Local Health Area Profile

Cowichan Valley North - 423

February 2025

An accompanying Interpretation Guide has been created to assist with the interpretation of indicators.

The **Interpretation Guide** should be read with the profiles.

These profiles are not intended to be used for detailed planning or analysis. As they are updated on an annual basis, there may be more current data available. If you are intending to use these profiles for health planning purposes, if you have detailed questions, or notice a discrepancy, please contact the Population Health Assessment, Surveillance and Epidemiology (PHASE) team at pophealthsurvepi@islandhealth.ca

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Acknowledgements

Before Canada and BC were formed, Indigenous peoples lived in balance and interconnectedness with the land and water in which the necessities of life are provided. Health disparities persist, which are due to the impacts of colonization and Indigenous-specific racism. Island Health acknowledges and recognizes these homelands and the stewardship of Indigenous peoples of this land; it is with humility we continue to work toward building our relationship.

Additionally, this report has been built through the work of several members of the Population and Public Health Unit at Island Health, in collaboration with multiple external data resources. Island Health would like to extend its gratitude to its contributors and those who have provided feedback and direction on the contents of this report.

This report serves as a contribution to delivering our vision of providing excellent health and care for everyone, everywhere, every time.

For more information, please contact ISLH's PHASE Team:

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LHA Overview

Geography

- LHA Geographic Overview
- Community Health Service Areas (CHSAs) within LHA

Population and Demographics

- Average Age
- Population Estimates

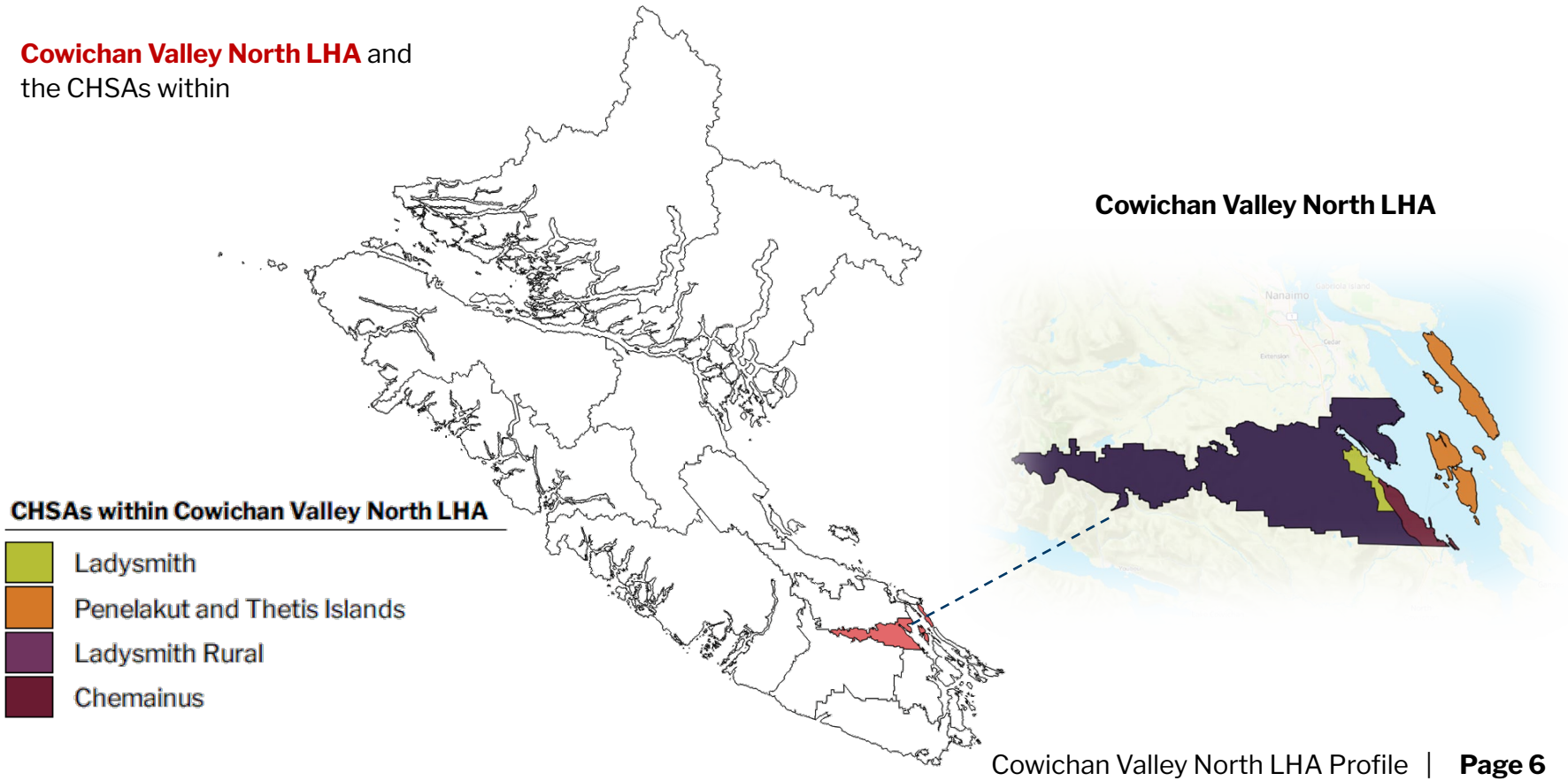
"To provide superior health care through innovation, teaching and research and a commitment to quality and safety—creating healthier, stronger communities and a better quality of life for those we touch."

- **Island Health Purpose**

Geography

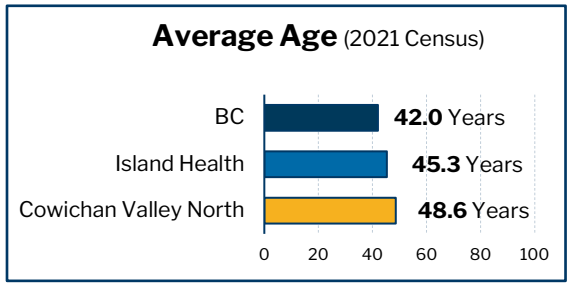
Cowichan Valley North Local Health Area (LHA) is one of 14 LHAs in Island Health and is located in Island Health's Central Health Service Delivery Area (HSDA). Situated in the southeastern region of the Central HSDA, Cowichan Valley North covers approximately 442.2 square kilometers and includes Ladysmith and Chemainus communities. Cowichan Valley North includes the traditional lands of the Penelakut Tribe, Stz'uminus, and Lyackson First Nations. Cowichan Valley North borders three other LHAs: Cowichan Valley South, Cowichan Valley West, and Greater Nanaimo. Cowichan Valley North is located on the Trans-Canada Highway, and is approximately a thirty minute drive from Nanaimo and a ninety minute drive from Victoria. There are four local transit routes and one regional route servicing the Cowichan Valley North region; handyDART services are also available. There is a ferry service between Chemainus, Thetis Island, and Penelakut Island. The Cowichan Valley North LHA contains 4 unique Community Health Service Areas (CHSAs) within it. The areas can be viewed on the **map below**:

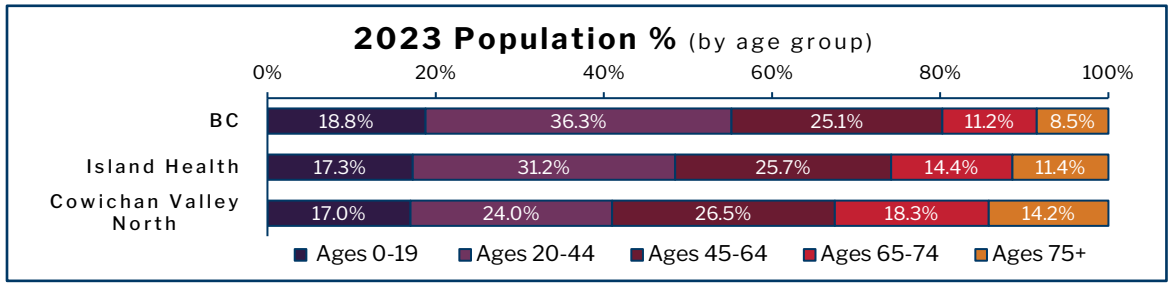
Cowichan Valley North LHA and the CHSAs within



Population and Demographics

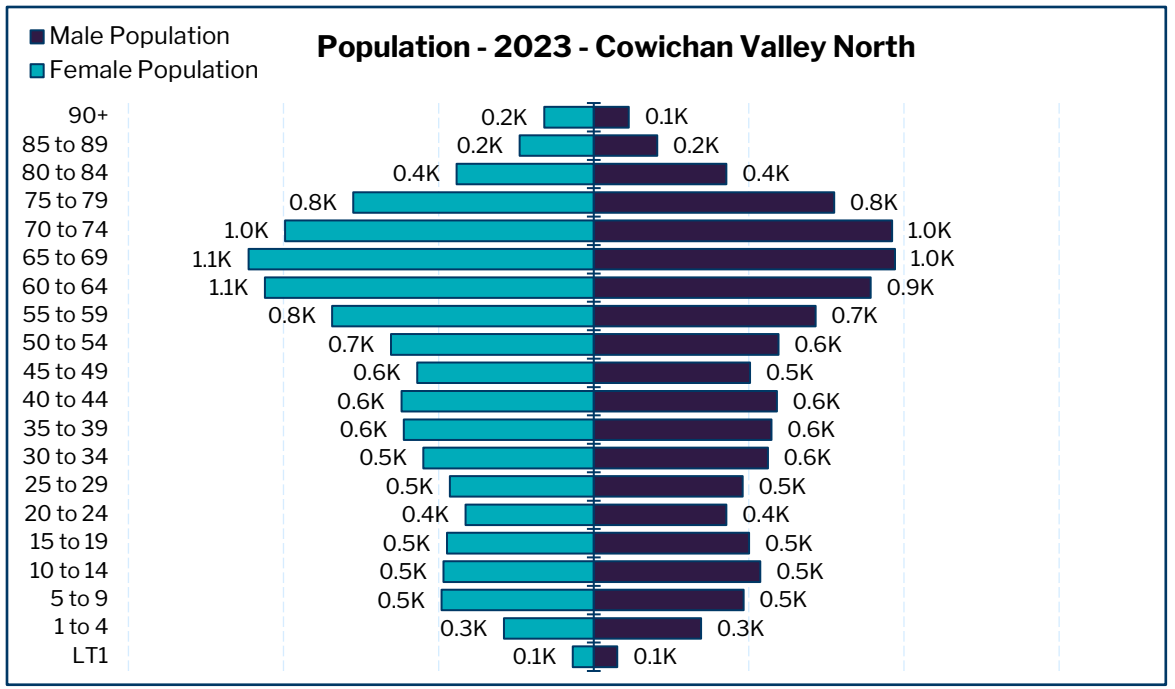
As of 2023, the Cowichan Valley North LHA represents 2.4% (22,047 people) of Island Health's total population of 908,627. According to the 2021 Census, 13.0% of people living in the Cowichan Valley North LHA identified as Indigenous, compared to 7.8% across Island Health and 5.9% in BC. Additionally, 4.1% of people living in Cowichan Valley North area identified themselves as a visible minority, compared to 11.6% across Island Health and 34.4% in BC.





