Central Island Child & Youth Eating Disorders Program

For those ≤ 19 y.o. & their families

Multidisciplinary
Eating Disorder
support with a focus
on Family Based
Therapy

Referral from GP/NP/Pediatrician

Phone: 250-755-7955

Fax: 250-739-5944 #40, 1925 Bowen Rd,

nanaimo, BC

Child & Youth Mental Health

Youth

<19 y.o. & their families

Individual & Family Based Therapy Parent Support

Open Referral:

Walk-in Intake Tuesday 9:00-3:30

Phone: 250-954-4737 (press 1)

Fax: 250-248-8974

494 Bay Ave, Parksville Eating Disorder Psychiatric Consultation

Provided by Telehealth

Referral required from GP/NP:

Fax: 1-250-370-8199 Oceanside Health Center ASTAT

Adults

Individual Counselling

Referral required from GP/NP or specialist

Phone: 250 951-9550 extension 38154

Fax: 250 951 9575 489 Alberni Hwy, Parksville Outpatient Dietitian

Nutritional Counselling

Virtual, telephone and in-person appointments

Referral required from GP/NP

Phone: 250-739-5854

Fax: 250-739-5855



Provincial Specialized Eating Disorders Programs



BC Children's Hospital Provincial Specialized Eating Disorders Program (≤17 y.o.)

Looking Glass Residence – Residential Treatment Program (16-24 y.o.) Provincial Adult Tertiary & Specialized Eating Disorders Program at St. Paul's Hospital (≥17 y.o)