



CHS Digital Care@Home

From: Community Health Services (CHS)

Supporting you to live safely and independently at home.

- ◆ Simple technology
- ◆ 24/7 support
- ◆ Peace of mind for you and your caregivers

What to Expect

24/7 Support

A call centre is available day and night if help is needed or a concern is identified.

Simple, Reliable Tools

Easy-to-use technology is chosen based on individual needs and fits easily into daily routines.

Connected, Personal Support

When there is a concern, the agreed-upon contact plan is followed. This may include

- Checking in with you directly
- Contacting a caregiver
- Calling emergency services

Your Island Health care team is also notified and follows up as appropriate.

Peace of Mind

This added support helps you feel safe, connected, and supported at home.

Who is Eligible

CHS Digital Care@Home is for clients who have been assessed by a healthcare professional and would benefit from remote monitoring to help them remain safely at home.

You may be eligible if you:

- Are aged 65 years or older
- Have a valid BC Personal Health Number
- Live within the Island Health region
- Live in a stable home setting
- Are receiving Island Health Community Health Services
- Would benefit from additional support to stay safe and independent in your home

Contact Us

Email:

CHS.DigitalCareAtHome@islandhealth.ca

About the Program

CHS Digital Care@Home is a supportive Island Health program that helps older adults live safely and independently at home.

The program uses simple monitoring technology, 24/7 call centre support, and connection to the Island Health Community Health Services Team to help identify safety concerns as early as possible and respond when support is needed.

CHS Digital Care@Home works alongside families and caregivers to provide added reassurance while supporting your independence at home.

Cost

This program is free of charge for eligible Community Health Services clients.

Part of BC's LTC@Home Continuum

Program Goals

CHS Digital Care@Home is designed to:

- Support safe aging at home
- Detect potential health concerns early, such as falls or changes in activity
- Reduce unnecessary hospital visits
- Improve connection to community health and support services
- Detect and share wearer's location
- Provide peace of mind for clients and caregivers

Learn More

Scan the QR code below with your smartphone camera to visit www.islandhealth.ca/chs-digital-care



How it Works

Personal Alert Pendant*

A small wearable device lets the wearer call for help by pressing a button.

- Two-way voice communication with a 24/7 call centre
- Detects wearer's location
- Detects falls based on impact and movement habits

*To work, the pendant must be worn and charged.

In-home Motion Sensors**

Small motion sensors are placed in the home to notice everyday movement. If there is little or no movement at times when activity is normally expected, an alert is issued. Door sensors can also detect doors opening unexpectedly to help those at risk of wandering.

**No cameras, no sound recording, and no wearables.

A 24/7 call centre responds when help is needed, or a safety concern is identified. This is based on the agreed-upon contact plan.