



Department of Laboratory Medicine,
Pathology and Medical Genetics

Patient Collection Instructions for Post Vasectomy Assessment

Patient Information	<p>Your Physician has requested you collect a specimen for Post Vasectomy Assessment to determine the success of the vasectomy operation. If this request is for a Vasectomy reversal assessment, do not proceed with these instructions, attend a fertility clinic. Please complete the following and return this form with the specimen and requisition to the Laboratory.</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Patient Name: _____.</p> <p>Have you had a Vasectomy? No: <input type="checkbox"/> Yes: <input type="checkbox"/> Date of Vasectomy? _____.</p> <p>Have you previously had a Post Vasectomy Assessment done? No: <input type="checkbox"/> Yes: <input type="checkbox"/></p> </div>
Before Collection	<ul style="list-style-type: none"> Obtain the appropriate collection container for the test your physician has requested from the Laboratory. Read all of the instructions before proceeding with the collection. Label the collection container with your FULL First and Last Name, Personal Health Number or Personal Identification Number and Date of Birth. Abstain from Intercourse or ejaculation for at least 3 days, and no more than 7 days (unless otherwise instructed by your doctor) Read all instruction before collecting the specimen. It is important to follow the instructions to ensure the best test results.
Collecting the Specimen	<ul style="list-style-type: none"> Wash and dry your hands. The specimen must be collected manually, that is by masturbation. No other method is suitable for the purpose of this test. Avoid the use of any lubricant during collection Do NOT use a condom as most condoms contain a spermicide and can kill the sperm and can affect your test results. Collect the specimen directly into the container provided to you by the laboratory. Avoid losing any of the specimen After collection re-cap and close the specimen container tightly. Wash and dry your hands. Make sure the specimen container is labelled with your Full First and Last Name, Date of Birth and the Date and exact Time of collection.
Delivering the Specimen	<ul style="list-style-type: none"> When you have completed the collection, place the specimen in the sealed plastic bag provided. Check that the information on the requisition is correct and complete. Place the completed requisition in the outer pocket of the plastic bag. Do not place requisition inside the sealed section of the bag containing the specimen. The specimen must be kept warm by carrying it in an inside pocket or under an arm pit until delivery to the Laboratory. Do not try to keep the specimen warm in any other way. Preferably the specimen should be delivered to the Laboratory within 30 minutes of the collection. Specimen will be accepted up to a maximum of 3 hours after collection, unless approved by a Laboratory Physician. <p><u>Specimens that are not labeled correctly and/or do not have a completed requisition will NOT be tested</u></p>

If you have any questions please call the VIHA Laboratory Call Center @ 250-370-8355