## Health Services Continuum for Underserved Populations

Underserved populations include people experiencing homelessness or live in supportive congregate housing facilities. These populations often face multiple, complex health care (including mental health and substance use) and social service needs. Within the contexts of a 'housing first' approach and the dual public health emergencies of COVID-19 and the overdose crisis, Island Health partners with local governments, public agencies and community organizations to address the health needs of underserved populations.

#### **Health Services Goals**

- 1. Improve access to health services for individuals experiencing homelessness or live in congregate housing who are struggling with serious and persistent mental health and/or substance use issues
- 2. In partnership with BC Housing, optimize use of rent subsidies to support individuals to access market rent housing.
- 3. With a vision to the sustained stability and enhanced quality of life for vulnerable populations, address gaps in the continuum of health care, focusing on access to substance use treatment and mental health supports.

#### **Prevention**

- Harm Reduction
- Overdose Prevention
- Encampment Outreach
  - & COVID Response

    •Peer Supports
  - Public Health
  - Primary Care

# Early Intervention

- Opioid Agonist Therapy
   Dharmanautical
  - •Pharmaceutical Alternatives
  - Managed Alcohol
  - Primary Care
- Addictions Medicine

#### **Treatment**

- Outreach Teams
- Stabilization
- Addictions Medicine
- Behavioral Care Planning
  - •Concurrent Mental Health and Substance

### Recovery

- Relapse Prevention
- Substance Use

Treatment and Recovery

- Peer Supports
- Rental Subsidies

service Examples:

Harm Reduction Supplies;
Overdose Prevention Sites;
Substance Use/Public Health
& Peer Outreach Teams;
Immunizations; Trauma Informed
Practice

Withdrawal Management (detox); Medications; Assessment and Supportive Recovery beds, Primary Care Physicians/Nurse Practitioners Intensive Case Management Teams; Assertive Community Treatment Teams; Substance Use Integrated Teams; Addictions Medicine Physicians Housing-embedded treatment programs funded/operated by Island Health; rent subsidies to support access to market housing; community based outpatient programs



#### **Measuring Success**

- Improved access to culturally appropriate, family inclusive services
- Reduced # of overdoses
- Increased # of people connected with outreach teams, early treatment, addictions medicine
- Increased retention in housing
- Increased retention in care
- Improved access to residential and outpatient treatment
- Reduced hospital use
- Improved housing tenure
- Improved health outcomes and client satisfaction



## Indigenous Cultural Safety and Support

Due to the legacy of colonization and racism, Indigenous people are disproportionately impacted by the Social Determinants of Health. Island Health is partnering with the First Nations Health Authority to apply an Indigenous cultural safety lens to our approach and care.