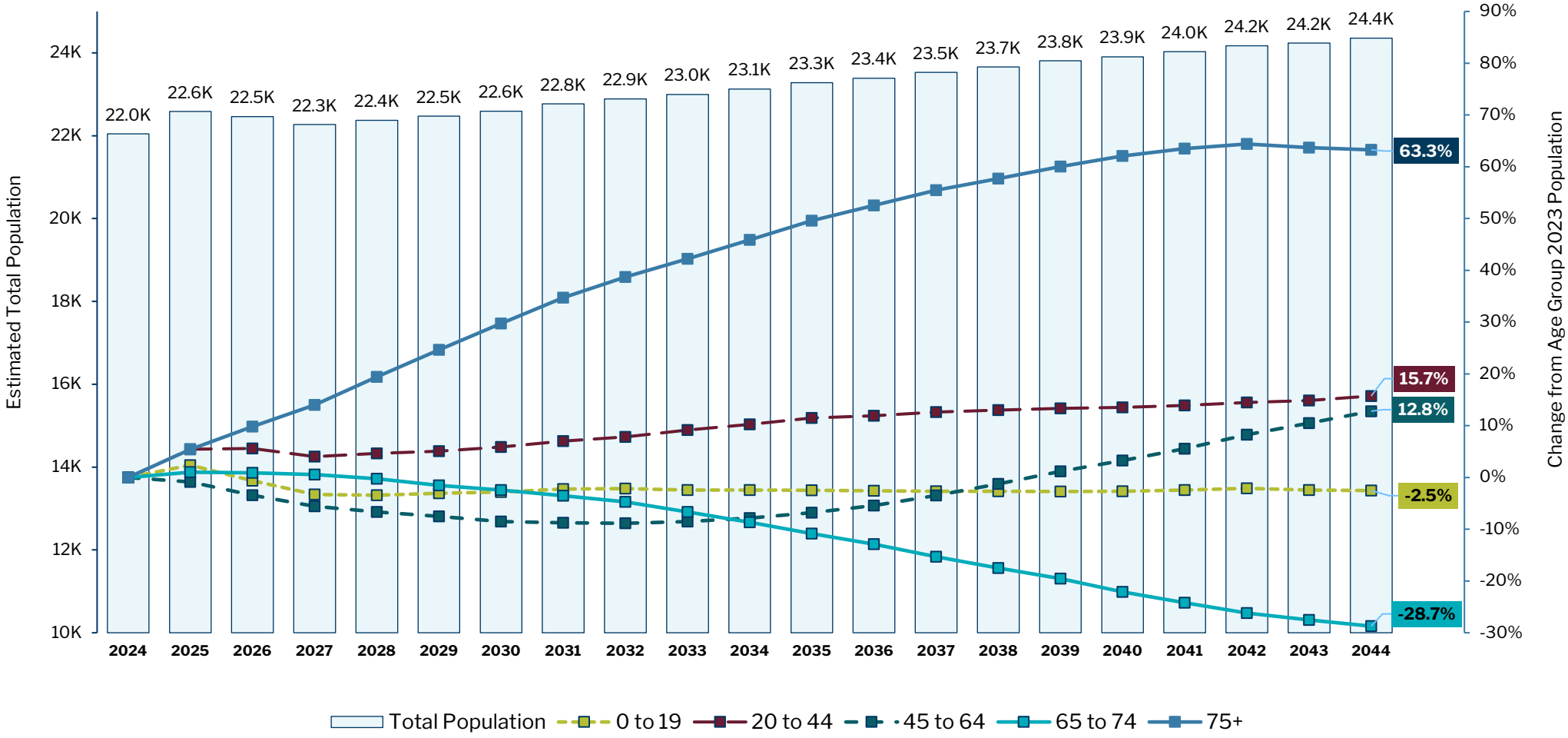
The average age of Cowichan Valley North residents is 48.6 years, older than both Island Health (45.3 years) or BC (42.0 years). The 45-64 age group makes up the largest proportion of the population at 26.5%, followed by the 20-44 age group (24.0%).

Cowichan Valley North's population is estimated to increase by 3.8% by the year 2032; this is lower than projections for BC (9.6% increase) and Island Health overall (6.2% increase). By the year 2044 the Cowichan Valley North population is estimated to grow to a total of 24.4 thousand people. The 75+ year age group is expected to grow by



63.3%; the 20-44 and 45-64 year age groups are expected to see more modest growth. The 0-19 year age group is expected to experience a small decline in population proportion (-2.5%) and the 65-74 year age group is expected to decline the most (-28.7%) over this time period. The below chart highlights the estimated total population projection along with change in age group population from the 2023 year. See the Population and Demographics summary on pages 29-30 for more information.

Cowichan Valley North Population Projections (2024 - 2044)



Indicators & Data Reporting

Determinants of Health

- Income and Employment
- Education
- Housing
- Early Childhood Development
- Healthy Behaviors and Built Environment

Health Status

- Birth Statistics
- Mortality Statistics
- Chronic Disease
- Mental Health & Substance Use

Health Service Use

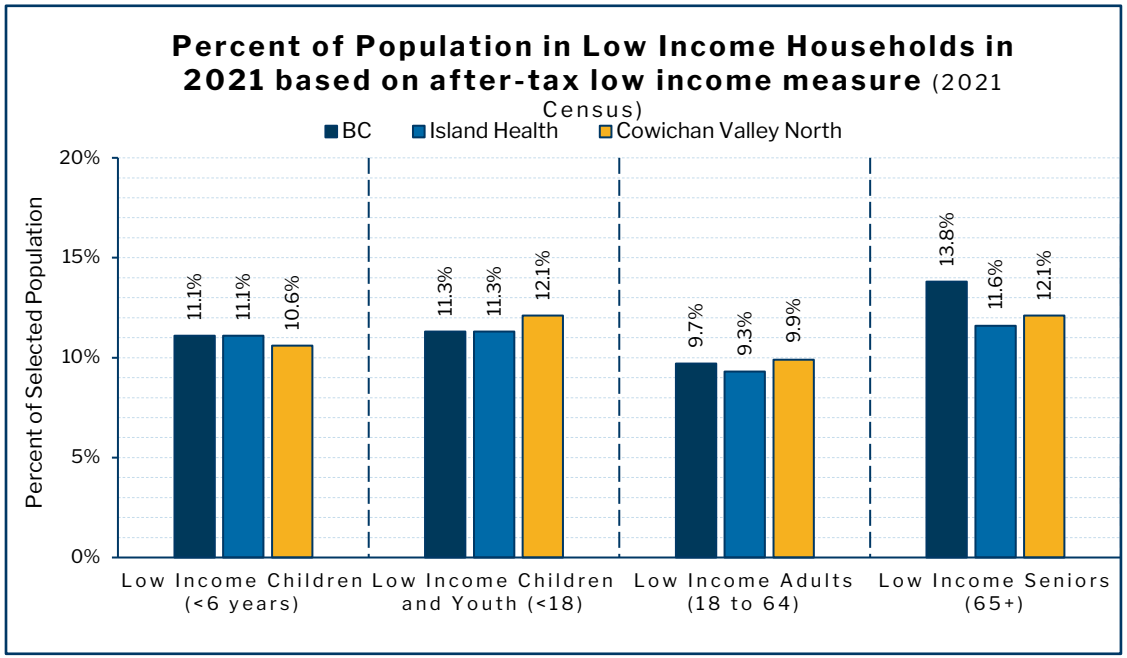
- Physician Attachment and Home-Care Visits
- Acute Care Inpatient Cases
- Emergency and Urgent Care Centre Visits
- Ambulatory Care Sensitive Conditions

Determinants of Health

Access to adequate income, affordable housing, nutritious food, education, safe environments, and recreational opportunities influence our health and wellbeing. People who are less well-off generally have poorer health and shorter life expectancies than those who are well-off. By working upstream to improve the conditions in which all people live, work and play, we can decrease these gaps and improve the health and wellbeing of our population.

Income and Employment

The median household income for Cowichan Valley North was $77,500 in 2021, lower than the Island Health median household income of $80,000 and BC of $85,000.



The after-tax Low Income Measure (LIM-AT) is defined as the number of persons in households for which their adjusted[1] household income is 50% or less of the median income in Canada. In Cowichan Valley North, 12.1% of children and youth and 9.9% of working-age adults live in low-income households; these figures are slightly higher than both Island Health and BC. Among seniors in Cowichan Valley North, 12.1% live in low-income households, slightly higher than the Island Health average but lower than BC overall.

[1] "Adjusted" income is calculated using a formula that takes into account the number of persons in the home, in order to account for the needs of the household and its members when assessing low income.

Within Cowichan Valley North, the Penelakut/Thetis Island CHSA has the highest percent of population with low income for all age groups except seniors. Ladysmith and Chemainus CHSAs have the lowest rates of low income among all age groups.

The unemployment rate in Cowichan Valley North is 8.3%, which is higher than Island Health but lower than BC overall (see page 30).

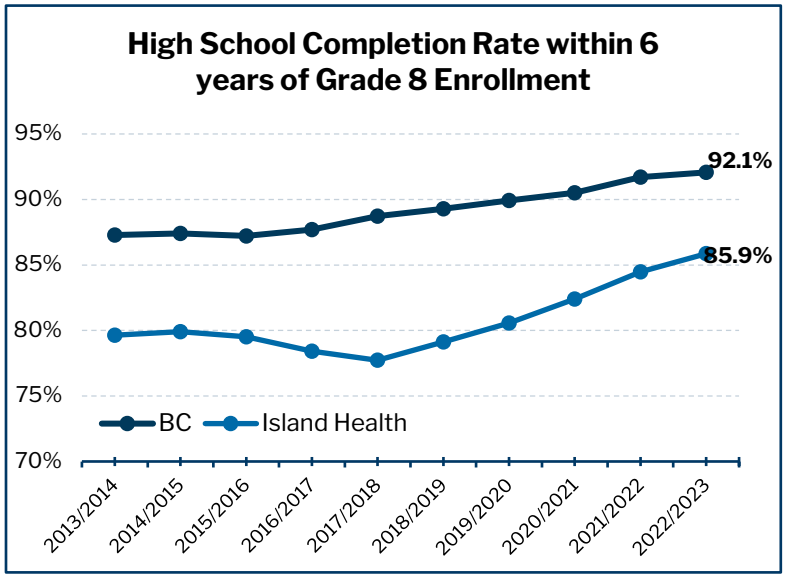
Percent of Population in Low Income Households in 2021 based on after-tax low income measure (2021 Census)

	Low Income Children (<6 years)	**Low Income Children and Youth** (<18)	**Low Income Adults** (18 to 64)	**Low Income Seniors** (65+)
BC	**11.1%**	**11.3%**	**9.7%**	**13.8%**
Island Health	**11.1%**	**11.3%**	**9.3%**	**11.6%**
Cowichan Valley North	**10.6%**	**12.1%**	**9.9%**	**12.1%**
CHSAs				
Ladysmith	4.5%	5.2%	7.1%	12.1%
Penelakut/Thetis Island	34.0%	41.0%	30.0%	12.0%
Stz'uminus/Ladysmith Rural	15.0%	19.6%	13.7%	12.6%
Chemainus	10.0%	9.2%	8.5%	11.8%

Education

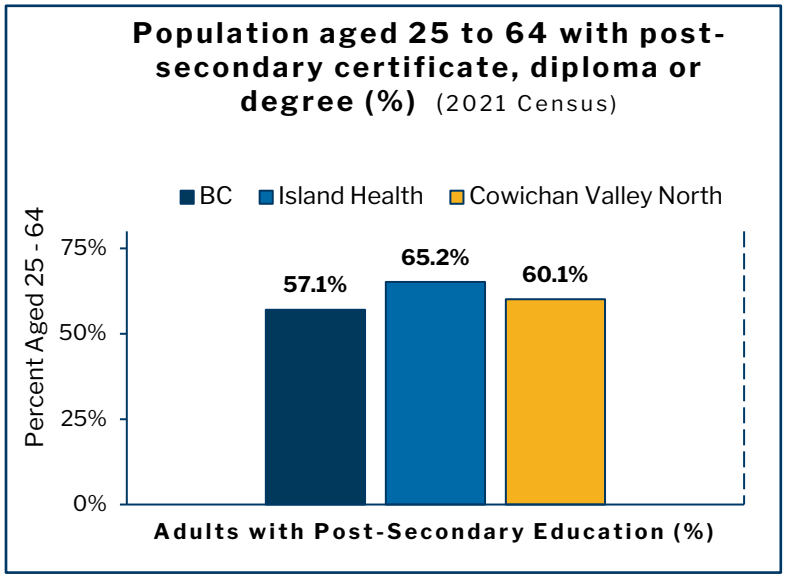
Data on high school completion are not available for Cowichan Valley North as the LHA and school district boundaries do not align. Schools within this LHA are included in school district 68 (Greater Nanaimo LHA) and 79 (Cowichan Valley South LHA) which had high school completion rates of 90% and 84% respectively in 2023/2024. Across Island Health and the province, there has been a steady upward trend in high school completion rates for the past ten years.

Data from the 2021 Census indicate that 60.1% of adults aged 25 to 64 in Cowichan Valley North have completed some level of post-secondary education; this is below the Island Health rate (65.2%) but higher than BC overall (57.1%). Within Cowichan Valley North, Ladysmith has the highest proportion of adults with post-secondary education (63.5%), while Penelakut / Thetis Island has the lowest (39.5%).



Population aged 25 to 64 with post-secondary certificate, diploma or degree (%) (2021 Census)

BC	**57.1%**
Island Health	**65.2%**
Cowichan Valley North	**60.1%**
CHSAs	
Ladysmith	63.5%
Penelakut/Thetis Island	39.5%
Stz'uminus/Ladysmith Rural	54.4%
Chemainus	61.9%

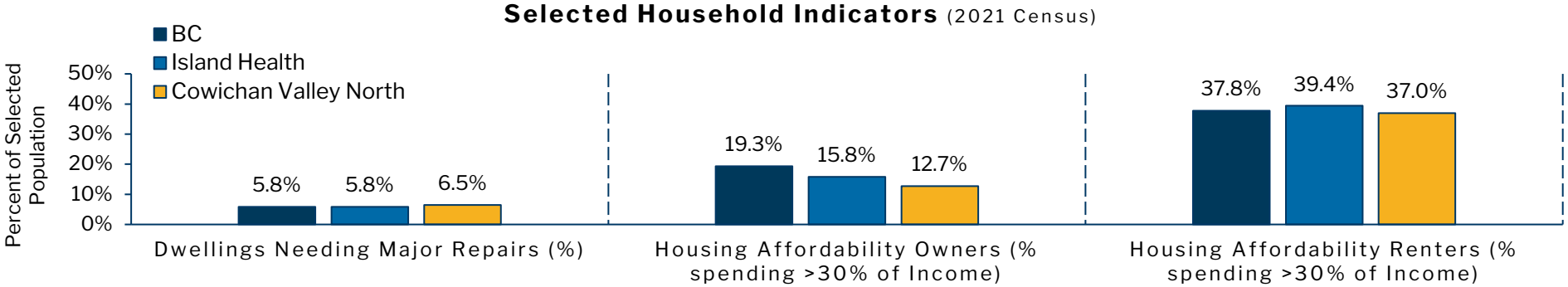


Housing

One way to measure the affordability of housing is to look at how much of a household's income is spent on shelter, the shelter-to-income ratio (STIR). Statistics Canada considers households with STIRs above 30% to be experiencing housing unaffordability. In Cowichan Valley North, 12.7% of homeowners and 37.0% of renters were experiencing housing unaffordability as of the 2021 Census.

