

Other Community Alcohol Treatment Services

Connections

Drop-in Groups offered Tuesdays and Fridays at 1125 Pembroke from 2:30 pm to 3:30 pm

RAS

Daily education and support groups 10:30-11:30. Referrals through Connections.

SMART Recovery

Self-help program for recovery from addictive behavior. For locations and times: smartrecoverybc.com

Life Ring

An organization of people who share practical experiences and sobriety support. For locations and times: liferingcanada.org

Alcoholics/Narcotics Anonymous

12 step program. For locations and times: aavictoria.ca and svina.ca

Addictions Outpatient Clinic

Individual and group counselling. RAAC staff can facilitate referral for RAAC clients or an individual can access services through an intake process at CARES 1119 Pembroke Street



The **Rapid Access Addiction Clinic** is located at **1119 Pembroke Street**, and is **open 9:00 am to 12:00 (noon) Monday to Friday**. We are closed on statutory holidays.

Please call **250-519-3776** for information or an appointment.

The Rapid Access Addiction Clinic is located on a campus of health care services that include the Sobering and Assessment Centre (SAC), Central Access and Rapid Engagement Service (CARES), a range of mental health and substance use services and supports, and public health programs.

Here is where you can find us:



Are you concerned about your alcohol use?

Victoria's Rapid Access Addiction Clinic can help with problematic alcohol use with anti-craving medication

viha.ca



What is the Rapid Access Addiction Clinic?

The Victoria **Rapid Access Addiction Clinic** (RAAC) supports people with problematic alcohol use who are interested in treatment with anti-craving medication.

The clinic offers:

- Assessments
- Appointments with an Addictions Medicine Specialist
- Anti-craving medication
- Support in planning your treatment and next steps
- Referrals to social and peer support services
- Connections with community services and supports

RAAC also offers support for people struggling with opioids, including OAT suboxone/methadone starts and take home naloxone kits, reducing the risk of harm.

How can I access the Rapid Access Addiction Clinic?

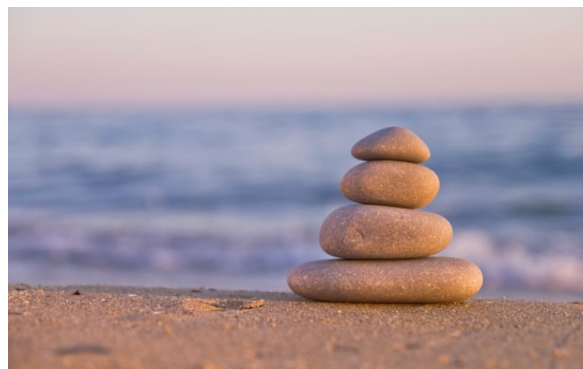
To access support for alcohol use, go to 1119 Pembroke and a clinician can help you decide the best supports for you.

These may include:

- Community supports
- RAAC to discuss or start medication to help with your alcohol cravings
- Individual or group support through Addictions Outpatient Treatment, Connections and Recovery Addiction Support (RAS)
- Referral for withdrawal management (detox)

For anti-craving medication, you may also get a referral from a community agency, doctor or nurse practitioner or from the hospital.

Referred RAAC clients are offered booked appointments on Monday, Wednesday or Friday mornings.



What about additional supports?

Can I bring a Family Member or Friend?

Of course. Family members and friends are welcome to come to your appointments. These supports are very important.

If I am going to another clinic already, can I come to the RAAC?

If you are already receiving services from another clinic or prescriber for anti-craving medication or OAT, we ask that you continue your treatment with them.



The Umbrella Society is a local organization with staff who have lived experience with substance use, recovery and treatment. Umbrella provides support and outreach services to clients of the Rapid Access Addiction Clinic and can help connect individuals to other community substance use services. To access Umbrella's services, please talk to an Umbrella worker or any staff member at the Rapid Access Addiction Clinic.

Address: 901 Kings Road, Victoria

Phone or text: 250-380-0595

Web site: www.umbrellasociety.ca