

Support Family Recovery Addictions Support Family Recovery

“Family Recovery Addictions Support” is a weekly support group for people affected by someone else’s substance use.

Reflecting Our Commitment
to Healthy Island
Communities.

Family Recovery Addictions Support is provided to assist family and friends who are affected by someone in their life who is dealing with addictions.

Information is provided to attendees by discussion and psychoeducational presentations.

We now also offer the option of attending virtually, via Zoom.



C.A.R.E.S.

*Central Access and Rapid
Engagement Service*

**Family
Recovery
Addiction
Support**

Location: 1125 Pembroke St.

Phone: 250-213-4441

Fax: 250-519-3613

Email: RAS@viha.ca

Hours: 2:30-3:30 Wednesday

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WHAT IS INVOLVED?

WHO IS ELIGIBLE?

Anyone affected by another's substance use.

HOW DO I REGISTER?

Simple contact us by phone or email!

Information and registration forms can be filled out at that time.

WHAT CAN I EXPECT?

Island Health staff with experience in addiction recovery group programs facilitate weekly Family Recovery Addictions Support groups.

Participation is guided by principles of inclusion, understanding and education. Emphasis is placed on cultural awareness and safety.



WHAT IS THE PROCESS?

Having a loved one in active addiction can be a difficult place to be and will take a toll. Contacting Family Recovery Addiction Support to get information and register for the program is the first step in restoring your wellbeing.

Attending regular family group meetings will help to gain understanding and acquire the skills needed to support your loved one.