Another measure of housing suitability is households living in homes in need of major repairs, which include repairs to defective plumbing or electrical wiring, or structural repairs to walls, floors or ceilings. In Cowichan Valley North, 6.5% of dwellings are in need of major repairs, higher than the rates for both Island Health and BC overall. Please see page 31 for more information on housing indicators.

Penelakut / Thetis CHSA has the lowest rates of housing unaffordability, but the highest rate of dwellings in need of major repairs. Chemainus CHSA, in contrast, is among the least affordable for renters but has the lowest rate of dwellings in need of major repairs. Stz'uminus / Ladysmith Rural is the least affordable CHSA for homeowners, and also has 9.6% of homes in need of major repairs.



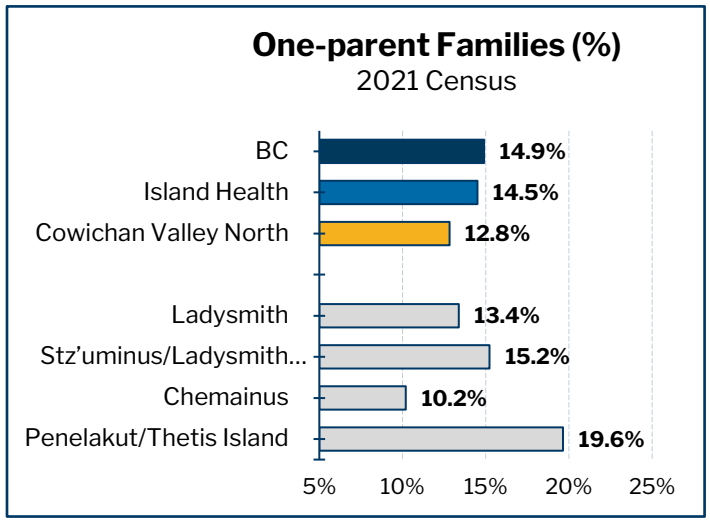
Selected Household Indicators (2021 Census)

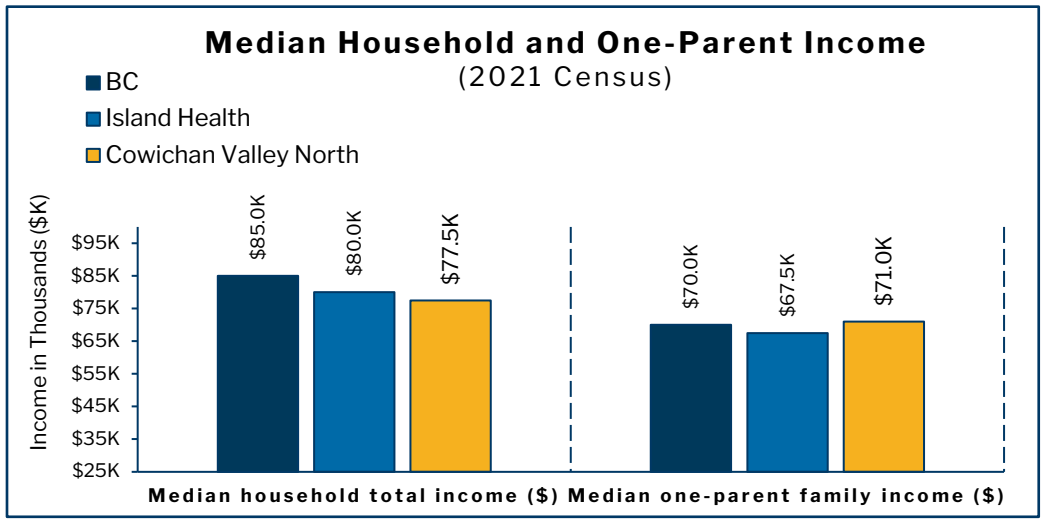
	Dwellings Needing Major Repairs (%)	**Housing Affordability Owners** (% spending >30% of Income)	**Housing Affordability Renters** (% spending >30% of Income)
BC	**5.8%**	**19.3%**	**37.8%**
Island Health	**5.8%**	**15.8%**	**39.4%**
Cowichan Valley North	**6.5%**	**12.7%**	**37.0%**
CHSAs			
Ladysmith	5.7%	12.9%	37.6%
Penelakut/Thetis Island	16.1%	0.0%	0.0%
Stz'uminus/Ladysmith Rural	9.6%	15.5%	25.8%
Chemainus	5.0%	11.4%	38.7%

Early Childhood Development

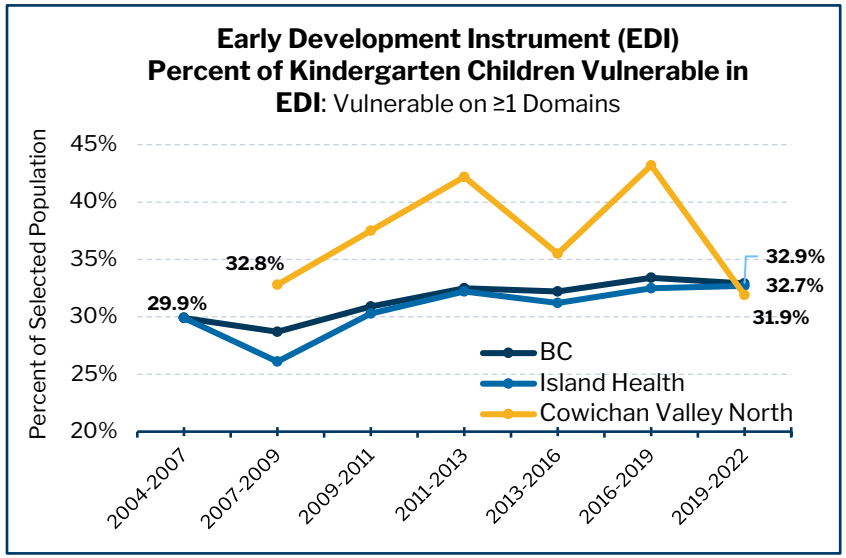
Creating supportive and healthy environments where all children and youth can grow and thrive is critical to the health of the population. This includes supporting birthing persons during the pre- and post-natal period, supporting families during early development years, and supporting children and youth to grow, learn, and transition into adulthood. Socioeconomic factors, such as household income, also play important roles in supporting optimal childhood and youth development.

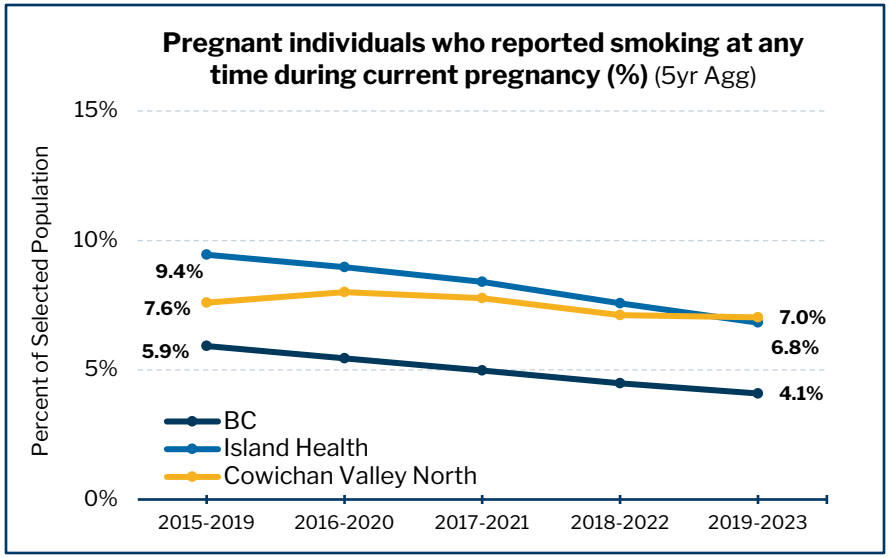
In Cowichan Valley North, 12.8% of all Census families are one-parent families; this is lower than the Island Health and provincial rates. Median household income in Cowichan Valley North is $77.5K, lower than the figures for either Island Health or BC overall. Notably, the median income for one-parent households in Cowichan Valley North is $71.0K, higher than the figures for either Island Health or BC.

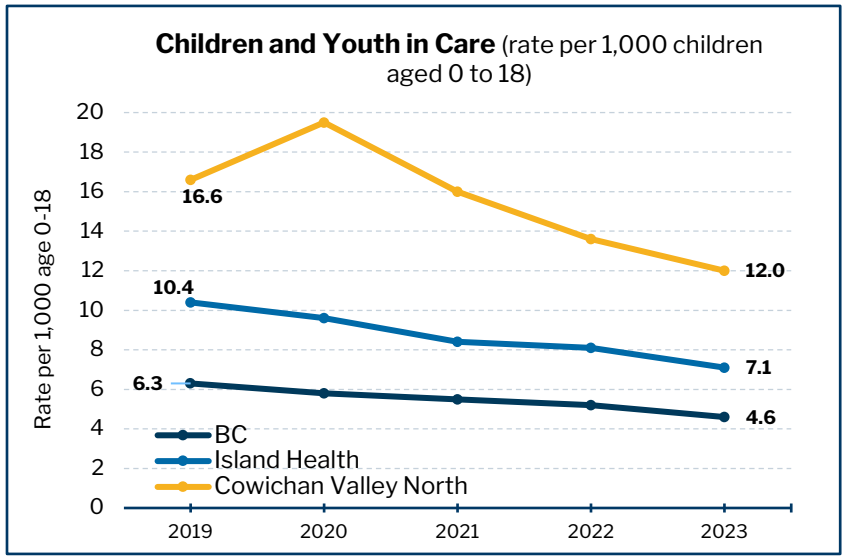




The Early Development Instrument (EDI) is used to measure vulnerability among kindergarten children across five domains (social, physical, emotional, language, and communication). Increases in the EDI rate are a negative indicator of child health and decreases are a positive indicator. For Island Health overall, vulnerability has increased over time but has seen minimal change in the last 10 years.





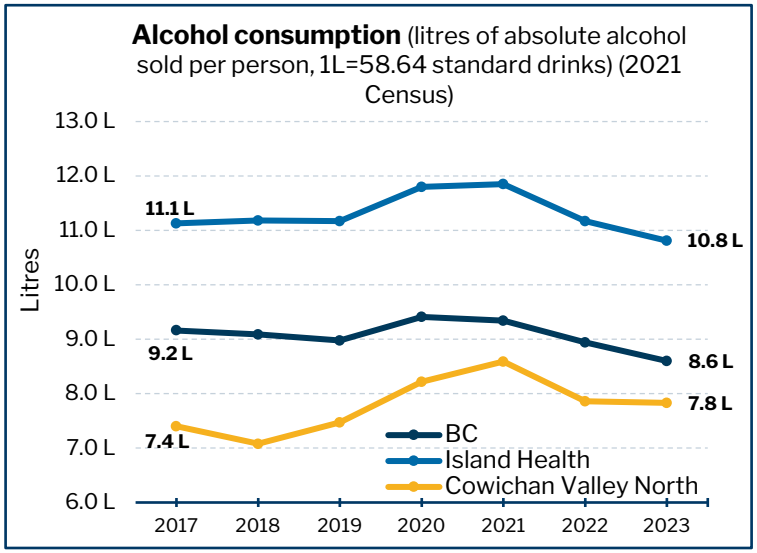


Cowichan Valley North has seen highly variable levels of vulnerability over the same time period ranging from a high of 43.2% in 2016-2019 to a current low of 31.9% in the 2019-2022 data collection period. For most of this time, vulnerability has been higher in Cowichan Valley North than either Island Health or BC; however, in the most recent data collection period, vulnerability levels have been lower.

Smoking during pregnancy has demonstrated negative effects for both the pregnant individual and baby. In Cowichan Valley North, rates of smoking during pregnancy have seen a small decrease over the past eight years, reaching 7.0% in 2019-2023.

In Cowichan Valley North, rates of children and youth in care have declined significantly, from a high of 19.5 per 1,000 children in 2020 to 12.0 in 2023. This rate is still considerably higher than either Island Health (7.1) or BC overall (4.6). See the Determinants of Health summary on pages 31-34 for more information.

