: Physician: Address: Tel:		Date received:	
Affix patient sticker		Date triaged:	
Appointment type:			
Reason for Referral			
Individual Consultation:		Group Consultation* :	
<input type="checkbox"/> Allergies / Intolerances (complex) <input type="checkbox"/> Cancer <input type="checkbox"/> Celiac Disease <input type="checkbox"/> Dysphagia <input type="checkbox"/> Gastrointestinal Disease <input type="checkbox"/> IBS <input type="checkbox"/> IBD <input type="checkbox"/> Other: _____ <input type="checkbox"/> Gastrointestinal Surgery (pre/post) <input type="checkbox"/> Home Tube Feeding <input type="checkbox"/> Ileostomy / Colostomy <input type="checkbox"/> Chronic Liver Disease	<input type="checkbox"/> Malnutrition, Severe <input type="checkbox"/> Pancreatitis <input type="checkbox"/> Pregnancy / Breastfeeding <input type="checkbox"/> PCOS / Fertility <input type="checkbox"/> Vitamin/Mineral Deficiency: _____ <input type="checkbox"/> Weight Restoration (to regain weight that is unintentionally lost) <input type="checkbox"/> Other: _____	<input type="checkbox"/> Heart Health <input type="checkbox"/> Mindful Eating <input type="checkbox"/> Healthy Weight <input type="checkbox"/> Gluten Free <i>*Class availability may vary per region.</i>	
Please see reverse for alternate referral options for conditions not specified above.			
Please attach any relevant information: e.g. medical history, labs, medications, and comments.			
Referral Priority: <input type="checkbox"/> Urgent <input type="checkbox"/> Routine			
Barriers to learning? (specify):			
Clinician:		Date:	

Please note

<p>Extended wait times for</p> <ul style="list-style-type: none"> • Healthy Eating • Heart Healthy Eating • Obesity and Over weight – individual weight loss counselling • Basic Allergies and Intolerances • Early Stage Kidney Disease & Kidney Stones • GERD • Gout • Lifestyle Nutrition: Veganism / Vegetarianism <p>(Wait times will vary based on referral location)</p>	<p>Consider referring the patient to one of the following services:</p> <ul style="list-style-type: none"> • 811 Healthlink BC to speak to a Registered Dietitian Dial 811 • Private Dietitian Counselling <ul style="list-style-type: none"> ○ BC Dietitians - www.bcdietitians.ca ○ Dietitians of Canada – www.dietitians.ca
<p>Community Health Services</p> <ul style="list-style-type: none"> • Seniors • Homebound • Palliative Patients • Patients already receiving services with Home and Community Care. 	<p>Patients eligible or already connected with Community Health Services for Nutrition Counselling</p> <ul style="list-style-type: none"> • Victoria Community Access <ul style="list-style-type: none"> ○ 1 888 533 8873 • Central Island Community Access <ul style="list-style-type: none"> ○ 1 877 734 4101 • North Island Central Intake <ul style="list-style-type: none"> ○ 1 866 928 4988 <p>www.islandhealth.ca/our-services/home-care-services</p>
<p>Diabetes</p> <ul style="list-style-type: none"> • Type 1 DM • Type 2 DM • GDM / Diabetes in Pregnancy • Pre-diabetes 	<ul style="list-style-type: none"> • Island Health / Diabetes Education Centre www.islandhealth.ca/our-locations/diabetes-education-centres
<p>Eating Disorders (Diagnosed)</p> <ul style="list-style-type: none"> • Anorexia Nervosa • Bulimia Nervosa • Binge Eating Disorder • ARFID 	<p>Patients diagnosed with an ED must have a PCP as well as be working with a counsellor or therapist</p> <ul style="list-style-type: none"> • Eating Disorders Clinic www.islandhealth.ca/our-services/eating-disorders-services
<p>Chronic Renal Failure</p> <ul style="list-style-type: none"> • Stage 3-4 (GFR <30) 	<p>Patients referred / followed by a Nephrologist</p> <ul style="list-style-type: none"> • Kidney Care Clinic for Dietitian Services www.islandhealth.ca/our-locations/kidney-care-locations
<p>General Cancer / Oncology</p>	<p>Inspire Health – Supportive Cancer Care free registered dietitians counselling</p> <ul style="list-style-type: none"> • www.inspirehealth.ca • 1 888 734 7125