
What Medications Should I Be Aware Of?

1. Heart

- Examples: Hydrochlorothiazide, Ramipril, Candesartan, Nitroglycerin
- Low blood pressure when standing, weakness from low potassium and sodium, urinary urgency, dizziness, fainting

2. Diabetes

- Examples: Insulin, Jardiance, Gliclazide
- Low blood pressure, increased urination, Low blood sugar

3. Sleep

- Examples: Zopiclone, Lorazepam, Clonazepam
- Dizziness, drowsiness, unsteady walking, sleep walking, affects restorative sleep

4. Movement

- Examples: Levodopa, Quetiapine
- Unsteady walking, low blood pressure, drowsiness, Parkinsonian effects (slow movements, tremor)

5. Bones

- When used long term (3+ months) and/or at high doses
- Examples: Prednisone, heartburn drugs, Flomax/Tamsulosin
- Weak bones, general weakness, dizziness

6. Brain

- Examples: Benadryl, Antidepressants
- Dizziness, confusion, drowsiness, poor balance, low blood pressure when standing, blurry vision

7. Vision

- Examples: Gabapentin, Pregabalin, Eye drops,
- Drowsiness, dizziness, blurry vision, confusion