
Clearview Community Medical Detox

Frequently asked questions

1) Can I refer my friend or family member?

Because this is a medical service, people require a referral from a health care professional or counselor.

2) How can my doctor make a referral?

Doctor's office can call Clearview and request a referral form; once it is completed it can be faxed to 250-739-5892.

3) I don't have a family doctor and cannot access local MHSU services. How do I make a referral?

Individuals are encouraged to have their referral completed through one of the referral methods, but in recognizing barriers to access, Clearview can accept self-referrals. Please keep in mind this is not the preferred method but is in place to support individuals living in remote communities, who have barriers to access of MHSU services, or who do not have a family physician. Individuals meeting this criteria can call the **Clearview Intake Line** directly at 250-755-7691 ext. 55893 Monday through Friday between 8am-4pm.

4) Can I smoke when I am there?

Clearview Detox is a non smoking facility. We provide nicotine replacement supplies during admission.

5) Can I leave once I am there?

Passes are not allowed once you are admitted. For your safety you are expected to remain on site for the duration of your stay. This is a voluntary services, and individuals may self discharge at any time.

6) What happens when I am discharged?

Clearview staff will work with you on your discharge plan. Some people are preparing to go to treatment, and staff can provide assistance with this during admission. Staff will work with you to ensure you have your transportation, housing and other supports arranged for discharge planning.

7) Can I visit with my friend or family while they are admitted?

Clearview has a no visiting policy, however you can call in daily, and there is access to a computer to check email.

8) Can I bring my own food or snacks?

No food or drink can be brought in from outside. Meals and snacks are provided in-house.

9) What can I bring?

Bring a couple changes of clothes, your personal toiletry items, your own pajamas/slippers or robe. Phone numbers, books, pictures are often helpful. You will not need to bring linen, towels or bedding. Cell phones, laptops or other electronic devices are allowed on site. Clients will be expected to agree and adhere to the terms of Island Health's electronics use guidelines.

10) What happens when I want to leave?

Clearview is a voluntary facility. People cannot be forced to stay admitted in the detox. If people want to leave without completing program, they will be encouraged to stay, and offered discharge planning. If a patient is determined to be medically at risk of harm to themselves or others, they would be transported to hospital for further assessment.

11) Do you do cocaine or other stimulants requiring withdrawal support?

Withdrawal from stimulants is typically not considered a medical detox and usually people requiring stimulant withdrawal services are referred to other MHSU supports in the community. When there are other mental health diagnosis or complicating medical issues, referrals may be accepted for stimulant withdrawal.