



Our multidisciplinary Healthy Schools Team supports school district goals to promote healthy environments and relationships within the school community.



**School Districts**



**School Administrators**



**Educators & School Staff**



**Students & Youth**

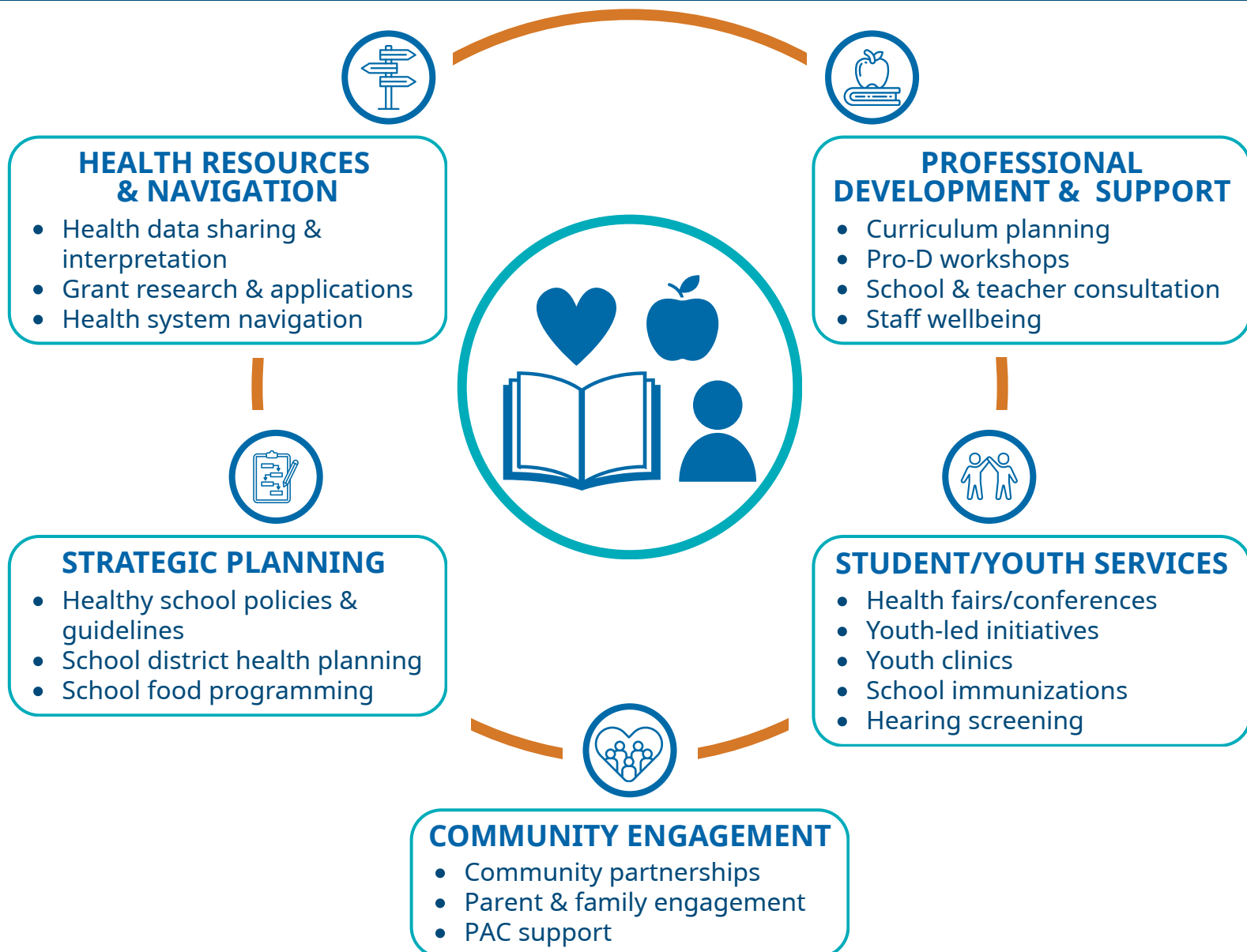


**Parents & Caregivers**



**Community Partners**

## COLLABORATIVE SUPPORTS FOR HEALTHY SCHOOL COMMUNITIES



We adopt the Comprehensive School Health Approach to address school health holistically & improve education outcomes.

# TOPIC AREAS OF SUPPORT



## NUTRITION

- Nutrition & Food Literacy
- Food Security
- Body Image & Disordered Eating



## MENTAL WELLNESS

- Healthy Relationships
- Social Emotional Learning
- Diversity & Inclusion
- Digital Literacy
- Media
- Sleep



## SEXUAL HEALTH

- Puberty & Hygiene
- Reproductive Health
- Healthy Relationships
- Personal Safety
- Online Safety
- Consent



## SUBSTANCE USE LITERACY

- Health Promotion for Substance Use
- Naloxone Training
- Tobacco & Vapour Prevention



## PHYSICAL WELLNESS

- Active Transportation
- Physical Activity & Literacy
- Inclusive Play



## INJURY PREVENTION

- Playground & Sport Safety
- Suicide/Self-Harm
- Concussions
- Road Safety
- Water Safety



## PLANETARY HEALTH

- Climate Adaptation
- Climate Action
- Biodiversity Education



\*This is not an exhaustive list.  
**Please contact our team  
for specific requests**