# Patient Collection Instructions for Urine Chlamydia/GC

## Before Collection
- Obtain the appropriate collection container for the test your physician has requested from the Laboratory.
- Wash hands thoroughly with soap and water, rinse and dry.
- Open the container; DO NOT touch the inside of the container or the lid.

## Collecting the sample
- Do not urinate for 1 h before collecting the urine sample.
- Collect the first 15 - 60 mL of urine passed (approximately a quarter to half full) in the container provided. Midstream urine is not acceptable.
- Remove the container before the urine stops flowing.
- Void remainder of urine into the toilet.
- Place the lid tightly onto the container, without touching the inside of the lid or the container.
- Clean collection container off if any urine has splashed on the outside of the container.
- Wash hands after collecting the urine sample.

## Labeling the sample
- The following information is required on the containers:
  - Last name, First Name, Date of Birth.
  - Personal Health Number
  - Collection Date
  - Collection Time

## Delivering the sample
- If sample is collected in the Laboratory, please give to Laboratory personnel unless otherwise instructed.
- If sample is not collected in the Laboratory:
  - When you have completed the collection and labeling, place the sample in the plastic bag provided and seal.
  - Place the completed requisition in the **outer pocket** of the plastic bag. **Do not** place requisition inside the sealed section of the bag containing the sample.
  - Bring the sample and the Physician’s request (requisition) to the Laboratory as soon as possible (within 2 h).
  - Refrigerate sample if you cannot get to the Laboratory immediately.
  - Check that the information on the requisition is correct and complete.

*Samples that are not labeled correctly and/or do not have a completed requisition will **NOT** be tested*

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If you have any questions please call the VIHA Laboratory Call Center @ 250-370-8355 or Toll Free at 1-866-370-8355