















# Prevention & Treatment Recommendations Personal Protective Equipment (PPE) Skin Injury

At Home: Hands & Face - Prevention and Treatment Options

Prevention/Treatment of Moisture Associated Skin Damage (MASD): moisturizer or barrier cream with dimethicone, silicone (e.g. Hydraguard), ceramides (CeraVe) or ointment with petrolatum (e.g. Vaseline)

**Treatment of acne breakouts**: wash face well with mild soap (Dove, Ivory), pat skin dry. If using an acne treatment, a pply and allow to dry. Do not apply make-up over affected areas.

#### At Work: Hands - Prevention and Treatment Options

**Concern:** Moisture Associated Skin Damage (MASD) **Goal: Prevention** 

- Regular, frequent moisturizing
- Ensure hands are dry prior to donning gloves
- Avoid jewelry & wrist watches

**Prevention for Intact Skin:** 

- 1. Deb Moisturizer
- Remedy Nourishing Cream (moisturizer)

Treatment: Irritated Skin

Cera Ve (Iotion or moisturizer) if available

Fissures/Cracks

S&N No-Sting Skin Prep (barrier film)

#### At Work: Face - Prevention and Treatment Options

Concern: a pressure injury with/without MASD.

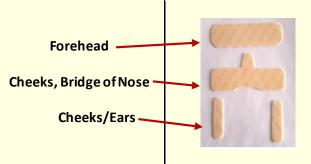
**Goal:** minimize the friction, pressure and the moisture (sweat) as much as possible. Follow HA policy regarding when to remove PPE during your shift:

- Remove PPE. After proper hand washing, face/necks hould be gently cleansed using soap and water. Do not rub areas.
- Inspect pressure areas (nose, cheekbones, ears & forehead) for injury:
  - o Intact skin: Pat skin dry and then apply moisturizer or barrier, allow to absorb/dry.
  - o Non-intact skin: Pat intact skin dry, do not apply moisturizer.

o Non interestinal defined skindly, do not apply moistanzer.			
Tissue Damage	Surgical Masks, Face Shields, Goggles	N95 Mask	
Evel One/Prevention     For prevention of     Moisture Associated     Skin Damage (MASD)	Escalate PRN:  1. Deb Moisturizer  2. Remedy Nourishing Cream (moisturizer)  3. CeraVe Moisturizing Cream if available  4. S&N No-Sting Skin Prep (barrier film)	Mask should only be worn during AGMP times; wearing during non-AGMP times ↑ risk of skin damage. Escalate PRN: 1. Deb Moisturizer	
	Allow time for the product to dry before donning PPE	2. Remedy Nourishing Cream (moisturizer)	
<ul> <li>Level Two/Treatment</li> <li>Stage 1 Pressure Injury (intact, non-blanchable)</li> <li>MASD mild</li> </ul>	<ul> <li>Escalate PRN:</li> <li>1. If the above Prevention options were not used; then choose one of them</li> <li>2. S&amp;N No-Sting Skin Prep with Tegaderm Transparent Film (not IV version): nil - scant exudate</li> <li>3. <u>Duoderm Extra Thin</u> (hydrocolloid): nil - scant exudate</li> </ul>	3. Cera Ve Moisturizing Cream if a vailable 4. S&N No-Sting Skin Prep (barrier film) Allow time for the product to dry before donning PPE and ensure the mask fits properly.  Dressings are not to be used with N95 Masks.	
<ul><li>Level Three/Treatment</li><li>Stage 2 Pressure Injury (open wound)</li><li>MASD moderate/severe</li></ul>	Mepilex Lite (non-border)     or     Mepilex (non-border)		

## **Tips for Application of Dressings**

Choose the most appropriate for your PPE







Thin Mepilex Non-Border

- Duoderm, Transparent Film or Mepilex can be cut into the same shapes as above
- Secure Mepilex Lite Non-Border or Mepilex Non-Border with paper or silicone tape
- If dressing is needed, leave in place for as long as possible. Use these dressings sparingly. Store remaining pieces for future use.

### Report a workplace injury, exposure or incident by calling 1-866-922-9464 option 2

Products	Ordering Number	Comments	
Remedy Nourishing Cream 59 ml	0106433	In Warehouse	
Remedy Nourshing Cream 118ml	0106433	In Warehouse	
Remedy Nourishing Cream 946ml	0113719	In Warehouse	
CeraVe Moisturing Cream 57g		Special Order	
Cera Ve Moisturing Lotion 355ml		Special Order	
No-Sting Skin Prep 1ml wipe	0059401	In Warehouse	
Duoderm Extra Thin 10 x 10cm	0059514	In Warehouse	
Duoderm Extra Thin 5 x 20cm	0000691	In Warehouse	
Tega derm Film Roll (non-sterile) 5cm x 10m	0041947	In Warehouse	
Tega derm Film Dressing 6 x7cm	0003463	In Warehouse	
Tegaderm Film Dressing 10 x 20cm	0016505	In Warehouse	
Me pilex Lite Non-Bordered 10 x 10 cm	0081674	In Warehouse	
Mepilex Non-Bordered 10 x 10 cm	0067312	In Warehouse	
Please see the Connecting Learners with Knowledge: Skin & Wound/Product Information Sheets (clwk.ca) for product use instructions			