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Atrial Fibrillation (AF) Clinic Mission Statement

Overview

The Island Health Atrial Fibrillation (AF) Clinic, located at the Royal Jubilee Hospital, includes a multidisciplinary specialist treatment group dedicated to diagnosis and treatment of AF. This expert consultation team manages complex AF cases.

Purpose

The purpose of the AF Clinic is to enhance the health of patients with atrial fibrillation within the Island Health Authority. We aim to minimize the adverse impacts of atrial fibrillation in terms of symptoms, morbidity and mortality through lifestyle change, appropriate medications and procedural techniques including catheter ablation.

The AF Clinic is not able to provide emergent or urgent care.

Goal

The goal of this provincial initiative is to assist in managing patients with a complex AF diagnosis.

We do this by:

- Providing extensive individual and virtual education sessions about AF and its medication, treatment options, and risk factor reduction.
- Establishing an individualized safe care plan, in consultation with an electrophysiologist/cardiologist, registered nurses, and a clinical pharmacist.
- Assessing for and ordering appropriate referrals, procedures, and tests that may include ablation, device implants, or cardioversion.