Healthy Behaviors and Built Environment

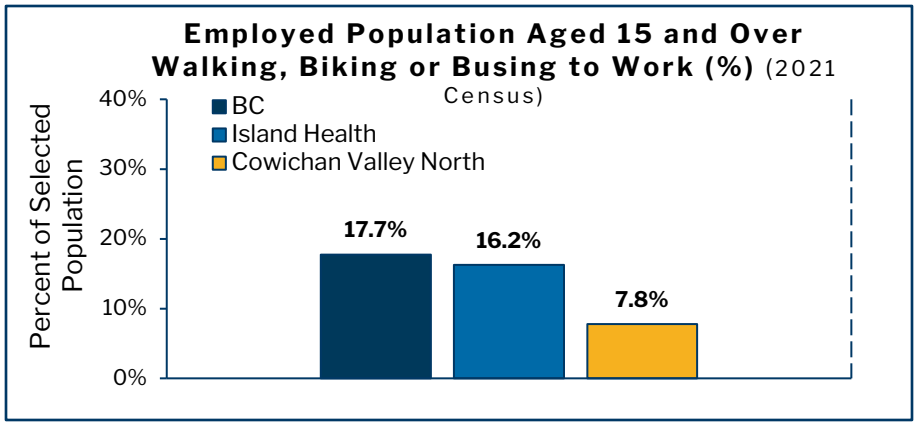


Supporting healthy behaviours such as healthy eating, exercise, not smoking, reducing alcohol consumption, and maintaining social connections contribute to population health. Many healthy behaviour indicators are available through the Canadian Community Health Survey (CCHS) but not all the data are available at the LHA level. Among available LHA-level data, average annual per capita alcohol sales, an indicator of overall alcohol consumption, was 7.8 L in Cowichan Valley North in 2023, lower than both Island Health and BC.

Of employed people aged 15 and over in Cowichan Valley North, 7.8% report taking sustainable methods of transportation (walking, biking, or busing) to work; this is less than half the rate of Island Health (16.2%) and BC (17.7%). Notably, the rate of sustainable transportation use varies considerably among CHSAs, with rates being highest in Penelakut / Thetis Island and lowest in Stz'uminus / Ladysmith Rural.

Employed Population Aged 15 and Over Walking, Biking or Busing to Work (%) (2021 Census)

BC	**17.7%**
Island Health	**16.2%**
Cowichan Valley North	**7.8%**
CHSAs	
Ladysmith	7.5%
Penelakut/Thetis Island	16.3%
Stz'uminus/Ladysmith Rural	6.6%
Chemainus	8.1%



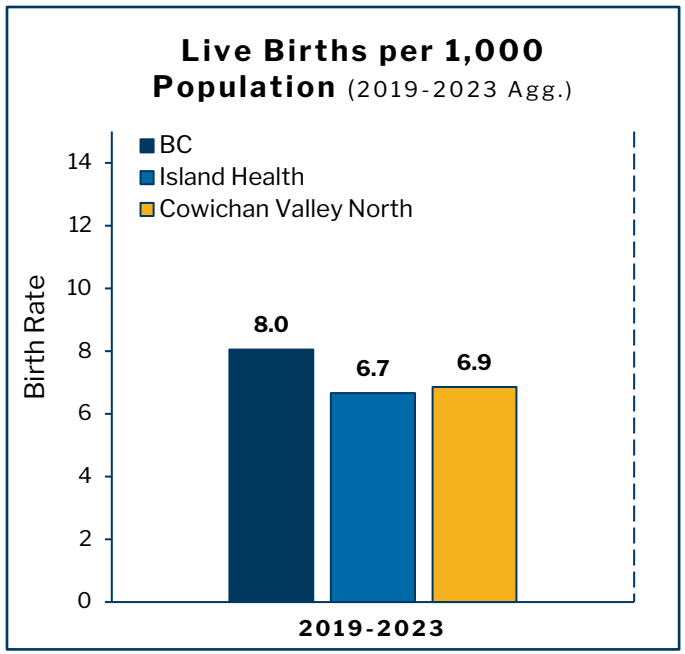
Health Status

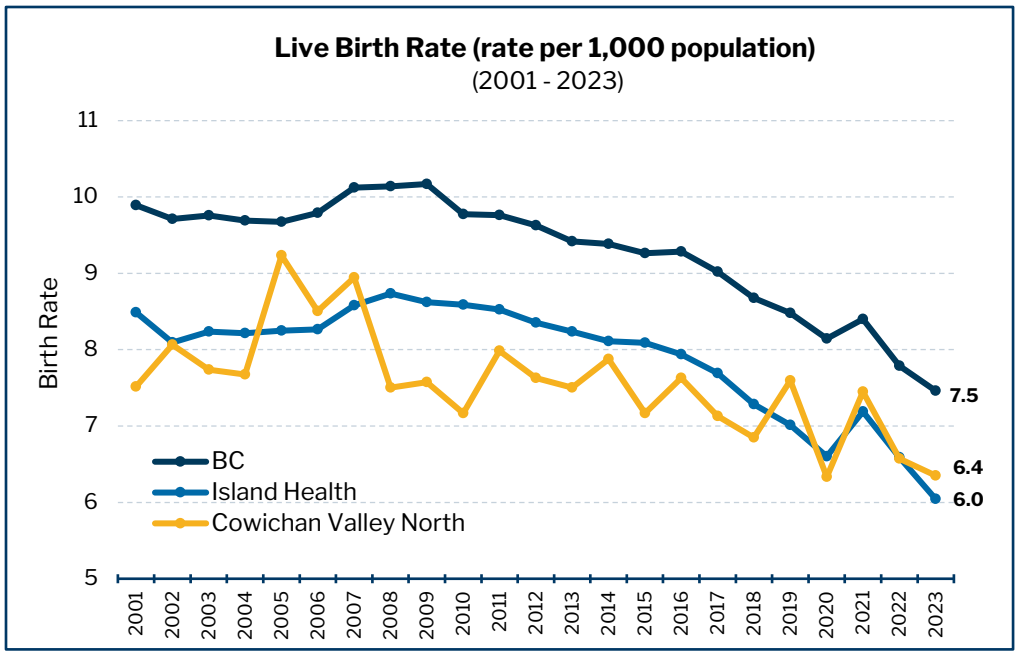
The health status of the population is measured with several indicators such as life expectancy, infant mortality, prevalence of chronic disease, mortality, and premature mortality.

Birth Statistics

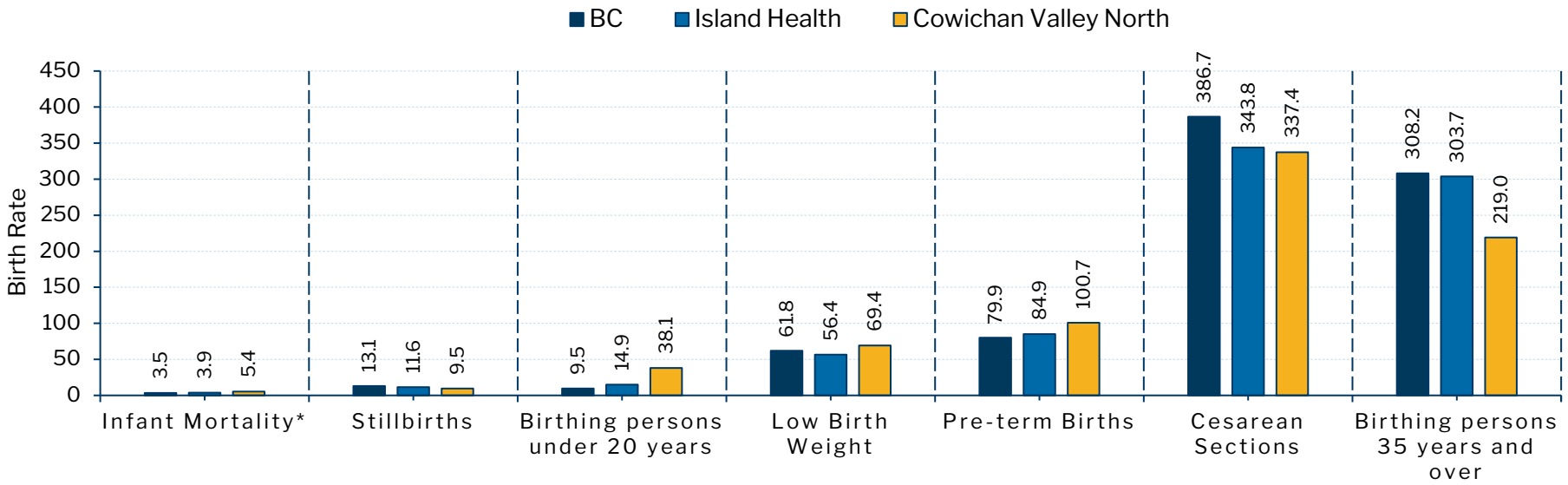
The overall birth rate for Cowichan Valley North between 2019 and 2023 was 6.9 per 1,000 population; this is lower than the BC rate, but comparable to Island Health. Like both Island Health and BC, the live birth rate in Cowichan Valley North has declined over the past approximately 15 years.

Cowichan Valley North tends to experience higher rates of poor birth outcomes, including infant mortality, low birth weight, and pre-term births, compared to either Island Health or BC. Cowichan Valley North has a higher rate of birthing persons under 20 years old, and a lower rate of birthing persons 35 years and older, compared to BC and Island Health.





Birth Statistics, Per 1,000 Live Births (2019-2023 Agg.)



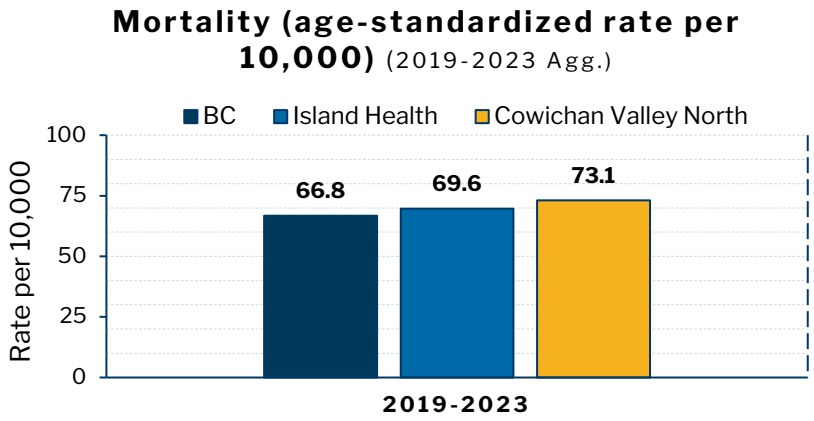
** It is important to note that caution should be exercised when dealing with a small number of cases as an increase or decrease may indicate random variation rather than a significant change in rates.*

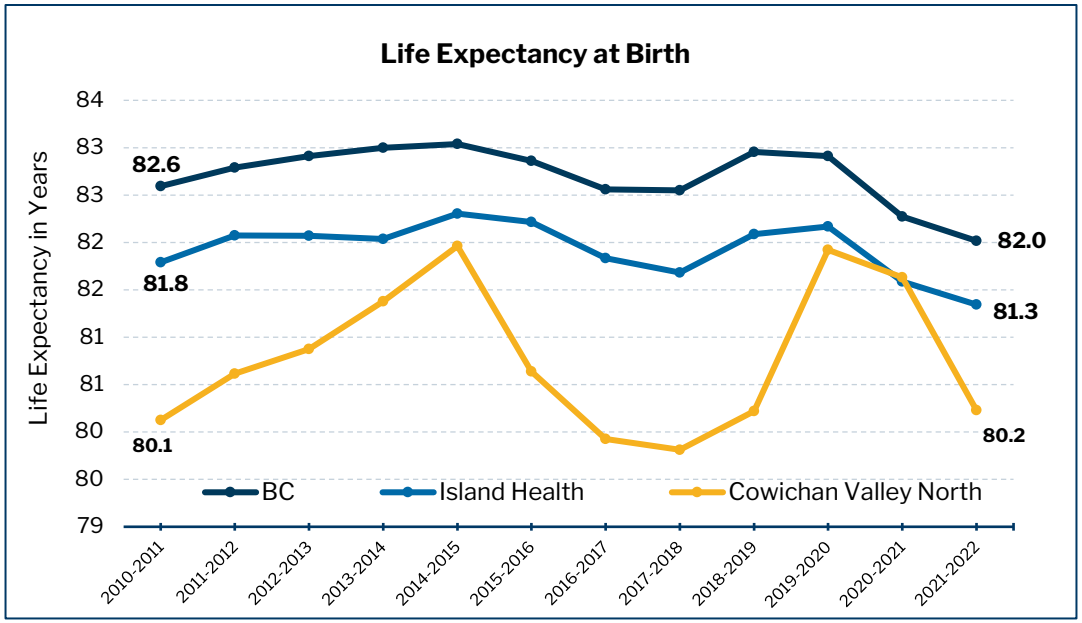
Mortality Statistics

Mortality rates have seen a decrease in Cowichan Valley North from 77.4 per 10,000 in 2013-2017 to 73.1 per 10,000 in years 2019-2023. The age standardized all-cause mortality rate per 10,000 in Cowichan Valley North is higher than both BC (66.8), and Island Health (69.6).

