# Patient Collection Instructions for Adult TB (Mycobacteria) Urine

## Before Collection
- Obtain the appropriate collection container for the test your physician has requested from the Laboratory.
- Wash hands thoroughly with soap and water, rinse and dry.
- Open the container; DO NOT touch the inside of the container or the lid.

## Collecting the sample
- Urine samples for TB collection must be collected on 3 consecutive mornings.
- Upon rising each morning, collect the first morning urine sample into one of the containers provided.
- Collect the first 40 to 90 ml of urine (approximately a quarter to half full) into the container provided. Do not overfill container.
- Void remainder of urine into the toilet.
- Place the lid tightly onto the container, without touching the inside of the lid or the container.
- Clean collection container off if any urine has splashed on the outside of the container.
- Wash hands after collecting the urine sample.

## Labeling the sample
- The following information is required on the containers:
  - Last name, First Name, Date of Birth.
  - Personal Health Number
  - Collection Date
  - Collection Time

## Delivering the sample
- If sample is collected in the Laboratory, please give to Laboratory personnel unless otherwise instructed.
- If sample is not collected in the Laboratory:
  - When you have completed the collection and labeling, place the sample in the plastic bag provided and seal.
  - Refrigerate samples after collection.
  - Place the completed requisition in the outer pocket of the plastic bag. Do not place requisition inside the sealed section of the bag containing the sample.
  - Take to Laboratory immediately after the third collection with the Physician’s request (requisition)
  - Check that the information on the requisition is correct and complete.

**Samples that are not labeled correctly and/or do not have a completed requisition will NOT be tested**

If you have any questions please call the VIHA Laboratory Call Center @ 250-370-8355 or Toll Free at 1-866-370-8355