



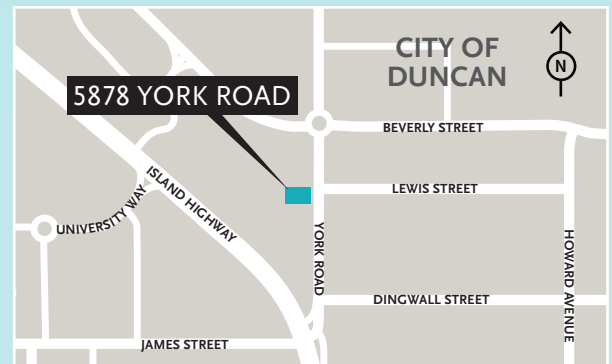
# Please join us for a Community Conversation

## Cowichan Valley Wellness and Recovery Centre 5878 YORK ROAD

There is an ongoing toxic drug poisoning crisis and this is causing hundreds of people in the Cowichan Valley to suffer overdoses each year. Sadly, dozens of people do not survive.

The Cowichan Valley Wellness and Recovery Centre will offer a holistic approach to mental health and substance use through prevention, treatment and recovery services.

The Cowichan Valley Wellness and Recovery Centre will be co-operated by Island Health in partnership with Lookout Housing and Health Society. Together, these organizations will work together to provide vital services, as well as to care for the property and the surrounding neighbourhood.



## COMMUNITY CONVERSATIONS

Island Health recognizes the community's interest in continued dialogue about the Cowichan Valley Wellness and Recovery Centre and the services the Centre will provide to vulnerable people living with mental health and substance use challenges in our community. Please join us at the upcoming Community Conversation.

SESSION 1  
**Wednesday, May 19**  
11:30 AM – 12:30 PM

SESSION 2  
**Wednesday, May 19**  
5:30 PM – 6:30 PM

SESSION 3  
**Thursday, May 20**  
5:30 PM – 6:30 PM

*Please note: The same information will be presented at each session.*

To register for a community conversation, please visit:

[www.islandhealth.ca/cowichan-wellness-recovery-centre](http://www.islandhealth.ca/cowichan-wellness-recovery-centre)

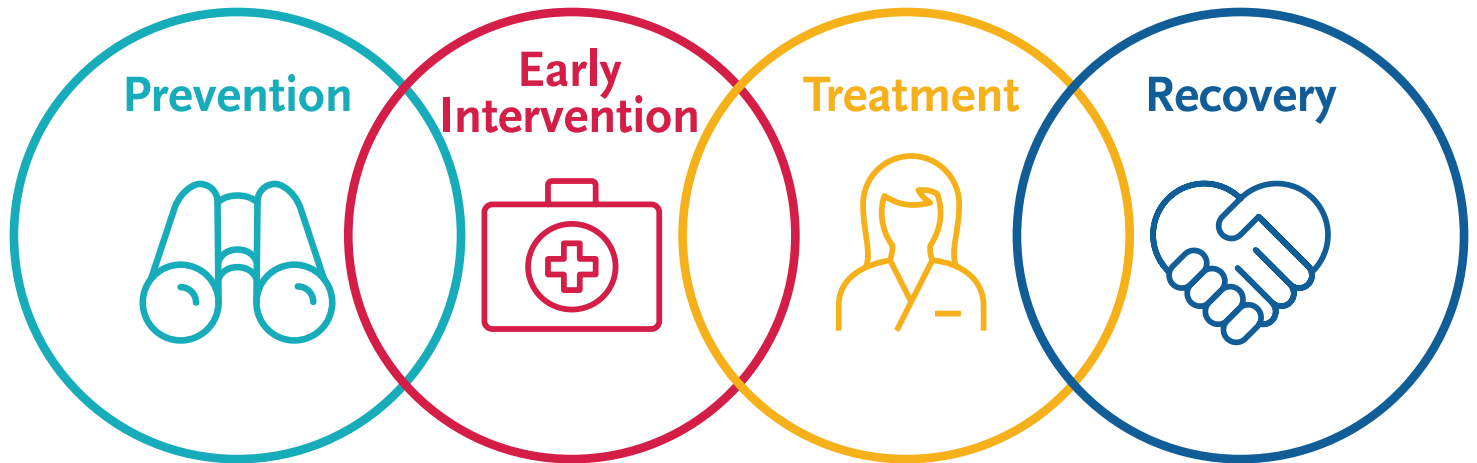
For more information about this project, please visit the website above or send an email to: [CVWRC@viha.ca](mailto:CVWRC@viha.ca)



Toxic drug poisonings are killing people across the country. Death strikes people of all ages, income levels and ethnicity. Island Health, Lookout Housing and Health Society and community partners are taking action to respond to this public health emergency and save lives.

## OFFERING VITAL HEALTH SERVICES

The Cowichan Wellness and Recovery Centre will offer a range of services to support people with substance use and mental health challenges. Some of the services to help people on their wellness journey will be provided at the Centre and others will be delivered by teams of health care providers to people out in the community.



- Primary Care
- Harm Reduction
- Overdose Prevention
- Encampment Outreach & COVID Response
- Peer Supports

- Primary Care
- Opioid Agonist Therapy
- Pharmaceutical Alternatives
- Managed Alcohol
- Addictions Medicine

- Primary Care
- Stabilization Medicine
- Behavioural Care Planning
- Concurrent Mental Health and Substance Use Services

- Primary Care
- Relapse Prevention
- Substance Use Treatment and Recovery
- Peer Supports

## PROJECT TIMELINE



## CONTACT INFORMATION

Email: [CVWRC@viha.ca](mailto:CVWRC@viha.ca)

Website: [www.islandhealth.ca/cowichan-wellness-recovery-centre](http://www.islandhealth.ca/cowichan-wellness-recovery-centre)