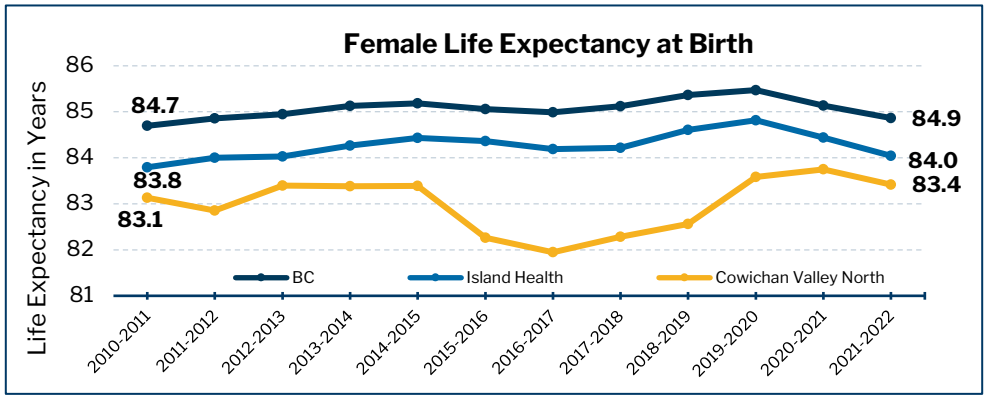
Potential years of life lost (PYLL) is a measure of premature mortality (an estimate of the average years a person would have lived if they had not died before the established life expectancy of 75 years). The age-standardized all-cause PYLL in Cowichan Valley North is 62.6 years per 1,000 population; this is higher than both Island Health (58.3) and BC overall (52.3). The largest contributors to PYLL in Cowichan Valley North are malignant neoplasms, diseases of the digestive system, and diseases of the circulatory system. Of these leading causes of PYLL, rates for both malignant neoplasms and diseases of the digestive system are notably higher than Island Health and BC. A complete list of PYLL by cause can be found on page 40.

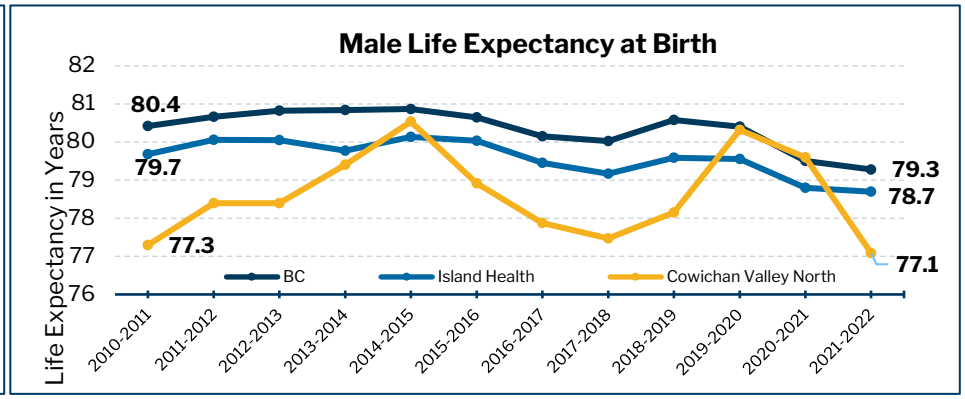
Life expectancy at birth in Cowichan Valley North has been variable over the past decade, with a low of 79.8 in 2017-18; currently, life expectancy is 80.2 years, lower than either Island Health (81.3 years) or BC (82.0 years). Over this period, the Island Health life expectancy has fallen 0.5 years, and the BC life expectancy has fallen 0.6 years.





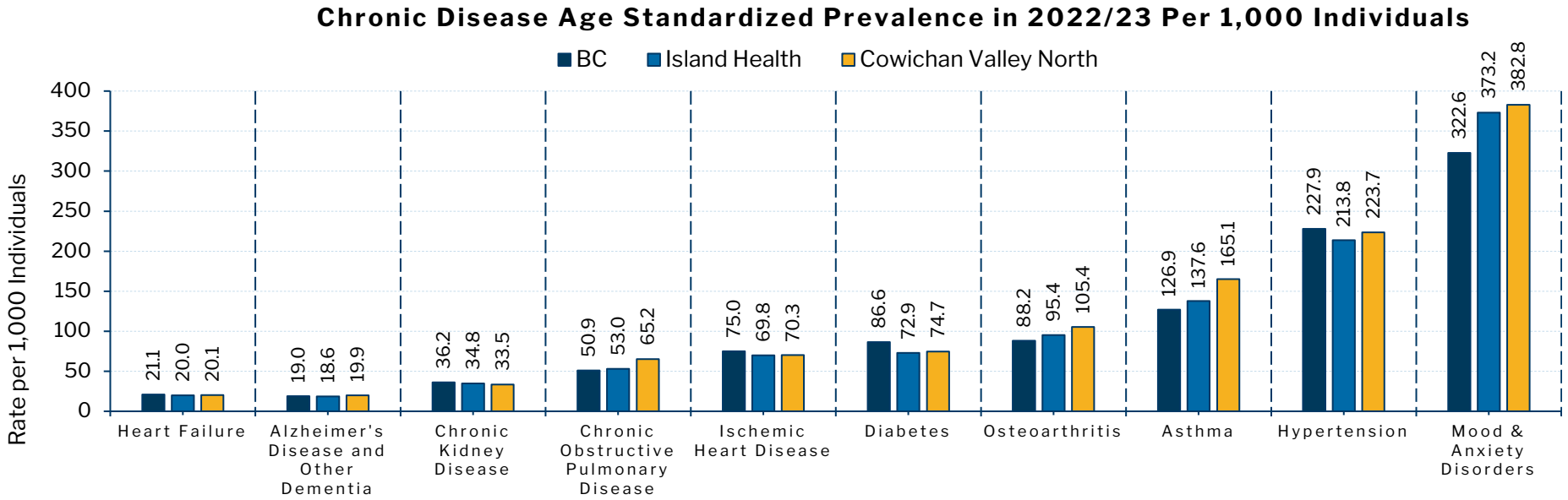
The life expectancy in 2021-2022 for females (83.4 years) in Cowichan Valley North was 6.3 years greater than males (77.1 years). For both males and females, life expectancy in Cowichan Valley North is lower than that for either Island Health or BC.





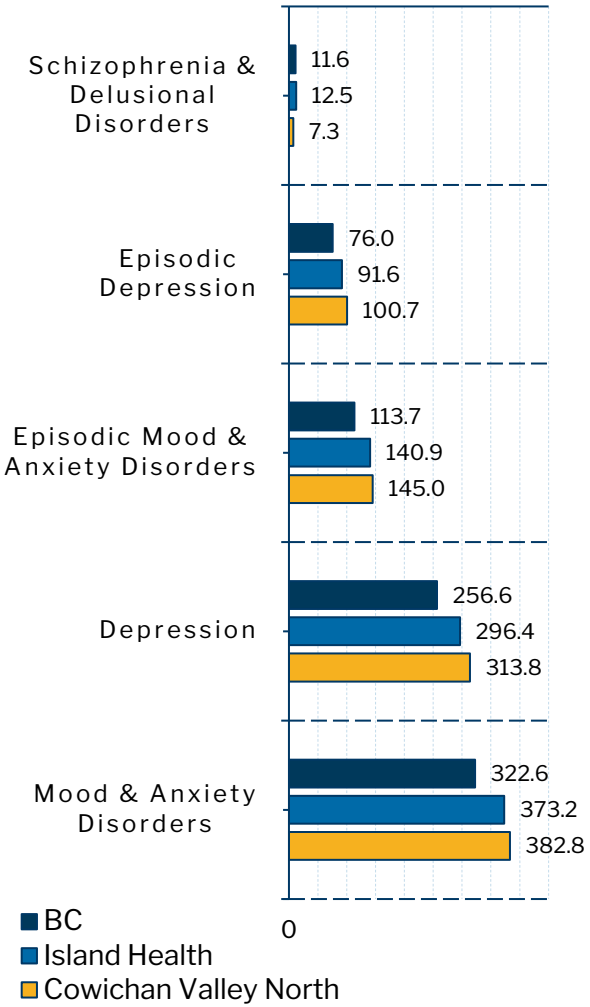
Chronic Disease

Among the most prevalent chronic diseases, mood and anxiety disorders, hypertension, asthma and osteoarthritis rates are higher than or comparable to those of Island Health and BC; the same is true for Alzheimer's Disease and Other Dementia and Chronic Obstructive Pulmonary Disease. For Ischemic Heart Disease and Chronic Kidney Disease the rates are lower than both Island Health and BC. For Diabetes the rate is higher than Island Health but lower than BC. See the Health Status summary on pages 35-39 for more information.



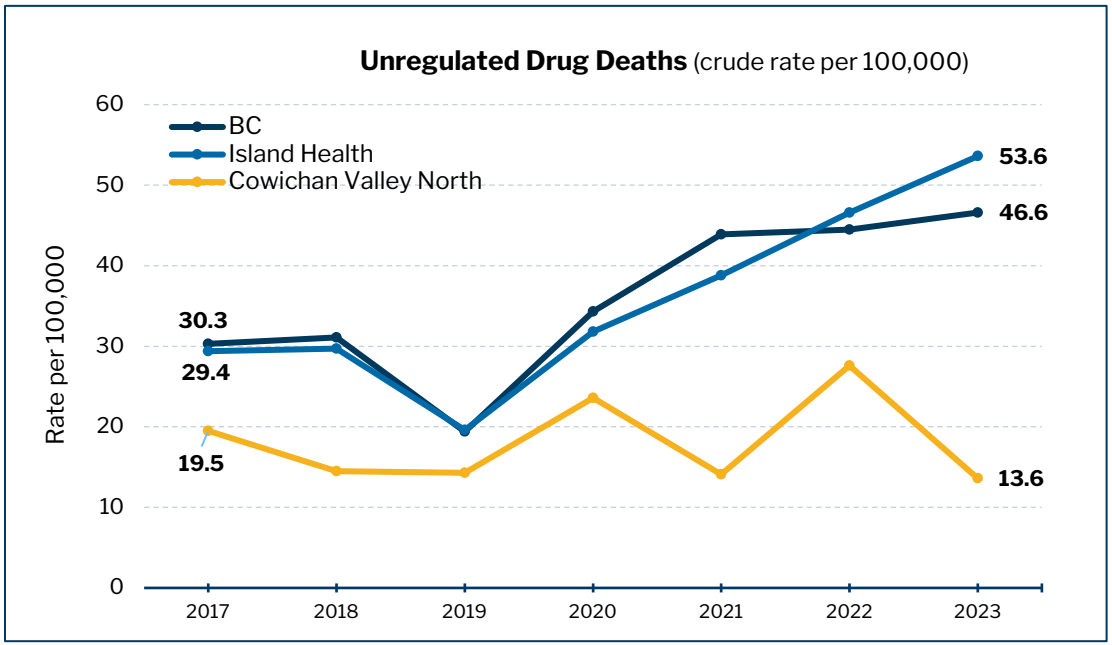
Mental Health & Substance Use

Mental Health Disorders Age Standardized Prevalence per 1,000 Individuals, 2022/23

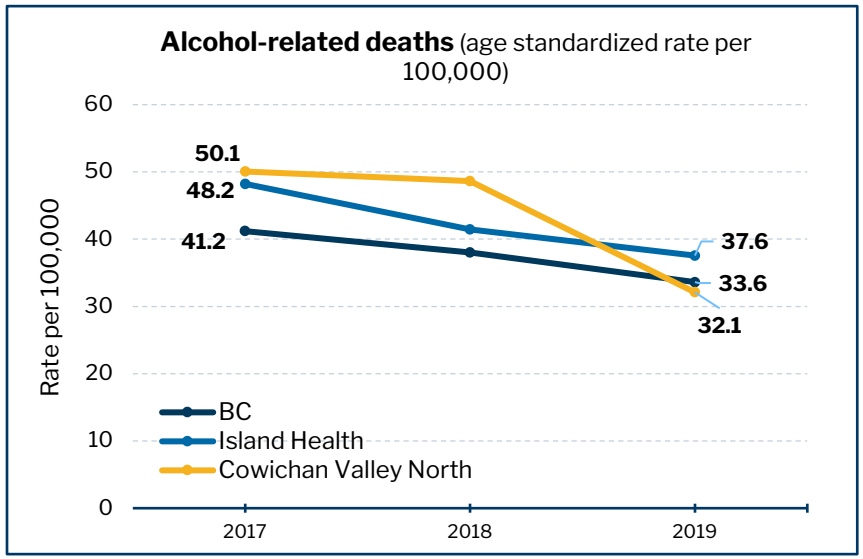


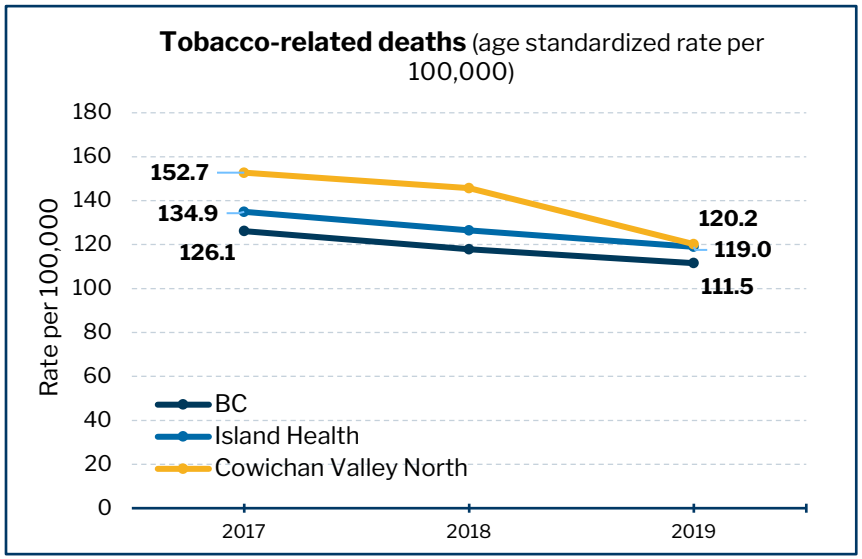
The most common mental health disorder in Cowichan Valley North is mood and anxiety disorders, followed by depression; these rates are higher than Island Health and BC. For schizophrenia and delusional disorders the rate is lower in Cowichan Valley North compared to both Island Health and BC.

