

## Patient Collection Instructions for Post Vasectomy Assessment

<b>Patient Information</b>	<p>Your Physician has requested you collect a specimen for Post Vasectomy Assessment to determine the success of the vasectomy operation.</p> <p><b>If this request is for a Vasectomy reversal assessment, do not proceed with these instructions, attend a fertility clinic.</b></p> <p>Post Vasectomy testing is not performed at the following Island Health sites: Victoria General Hospital, Royal Jubilee Hospital or Saanich Peninsula Hospital. Please contact Life Labs to arrange an appointment.</p> <p>Please complete the following and return this form with the specimen and requisition to the Laboratory.</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Patient Name: _____.</p> <p>Have you had a Vasectomy? No: <input type="checkbox"/> Yes: <input type="checkbox"/> Date of Vasectomy? _____.</p> <p>Have you previously had a Post Vasectomy Assessment done? No: <input type="checkbox"/> Yes: <input type="checkbox"/></p> </div>
<b>Before Collection</b>	<ul style="list-style-type: none"> <li>Obtain the appropriate collection container for the test your physician has requested from the Laboratory.</li> <li>Read all of the instructions before proceeding with the collection.</li> <li>Label the collection container with your <b>FULL First and Last Name, Personal Health Number or Personal Identification Number and Date of Birth.</b></li> <li>Abstain from Intercourse or ejaculation for at least 3 days, and no more than 7 days (unless otherwise instructed by your doctor)</li> <li>Read all instruction before collecting the specimen. It is important to follow the instructions to ensure the best test results.</li> </ul>
<b>Collecting the Specimen</b>	<ul style="list-style-type: none"> <li>Wash and dry your hands.</li> <li>The specimen must be collected manually, that is by masturbation. No other method is suitable for the purpose of this test.</li> <li>Avoid the use of any lubricant during collection</li> <li>Do NOT use a condom as most condoms contain a spermicide and can kill the sperm and can affect your test results.</li> <li>Collect the specimen directly into the container provided to you by the laboratory. Avoid losing any of the specimen</li> <li>After collection re-cap and close the specimen container tightly.</li> <li>Wash and dry your hands.</li> <li>Make sure the specimen container is labelled with your Full First and Last Name, Date of Birth and the Date and exact Time of collection.</li> </ul>
<b>Delivering the Specimen</b>	<ul style="list-style-type: none"> <li>When you have completed the collection, place the specimen in the sealed plastic bag provided.</li> <li>Check that the information on the requisition is correct and complete.</li> <li>Place the completed requisition in the <b>outer pocket</b> of the plastic bag. <b>Do not</b> place requisition inside the sealed section of the bag containing the specimen.</li> <li><b>The specimen must be kept warm by carrying it in an inside pocket or under an arm pit</b> until delivery to the Laboratory. Do not try to keep the specimen warm in any other way.</li> <li>Preferably the specimen should be delivered to the Laboratory within 30 minutes of the collection. Specimen will be accepted up to a maximum of 3 hours after collection, unless approved by a Laboratory Physician.</li> </ul> <p><b><u>Specimens that are not labeled correctly and/or do not have a completed requisition will NOT be tested</u></b></p>

**If you have any questions please call the VIHA Laboratory Call Center @ 250-370-8355**