### Youth

#### Adults

# Central Island Child & Youth Eating Disorders Program

For those ≤ 19 y.o. & their families

Multidisciplinary Eating Disorder support with a focus on Family Based Therapy

Referral from GP/NP/Pediatrician

Phone: 250-755-7955 Fax: 250-739-5944

#40, 1925 Bowen Rd, nanaimo, BC

# Child and Youth Mental Health

<19 y.o. & their families

Individual & Family Based Therapy Parent Support

Open Referral:

Phone: 250-720-2650 (option 1, ask for CYMH Intake Worker) or 1-866-823-4249

Fax: 250-720-2626

## Telehealth Psychiatrist

Eating Disorder Consultation via telehealth

Referral required from GP/NP

Fax: 250-370-8199

# **Outpatient Dietitian**

Nutritional Counselling

Virtual and telephone appointments

Referral Required from GP/NP

Phone: 250-739-5854

Fax: 250-739-5855

### Mental Health & Substance Use-ASTAT

Individual Counselling

Open referral:

Phone: 250-726-1282

Fax: 250-726-2681

272 Main St., Uclulet, BC



**Provincial Specialized Eating Disorders Programs** 



BC Children's Hospital Provincial Specialized Eating Disorders Program (≤17 y.o.)

Looking Glass Residence – Residential Treatment Program (16-24 y.o.) Provincial Adult Tertiary & Specialized Eating Disorders Program at St. Paul's Hospital (≥17 y.o.)