Since 2020, unregulated drug deaths have been variable in Cowichan Valley North, but as of 2023 are lower than in previous years. The rate of unregulated drug deaths, per 100,000 deaths, is considerably lower in Cowichan Valley North compared to either Island Health or BC. For the most up to date data on Illicit Drug Toxicity Deaths, visit: https://www2.gov.bc.ca/gov/content/life-events/death/coroners- service/statistical-reports.



Alcohol-related deaths dropped considerably in Cowichan Valley North between 2017 and 2019; they fell from 50.1 per 100,000 deaths (higher than either Island Health or BC) to 32.1 in 2019 (lower than either Island Health or BC). Tobacco-related deaths also fell considerably over that same period, from being higher than either Island Health or BC to now being comparable to Island Health rates. The indicators listed for unregulated drugs, alcohol, and tobacco report deaths that are partially or entirely attributed to the substance being measured; for more details visit http://aodtool.cfar.uvic.ca/aod/about.php. Also, see hospitalization rates on page 41.





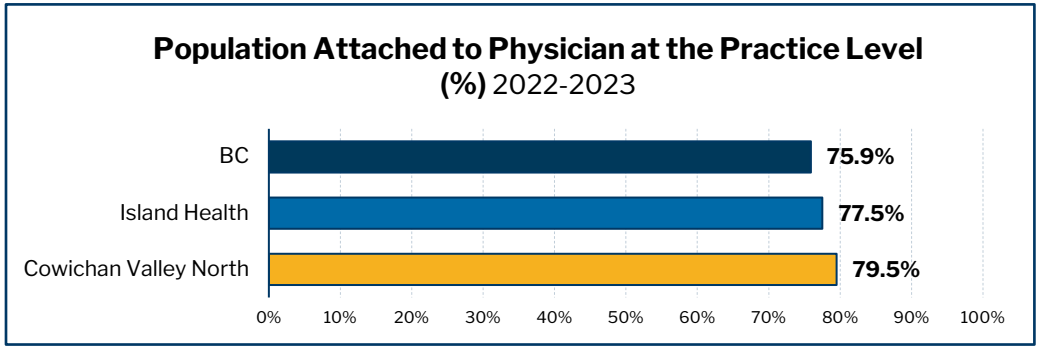
Health Service Use

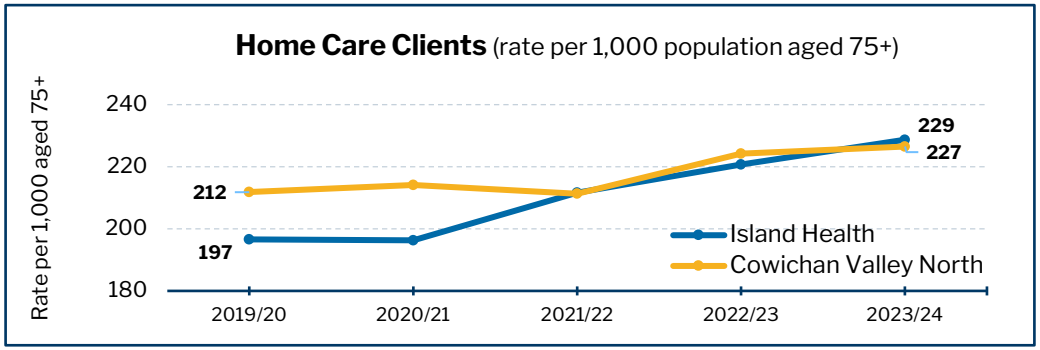
Physician Attachment and Home-Care Visits

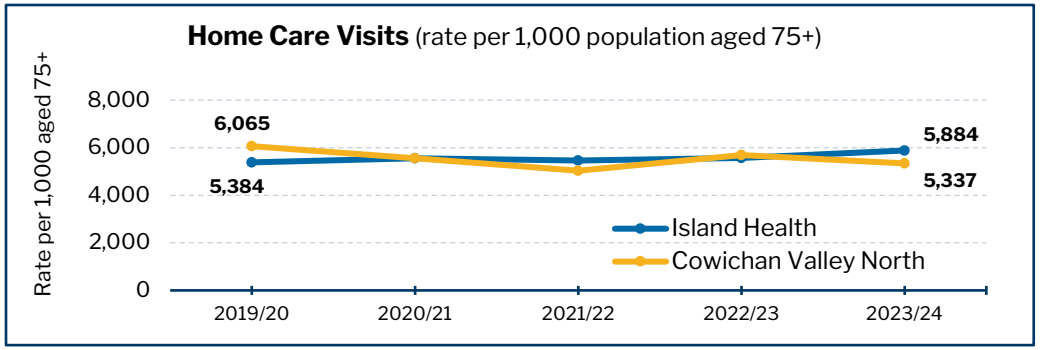
Access to primary care services plays an important role in decreasing the use of emergency department and inpatient services. In Cowichan Valley North, 79.5% of the population is attached to a physician at the practice level; this is higher than the rate for either Island Health or BC.

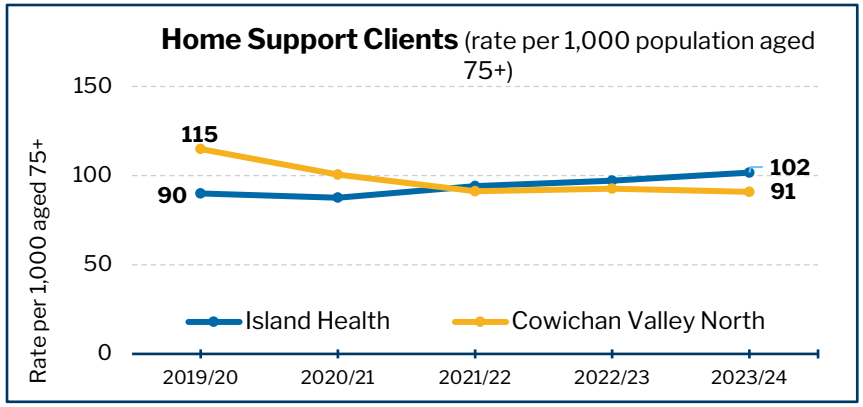
In Cowichan Valley North, the rate of home care clients (per 1,000 population aged 75+) has increased slightly over the past five years, to a rate comparable with Island Health. Despite this increase in the rate of home care clients, the rate of home care visits has declined over this same time period.

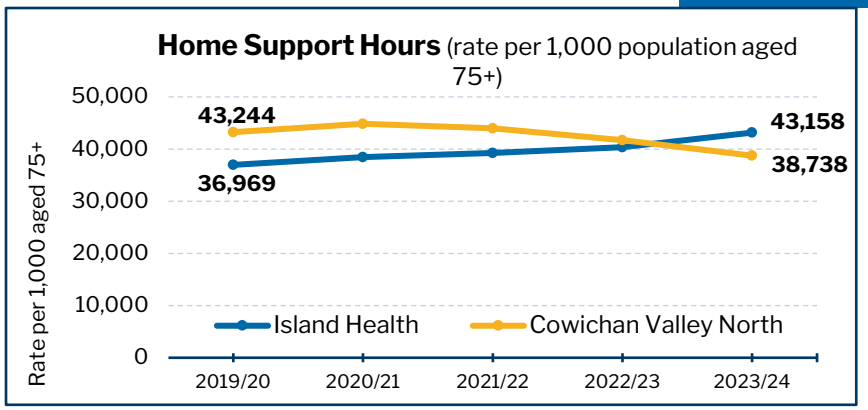
In contrast, the rate of home support clients (per 1,000 population aged 75+) in Cowichan Valley North has declined since 2019/20, as has the rate of home support hours. This is in opposition to the Island Health-wide trend of increasing home support client and hours rates. See Health Service Use summary on pages 41-42 for more information on these topics.





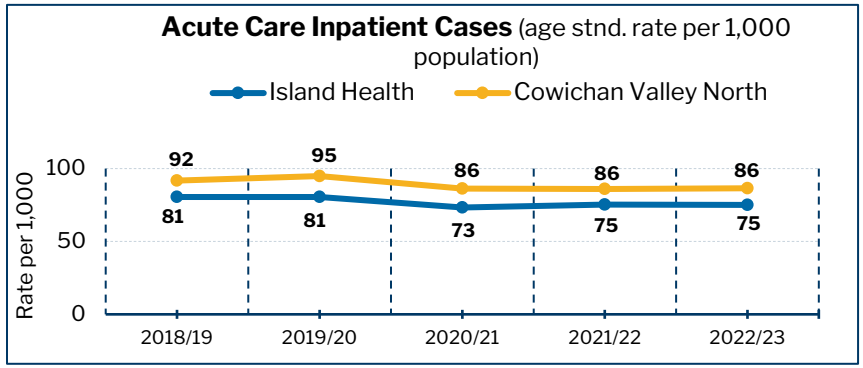


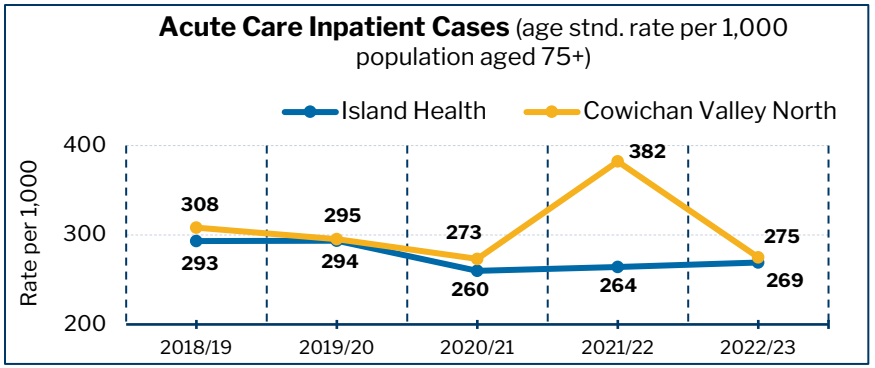




Acute Care Inpatient Cases

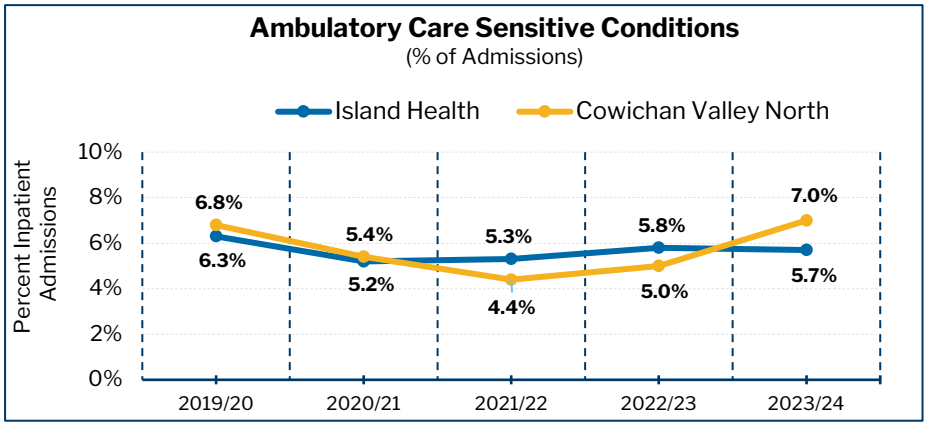
The age standardized hospitalization rate (inpatient admissions) in 2022/23 for the Cowichan Valley North was 86 per 1,000 population, higher than the Island Health rate of 75. When looking at just the population aged 75 years and older, the rate of admissions in 2022/23 is 275 per 1,000 population, comparable to the Island Health rate of 269.





