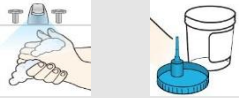




Patient Collection Instructions for Midstream Urine (MSU) Collection

<p>Before Collection</p> 	<ul style="list-style-type: none"> • Obtain the appropriate collection container for the test your physician has requested from the Laboratory. • Wash hands thoroughly with soap and water, rinse and dry. • Open the container; DO NOT touch the inside of the container or the lid. • Place the blue lid on the counter with the “straw” facing upwards.
	<ul style="list-style-type: none"> • DO NOT REMOVE THE YELLOW LABEL ON THE TOP OF THE CAP.
<p>Collecting the sample</p> 	<ul style="list-style-type: none"> • Thoroughly cleanse the entire genital area using the towelette provided <ul style="list-style-type: none"> ○ Females – Separate the folds of skin around the urinary opening. Cleanse the area around the opening with the towelette provided and discard the towelette into the toilet. ○ Males- Cleanse the end of the penis with the towelette provided - beginning at the urethral opening and working away from it (the foreskin of an uncircumcised male must be retracted). Discard the towelette into the toilet. • Urinate the first portion of the urine into the toilet. • As you continue to urinate, bring the collection cup into the urine stream to collect the sample. Do not overfill container. • Remove the container before the urine stops flowing and void the remainder of the urine into the toilet. • Place the lid tightly onto the container, without touching the inside of the container or the lid. • Wipe collection container off if any urine has splashed on the outside of the container. • Wash hands after collecting the urine sample.
<p>Labeling the sample</p>	<ul style="list-style-type: none"> • The following information is required on the containers: • Last name, First Name, Date of Birth. • Personal Health Number • Collection Date • Collection Time
<p>Delivering the sample</p>	<ul style="list-style-type: none"> • If sample is collected in the Laboratory, please give to Laboratory personnel unless otherwise instructed. • If sample is not collected in the Laboratory: • When you have completed the collection and labeling, place the sample in the plastic bag provided and seal. • Place the completed requisition in the outer pocket of the plastic bag. Do not place requisition inside the sealed section of the bag containing the sample. • Bring the sample and the Physician's request (requisition) to the Laboratory as soon as possible (up to 2 h after collection). • Refrigerate sample if you cannot get to the Laboratory immediately. • Check that the information on the requisition is correct and complete. <p><u>Samples that are not labeled correctly and/or do not have a completed requisition will NOT be tested</u></p>

If you have any questions please call the Island Health Laboratory Call Center @ 250-370-8355 or Toll Free at 1-866-370-8355