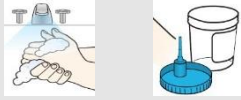




## Patient Collection Instructions for Midstream Urine (MSU) Collection

<b>Before Collection</b> 	<ul style="list-style-type: none"> <li>Obtain the appropriate collection container for the test your physician has requested from the Laboratory.</li> <li>Wash hands thoroughly with soap and water, rinse and dry.</li> <li>Open the container; <b>DO NOT</b> touch the inside of the container or the lid.</li> <li>Place the blue lid on the counter with the “straw” facing upwards.</li> </ul>
	<ul style="list-style-type: none"> <li><b>DO NOT REMOVE THE YELLOW LABEL ON THE TOP OF THE CAP.</b></li> </ul>
<b>Collecting the sample</b> 	<ul style="list-style-type: none"> <li>Thoroughly cleanse the entire genital area using the towelette provided <ul style="list-style-type: none"> <li><b>Females</b> – Separate the folds of skin around the urinary opening. Cleanse the area around the opening with the towelette provided and discard the towelette into the toilet.</li> <li><b>Males</b>- Cleanse the end of the penis with the towelette provided - beginning at the urethral opening and working away from it (the foreskin of an uncircumcised male must be retracted). Discard the towelette into the toilet.</li> </ul> </li> <li>Urinate the first portion of the urine into the toilet.</li> <li>As you continue to urinate, bring the collection cup into the urine stream to collect the sample. Do not overfill container.</li> <li>Remove the container before the urine stops flowing and void the remainder of the urine into the toilet.</li> <li>Place the lid tightly onto the container, without touching the inside of the container or the lid.</li> <li>Wipe collection container off if any urine has splashed on the outside of the container.</li> <li>Wash hands after collecting the urine sample.</li> </ul>
<b>Labeling the sample</b>	<ul style="list-style-type: none"> <li>The following information is required on the containers:</li> <li>Last name, First Name, Date of Birth.</li> <li>Personal Health Number</li> <li>Collection Date</li> <li>Collection Time</li> </ul>
<b>Delivering the sample</b>	<ul style="list-style-type: none"> <li>If sample is collected in the Laboratory, please give to Laboratory personnel unless otherwise instructed.</li> <li>If sample is not collected in the Laboratory:</li> <li>When you have completed the collection and labeling, place the sample in the plastic bag provided and seal.</li> <li>Place the completed requisition in the <b>outer pocket</b> of the plastic bag. <b>Do not</b> place requisition inside the sealed section of the bag containing the sample.</li> <li>Bring the sample and the Physician’s request (requisition) to the Laboratory as soon as possible (up to 2 h after collection).</li> <li>Refrigerate sample if you cannot get to the Laboratory immediately.</li> <li>Check that the information on the requisition is correct and complete.</li> </ul>
<b>Sample Rejection Criteria</b>	<ul style="list-style-type: none"> <li><b>Samples that are not refrigerated after collection, prior to transporting to the lab</b></li> <li><b>Samples that are not labeled correctly and/or do not have a completed requisition will <b>NOT</b> be tested</b></li> </ul>

**If you have any questions please call the Island Health Laboratory Call Center  
@ 250-370-8355 or Toll Free at 1-866-370-8355**