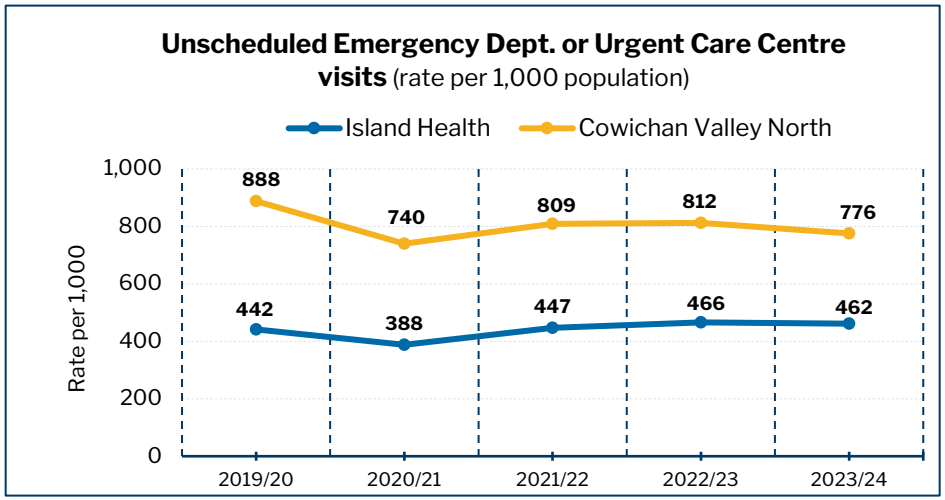
Ambulatory Care Sensitive Conditions

Ambulatory Care Sensitive Conditions (ACSCs) are conditions that can be treated in the community if services are available and would not necessarily require hospitalization. Tracking the percentage of hospital admissions due to ACSCs can provide an indicator of access to primary or other non-urgent care. In Cowichan Valley North, in 2023/24, the proportion of ACSCs of all hospital admissions has been rising since 2021/22, reaching 7.0% in 2023/24; this figure is higher than the Island Health rate of 5.7%.



Emergency and Urgent Care Centre Visits

Cowichan Valley North experienced 776 unscheduled emergency department or urgent care visits per 1,000 population in 2023/24, a decline from 2019/20. Overall, however, this figure is notably higher than the rate for Island Health overall (462 per 1,000 population). See the Health Service Use summary on pages 40-41 for more information on these topics.



Additional Indicators and Data

The tables below compare various indicators for this Local Health Area (LHA) with those of Island Health, British Columbia, and other LHAs within Island Health.

These results do not necessarily indicate statistical significance; instead, they provide a relative comparison of the LHA's performance against others within Island Health.

LHAs referenced in the below data tables include 411: Greater Victoria, 412: Western Communities, 413: Saanich Peninsula, 414: Southern Gulf Islands, 421: Cowichan Valley South, 422: Cowichan Valley West, **423: Cowichan Valley North**, 424: Greater Nanaimo, 425: Oceanside, 426: Alberni/Clayoquot, 431: Comox Valley, 432: Greater Campbell River, 433: Vancouver Island West, and 434: Vancouver Island North. These will be referred to numerically in the tables.

The LHA profile covered by this report is highlighted in yellow in the tables.

Population and Demographics Summary

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Population and Population Projection																	
10-year population growth (%)	2023 - 2032	**9.6**	**6.2**	1.4	26.7	-0.4	6.2	3.4	2.2	**4.3**	7.9	6.2	1.2	6.6	4.3	-8.0	-11.0
Population aged 0-19 (%)	2023	**18.8**	**17.3**	15.1	21.0	16.0	13.8	20.0	16.4	**17.0**	18.3	12.5	19.9	18.3	18.5	18.7	19.1
Population aged 20-44 (%)	2023	**36.3**	**31.2**	38.0	36.7	25.0	21.4	27.4	24.0	**24.0**	31.3	18.8	30.8	27.2	28.2	23.9	25.7
Population aged 45-64 (%)	2023	**25.1**	**25.7**	24.3	25.6	25.8	28.3	27.2	31.7	**26.5**	25.4	26.8	25.7	26.3	26.2	29.3	28.2
Population aged 65-74 (%)	2023	**11.2**	**14.4**	12.2	10.3	16.9	21.9	14.7	18.4	**18.3**	13.9	22.5	13.8	15.5	16.2	18.2	17.7
Population aged 75 and over (%)	2023	**8.5**	**11.4**	10.5	6.4	16.2	14.7	10.8	9.5	**14.2**	11.0	19.4	9.9	12.7	10.9	9.9	9.2
Percent growth of the 0-19 age group population in next 10 years	2023 - 2032	**-3.4**	**-6.0**	-9.7	10.0	-5.6	-4.1	-10.2	-6.7	**-2.5**	-6.6	-8.0	-12.4	-2.8	-13.8	-33.7	-35.6
Percent growth of the 20-44 age group population in next 10 years	2023 - 2032	**9.3**	**4.1**	-5.5	28.1	0.0	21.8	4.6	2.5	**9.2**	3.3	4.1	3.2	6.1	5.3	2.5	-19.5
Percent growth of the 45-64 age group population in next 10 years	2023 - 2032	**6.7**	**4.0**	6.4	25.1	-6.9	3.0	-6.3	-7.7	**-8.5**	9.5	-5.2	-2.5	2.9	-0.8	-38.7	-28.2
Percent growth of the 65-74 age group population in next 10 years	2023 - 2032	**10.4**	**-0.5**	-5.3	30.7	-12.7	-14.5	3.9	-5.3	**-6.7**	4.1	-1.9	-5.1	-1.5	-6.7	15.7	3.9
Percent growth of the 75+ age group population in next 10 years	2023 - 2032	**47.6**	**43.7**	38.8	73.4	27.2	30.1	49.9	64.7	**42.2**	46.1	42.6	40.7	38.7	61.2	63.3	87.1
Average age (years)	2023	**42.0**	**45.3**	43.9	40.4	49.1	51.5	45.0	47.5	**48.6**	44.6	53.9	43.7	46.4	45.6	46.6	45.7

Population and Demographics Summary Cont'd

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Age and Demographics																	
Median age of population (years)	2021	**42.8**	**48.0**	43.6	41.2	55.2	58.4	48.8	53.6	**55.2**	46.4	60.8	46.4	50.8	49.2	52.4	45.2
Population where language spoken most often at home is not English or French (%)	2021	**10.2**	**2.3**	4.2	2.0	2.3	0.8	1.0	0.3	**0.6**	2.4	0.7	1.1	1.1	1.0	0.0	0.7
Visible minority population (%)	2021	**34.4**	**11.6**	20.1	11.8	11.6	5.1	6.4	3.1	**4.1**	11.9	4.1	4.9	5.7	5.1	2.5	4.6
Population in private households with Indigenous Identity (%)	2021	**5.9**	**7.8**	4.5	6.1	5.3	3.7	12.5	11.8	**13.0**	8.5	4.5	19.6	7.3	12.1	27.6	29.8
Marital Status																	
Population aged 15 and over who are married (%)	2021	**47.5**	**45.5**	39.3	47.9	54.9	47.1	48.3	46.8	**50.1**	44.1	54.8	41.1	48.3	46.8	39.4	38.3
Population aged 15 and over who are common-law (%)	2021	**10.0**	**12.4**	12.3	13.5	9.1	14.4	12.0	14.2	**12.5**	12.4	11.2	14.4	12.7	13.3	18.0	17.1
Population aged 15 and over who are single, never married (%)	2021	**28.1**	**25.3**	31.8	24.5	19.9	19.4	23.1	22.0	**19.4**	25.9	15.9	26.7	21.7	22.7	23.7	27.5
Population aged 15 and over who are widowed (%)	2021	**5.5**	**6.3**	5.5	4.5	7.6	6.9	6.3	6.3	**7.7**	6.5	8.2	6.8	6.8	6.5	6.5	6.2
Population aged 15 and over who are separated or divorced (%)	2021	**11.6**	**14.3**	13.9	13.5	12.2	17.6	14.4	16.3	**15.0**	14.9	14.9	14.8	15.0	15.5	18.3	15.7
Migration and Immigrants																	
Immigrant population (%)	2021	**29.0**	**16.0**	20.6	14.2	19.5	21.6	12.3	7.6	**12.4**	15.5	16.5	9.1	12.7	11.0	8.4	9.1
Population migrating to area in the last 5 years (%)	2021	**43.8**	**44.2**	45.6	50.3	36.5	42.8	40.2	43.2	**38.6**	46.5	42.1	44.0	44.3	42.7	43.1	41.5

Determinants of Health Summary

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Education																	
Population aged 25 to 64 with post-secondary certificate, diploma or degree (%)	2021	**57.1**	**65.2**	72.6	62.6	71.3	68.7	58.9	52.0	**60.1**	63.2	62.2	54.1	62.8	58.3	38.0	48.2
Grade 12 completion among students entering Grade 12 for the first time (%)	2022 / 2023	**83.0**	**78.3**	83.0	84.0	69.0	90.0	74.0	N/A	N/A	82.0	80.0	75.0	71.0	77.0	88.0	67.0
Students completing high school within six years of enrollment in Grade 8 (%)	2022 / 2023	**92.1**	**85.9**	91.2	89.9	90.0	100.0	84.6	N/A	N/A	88.1	90.5	87.7	83.3	86.5	70.6	67.9
Employment																	
Population aged 15 and over who are unemployed (%)	2021	**8.4**	**7.5**	7.5	6.1	5.5	5.9	6.9	9.1	**8.3**	8.3	8.7	9.6	8.0	9.0	11.9	9.2
Health Behaviours																	
Alcohol consumption per year (litres of absolute alcohol sold per person, 1L=58.64 standard drinks)	2023	**8.6**	**10.8**	8.9	9.6	10.1	12.6	11.5	17.9	**7.8**	10.6	11.0	13.6	10.3	13.2	12.6	14.6
Household																	
One-parent family households (% of census families with children)	2021	**14.9**	**14.5**	14.8	14.4	11.1	11.5	15.7	14.0	**12.8**	16.7	10.4	18.5	13.9	15.4	17.5	19.3
Private households with multiple families (%)	2021	**1.0**	**0.8**	0.7	1.2	1.2	1.0	1.0	0.8	**0.8**	0.8	0.6	0.8	0.7	0.6	N/A	0.5
Private households with 5 or more persons (%)	2021	**6.4**	**4.9**	4.3	5.4	4.5	3.6	6.2	4.3	**5.1**	5.4	3.1	6.0	4.9	5.3	5.8	6.6
Dwellings rated as needing major repairs by renter or owner (%)	2021	**5.8**	**5.8**	5.9	4.0	3.9	8.8	6.6	6.8	**6.5**	5.7	4.2	9.3	5.7	6.0	14.1	13.6
Private households that are owner-occupied (%)	2021	**66.8**	**69.0**	53.6	71.7	81.4	83.0	77.4	84.1	**81.0**	69.5	81.6	71.1	77.3	74.1	76.6	71.2

Determinants of Health Summary Cont'd

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Morbidity																	
Alcohol-related hospital admissions (age stnd. rate per 100,000)	2019	**352.0**	**468.7**	450.0	345.5	428.9	384.8	606.0	575.6	**517.7**	481.4	431.7	766.4	412.7	534.2	749.1	813.3
Cannabis-related hospital admissions (age stnd rate per 100,000)	2019	**25.0**	**33.3**	25.1	20.4	17.7	27.5	50.7	88.9	**46.2**	54.1	49.4	33.1	32.7	33.0	29.9	40.9
Opioid-related hospital admissions (age stnd rate per 100,000)	2019	**40.3**	**51.9**	41.6	23.7	25.8	24.2	90.0	207.7	**68.1**	71.3	68.3	61.3	58.5	50.0	63.7	128.0
Tobacco-related hospital admissions (age stnd rate per 100,000)	2019	**429.5**	**426.1**	378.3	441.8	294.1	303.0	567.9	592.3	**405.8**	454.6	334.5	617.1	474.0	540.7	528.7	740.0
Transportation																	
Employed population aged 15 and over walking, biking or busing to work (%)	2021	**17.7**	**16.2**	31.1	11.2	11.6	14.1	7.1	10.3	**7.8**	10.1	8.3	12.3	10.7	8.7	26.4	13.8
Child Health																	
Child mental diseases & disorders hospital admissions (rate per 1,000 aged 0-14)	2022/23	**1.8**	**2.0**	2.4	2.3	1.0	2.7	2.6	5.9	**5.0**	2.3	2.0	1.0	0.5	1.2	0.0	0.0
Youth mental diseases & disorders hospital admissions (rate per 1,000 aged 15-24)	2022/23	**11.0**	**13.6**	9.2	12.5	9.4	13.8	19.5	24.6	**11.8**	18.7	13.5	24.0	9.0	13.9	0.0	19.0
Child/youth mental diseases & disorders hospital admissions (rate per 1,000 aged 0 to 24)	2022/23	**6.0**	**7.1**	5.9	6.4	4.8	6.5	9.6	13.4	**7.7**	9.4	6.7	10.2	3.8	6.3	0.0	8.1
Child hospitalization admissions - injury/poisoning (rate per 1,000 aged 0 to 14)	2022/23	**1.9**	**2.2**	2.5	1.6	1.8	2.7	3.0	0.0	**6.1**	2.1	0.0	2.5	2.3	2.0	0.0	3.0
Child hospitalizations - respiratory diseases & disorders (rate per 1,000 aged 0 to 14)	2022/23	**6.2**	**7.2**	6.9	6.9	7.3	7.0	7.3	11.8	**8.7**	7.9	4.0	12.1	4.7	6.8	17.8	16.2
Pregnant persons who reported smoking at any time during current pregnancy (%) (5yr Agg)	2018 - 2022	**4.5**	**7.6**	5.8	8.6	4.6	7.0	10.2	16.4	**7.1**	7.7	7.9	6.8	6.2	11.0	29.0	16.4

