Youth

Adults

Central Island Child & Youth Eating Disorders Program

For those ≤ 19 y.o. & their families

Multidisciplinary
Eating Disorder
support with a focus
on Family Based
Therapy

Referral from GP/NP/Pediatrician

Phone: 250-755-7955 Fax: 250-739-5944 #40, 1925 Bowen Rd, nanaimo, BC

Child & Youth Mental Health

families
Individual & Family
Based Therapy
Parent Support

<19 y.o. & their

Open Referral:

Walk-in Intake: Wed 9:00-11:00 & 1:00-3:30

Phone: 250-720-2650 (option 1, ask for CYMH Intake Worker)

Fax: 250-720-2626 4088 8 Ave, Port Alberni

Telehealth Psychiatrist

Youth & Adults

Eating Disorder Consultation via telehealth

Referral from GP/NP required

Fax: 1-250-370-8199

Outpatient Dietitian

Nutritional Counselling

Virtual, telephone or in-person appointments

Referral required from GP/NP:

Phone: 250-739-

5854

Fax: 250-739-5855 3151 Baron's Rd,

Nanaimo

Mental Health & Substance Use - ASTAT

Individual Counselling

Open Referral:

Walk-in Intake: M-F 10:00-12:00 & 1:00-

3:00

Phone: 250-731-1311 xtn 41675

Fax: 250-731-1312

4780 Roger St., Port

Alberni



Provincial Specialized Eating Disorders Programs



BC Children's Hospital Provincial Specialized Eating Disorders Program (≤17 y.o.)

Looking Glass Residence – Residential Treatment Program (16-24 y.o.) Provincial Adult Tertiary & Specialized Eating Disorders Program at St. Paul's Hospital (≥17 y.o.)