

ALBERNI VALLEY EATING DISORDERS SERVICES PATHWAY

**Youth**

**Adults**

**Outpatient Dietitian**

Nutritional Counselling

Virtual or telephone appointments

Open Referral

Phone: 250-739-5854

Fax: 250-739-5855

Pediatric Ambulatory Health Clinic, Nanaimo Regional General Hospital, 1200 Dufferin Crescent

**Child & Youth Mental Health**

<19 y.o. & their families

Individual & Family Based Therapy

Parent Support

Open Referral:

Walk-in Intake: Wed 9:00-11:00 & 1:00-3:30

Phone: 250-720-2650 (option 1, ask for CYMH Intake Worker)

Fax: 250-720-2626

4088 8 Ave, Port Alberni

**Telehealth Psychiatrist**

Youth & Adults

Eating Disorder Consultation via telehealth

Referral from GP/NP required

Fax: 1-250-370-8199

**Outpatient Dietitian**

Nutritional Counselling

Virtual, telephone or in-person appointments

Referral required from GP/NP:

Phone: 250-739-5854

Fax: 250-739-5855

3151 Baron's Rd, Nanaimo

**Mental Health & Substance Use - ASTAT**

Individual Counselling

Open Referral:

Walk-in Intake: M-F 10:00-12:00 & 1:00-3:00

Phone: 250-731-1311 xtn 41675

Fax: 250-731-1312

4780 Roger St., Port Alberni

**Provincial Specialized Eating Disorders Programs**

BC Children's Hospital Provincial Specialized Eating Disorders Program (≤17 y.o.)

Looking Glass Residence – Residential Treatment Program (16-24 y.o.)

Provincial Adult Tertiary & Specialized Eating Disorders Program at St. Paul's Hospital (≥17 y.o.)