



Department of Laboratory Medicine,
Pathology and Medical Genetics

Patient Collection Instructions for Adult TB (Mycobacteria) Urine

Before Collection	<ul style="list-style-type: none">• Obtain the appropriate collection container for the test your physician has requested from the Laboratory.• Wash hands thoroughly with soap and water, rinse and dry.• Open the container; DO NOT touch the inside of the container or the lid.
Collecting the sample	<ul style="list-style-type: none">• Urine samples for TB collection must be collected on 3 consecutive mornings.• Upon rising each morning, collect the first morning urine sample into one of the containers provided.• Collect the first 40 to 90 ml of urine (approximately a quarter to half full) into the container provided, Do not overfill container.• Void remainder of urine into the toilet.• Place the lid tightly onto the container, without touching the inside of the lid or the container.• Clean collection container off if any urine has splashed on the outside of the container.• Wash hands after collecting the urine sample.
Labeling the sample	<ul style="list-style-type: none">• The following information is required on the containers:• Last name, First Name, Date of Birth.• Personal Health Number• Collection Date• Collection Time
Delivering the sample	<ul style="list-style-type: none">• If sample is collected in the Laboratory, please give to Laboratory personnel unless otherwise instructed.• If sample is not collected in the Laboratory:<ul style="list-style-type: none">○ When you have completed the collection and labeling, place the sample in the plastic bag provided and seal.○ Refrigerate samples after collection.○ Place the completed requisition in the outer pocket of the plastic bag. Do not place requisition inside the sealed section of the bag containing the sample.○ Take to Laboratory immediately after the third collection with the Physician's request (requisition)○ Check that the information on the requisition is correct and complete.
Sample Rejection Criteria	<ul style="list-style-type: none">• Samples that are not refrigerated after collection, prior to transporting to the lab• Samples that are not labeled correctly and/or do not have a completed requisition will NOT be tested

**If you have any questions please call the VIHA Laboratory Call Center @ 250-370-8355 or
Toll Free at 1-866-370-8355**