Determinants of Health Summary Cont'd

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Early Development																	
EDI: Kindergarten children rated as vulnerable for physical development (%)	2019 - 2022	**14.7**	**15.6**	11.1	17.4	14.2	16.2	20.1	5.8	**14.9**	15.7	14.1	19.1	16.9	15.7	28.6	13.2
EDI: Kindergarten children rated as vulnerable for social development (%)	2019 - 2022	**16.3**	**15.9**	14.8	18.7	14.2	15.5	16.7	5.8	**12.1**	17.2	12.6	15.1	17.1	16.6	37.1	13.7
EDI: Kindergarten children rated as vulnerable for emotional development (%)	2019 - 2022	**17.5**	**19.0**	18.9	19.5	18.4	19.0	20.1	15.4	**15.6**	19.8	16.7	17.3	21.4	19.3	37.1	17.7
EDI: Kindergarten children rated as vulnerable for language development (%)	2019 - 2022	**10.5**	**11.0**	7.2	10.7	7.7	4.2	11.9	5.8	**12.1**	13.9	8.8	14.5	12.4	11.6	33.3	17.6
EDI: Kindergarten children rated as vulnerable for communication development (%)	2019 - 2022	**14.3**	**11.8**	9.2	12.7	10.3	11.3	15.2	1.9	**9.2**	12.3	8.1	15.1	12.1	12.8	22.9	12.3
EDI: Kindergarten children rated as vulnerable on one or more domains (%)	2019 - 2022	**32.9**	**32.7**	29.1	33.3	28.3	34.5	36.3	23.1	**31.9**	34.7	28.4	34.4	37.0	33.7	54.3	34.8
Income																	
Median one-parent family income ($)	2021	**70K**	**68K**	71K	74K	79K	59K	66K	58K	**71K**	65K	61K	60K	66K	61K	48K	58K
Median household total income ($, in thousands)	2021	**85K**	**80K**	78K	95K	99K	72K	82K	70K	**78K**	77K	74K	69K	78K	76K	56K	68K

Determinants of Health Summary Cont'd

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Income Inequality																	
Difference in median income comparing males and females aged 15 and over	2021	**3200**	**1600**	800	4400	4000	-1600	4400	1600	**7600**	2000	0	400	4400	3600	-4400	7600
Low income based on after-tax low income measure (%)	2021	**10.8**	**10.2**	10.4	6.8	6.5	14.5	10.3	13.2	**11.0**	11.0	11.2	13.7	10.2	11.0	22.5	17.3
Low income based on after-tax low-income measure, ages less than 18 years (%)	2021	**11.3**	**11.3**	10.6	7.2	6.5	19.1	13.6	20.4	**12.1**	11.5	13.9	17.5	10.6	13.0	34.5	21.5
Low income based on after-tax low-income measure, ages less than 6 years (%)	2021	**11.1**	**11.1**	10.7	6.4	5.5	19.2	13.4	16.5	**10.6**	12.1	14.7	15.1	11.8	11.7	36.0	22.0
Low income based on after-tax low-income measure, ages 18 to 64 years (%)	2021	**9.7**	**9.3**	9.7	5.9	6.1	15.3	9.2	11.6	**9.9**	9.6	11.1	12.4	9.3	9.5	20.2	15.0
Low income based on after-tax low-income measure, ages 65 years and over (%)	2021	**13.8**	**11.6**	12.1	9.7	7.2	11.7	10.3	12.6	**12.1**	14.0	10.4	14.0	11.9	12.8	18.8	19.7
Households (owned) spending more than 30% of income on housing (%)	2021	**19.3**	**15.8**	18.5	17.5	14.2	17.9	14.7	16.2	**12.7**	15.7	13.6	13.4	14.7	14.5	9.7	10.1
Households (rented) spending more than 30% of income on housing (%)	2021	**37.8**	**39.4**	40.9	37.2	36.9	39.9	36.2	33.3	**37.0**	40.0	43.6	35.6	38.3	37.6	28.0	25.0
Protecting Child and Youth																	
Children and youth in care (rate per 1,000 children aged 0-18)	2023	**4.6**	**7.1**	3.8	5.9	N/A	N/A	11.8	19.4	**12.0**	7.4	5.2	20.2	5.1	9.3	N/A	N/A
Children and youth in need of protection (rate per 1,000 children aged 0-18)	2022	**22.6**	**31.0**	21.8	28.1	24.6	18.8	45.0	28.9	**49.2**	42.5	22.8	58.9	30.2	35.4	129.9	44.8

Health Status Summary

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Births																	
Live birth rate (rate per 1,000 population)	2019 - 2023	**8.0**	**6.7**	6.2	9.0	5.3	4.7	7.2	8.1	**6.9**	7.0	4.1	8.1	6.5	7.0	6.6	9.0
Stillbirths (rate per 1,000 births)	2019 - 2023	**13.1**	**11.6**	12.5	9.8	6.4	21.2	10.9	10.5	**9.5**	12.9	11.3	12.0	13.2	10.2	42.3	11.5
Infant mortality - deaths of infants under 1 year of age (rate per 1,000 live births)	2019 - 2023	**3.5**	**3.9**	4.3	3.6	2.7	0.0	3.0	3.5	**5.4**	3.0	0.0	11.3	3.3	4.8	14.1	1.9
Low weight births - less than 2,500 grams (rate per 1,000 live births)	2019 - 2023	**61.8**	**56.4**	58.4	57.4	65.4	30.6	56.9	52.6	**69.4**	53.9	42.4	60.1	46.4	57.1	98.6	59.4
Cesarean sections (rate per 1,000 live births)	2019 - 2023	**386.7**	**343.8**	339.9	352.4	325.9	280.0	316.1	333.3	**337.4**	366.1	335.2	338.5	364.6	342.9	169.0	298.9
Pre-term births - gestational age less than 37 weeks (rate per 1,000 live births)	2019 - 2023	**79.9**	**84.9**	80.3	81.3	86.1	58.8	97.3	63.2	**100.7**	78.5	87.6	116.6	73.2	86.5	211.3	113.0
Birthing persons - live births to persons under 20 years of age (rate per 1,000 live births)	2019 - 2023	**9.5**	**14.9**	6.5	7.4	11.2	2.4	30.8	3.5	**38.1**	18.6	8.5	29.7	8.2	18.6	98.6	78.5
Birthing persons - live births to persons aged 35 and over (rate per 1,000 live births)	2019 - 2023	**308.2**	**303.7**	393.0	291.2	328.5	383.5	222.3	242.1	**219.0**	262.3	287.2	229.0	299.2	251.7	70.4	201.1

Health Status Summary

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Morbidity																	
Alzheimer's disease and other dementia - prevalence (age-standardized rate per 1,000)	2022/23	**19.0**	**18.6**	20.5	17.1	16.1	15.1	17.7	15.1	**19.9**	20.7	17.1	21.9	17.7	17.9	8.1	16.7
Asthma - prevalence (age-standardized rate per 1,000)	2022/23	**126.9**	**137.6**	127.2	139.4	134.5	117.0	150.7	151.2	**165.1**	141.2	138.2	149.0	133.1	156.7	160.4	177.4
Chronic kidney disease - prevalence (age-standardized rate per 1,000)	2022/23	**36.2**	**34.8**	34.3	39.5	33.7	25.4	34.3	41.6	**33.5**	36.6	32.8	42.9	32.5	36.0	35.8	35.5
Chronic obstructive pulmonary disease - prevalence (age-standardized rate per 1,000)	2022/23	**50.9**	**53.0**	40.6	52.2	33.1	44.0	88.3	102.6	**65.2**	55.2	47.8	71.2	50.7	73.9	65.3	90.0
Mood and anxiety disorders - prevalence (age-standardized rate per 1,000)	2022/23	**322.6**	**373.2**	371.7	373.9	357.0	358.0	399.5	401.6	**382.8**	367.5	362.6	387.7	374.6	395.7	333.4	385.6
Depression - prevalence (age-standardized rate per 1,000)	2022/23	**256.6**	**296.4**	297.8	302.0	286.0	258.8	309.6	310.0	**313.8**	285.1	287.1	326.3	298.8	306.8	261.0	309.3
Diabetes - prevalence (age-standardized rate per 1,000)	2022/23	**86.6**	**72.9**	70.1	84.2	65.4	46.7	74.5	79.6	**74.7**	76.8	65.6	92.6	63.5	83.0	84.9	93.1
Heart failure - prevalence (age-standardized rate per 1,000)	2022/23	**21.1**	**20.0**	17.7	20.5	16.0	15.3	19.4	19.2	**20.1**	21.1	19.7	31.5	20.5	26.7	22.5	32.4

Health Status Summary Cont'd

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Morbidity Con't																	
Hypertension - prevalence (age-standardized rate per 1,000)	2022/23	**227.9**	**213.8**	200.5	232.0	208.7	171.2	226.6	232.4	**223.7**	211.2	208.6	251.0	208.8	229.3	235.4	245.3
Ischemic heart disease - prevalence (age-standardized rate per 1,000)	2022/23	**75.0**	**69.8**	57.5	68.1	60.5	53.1	63.0	68.9	**70.3**	80.8	79.0	99.0	78.7	83.5	83.6	78.4
Osteoarthritis - prevalence (age-standardized rate per 1,000)	2022/23	**88.2**	**95.4**	86.4	94.3	93.6	93.7	106.2	106.5	**105.4**	92.1	95.8	113.0	92.3	116.1	104.7	103.3
Episodic asthma - prevalence (age-standardized rate per 1,000)	2022/23	**51.2**	**56.1**	53.6	58.8	53.9	42.6	63.9	64.9	**69.7**	55.6	53.1	60.2	52.3	61.2	58.0	64.1
Episodic depression - prevalence (age-standardized rate per 1,000)	2022/23	**76.0**	**91.6**	94.7	95.8	92.5	69.3	85.9	87.1	**100.7**	90.3	84.5	105.3	86.7	91.4	73.2	79.9
Episodic mood & anxiety disorders - Prevalence (age-standardized rate per 1,000)	2022/23	**113.7**	**140.9**	145.1	150.2	138.4	117.8	146.7	149.5	**145.0**	131.9	125.1	143.2	141.9	142.9	123.9	129.6
Schizophrenia & delusional disorders - Prevalence (age-standardized rate per 1,000)	2022/23	**11.6**	**12.5**	17.3	9.2	9.8	12.8	11.9	13.3	**7.3**	12.8	11.1	11.4	9.9	10.5	6.9	13.4
Deaths																	
Mortality (age stnd. rate per 10,000)	2019 - 2023	**66.8**	**69.6**	67.1	64.0	57.6	56.7	75.5	89.4	**73.1**	73.6	66.9	97.6	71.4	79.1	75.3	87.1
Mortality- unintentional injury (age stnd. rate per 10,000)	2019 - 2023	**4.9**	**4.7**	4.6	2.8	2.6	3.9	5.4	6.4	**4.5**	5.7	4.9	7.4	5.0	5.9	14.5	6.6
Alcohol-related deaths (age stnd rate per 100,000)	2019	**33.6**	**37.6**	42.2	27.2	41.1	27.0	37.9	31.3	**32.1**	37.1	29.0	50.1	35.8	45.3	81.5	73.3
Unregulated drug deaths (crude rate per 100,000)	2023	**46.6**	**53.6**	58.1	15.8	11.1	26.4	59.5	54.6	**13.6**	91.7	27.9	105.9	47.6	93.3	N/A	51.5
Tobacco-related deaths (age stnd rate per 100,000)	2019	**111.5**	**119.0**	121.9	110.0	82.3	84.8	124.9	128.6	**120.2**	131.2	103.0	152.7	120.6	149.1	178.4	200.0

Health Status Summary Cont'd

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Life Expectancy																	
Life expectancy (years)	2021 - 2022	**82.0**	**81.3**	82.0	82.7	84.2	83.6	79.8	80.5	**80.2**	80.6	83.1	75.7	80.7	79.4	N/A	75.3
Female life expectancy (years)	2021 - 2022	**84.9**	**84.0**	84.3	84.9	86.6	85.4	83.8	83.1	**83.4**	83.3	86.5	77.7	83.5	81.8	N/A	80.2
Male life expectancy (years)	2021 - 2022	**79.3**	**78.7**	79.6	80.4	81.9	81.9	76.1	78.6	**77.1**	78.0	79.8	73.9	78.0	77.3	N/A	71.2

Health Status Summary Cont'd

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Health Matrix*																	
Health matrix: non-users (%)	2022 - 2023	**18.1**	**15.8**	13.2	16.5	14.4	14.4	14.4	12.4	**15.7**	11.7	14.9	13.8	14.1	13.0	16.2	15.0
Health matrix: healthy (%)	2022 - 2023	**33.0**	**29.1**	27.7	28.0	28.1	28.7	25.0	25.9	**29.8**	24.7	28.3	28.9	29.8	28.1	25.0	27.7
Health matrix: adult (18+) major cond. (%)	2022 - 2023	**2.5**	**2.7**	2.9	2.7	2.8	2.5	2.6	2.7	**2.9**	2.9	2.5	2.8	3.0	2.6	2.0	2.3
Health matrix: child and youth (<18) major cond.(%)	2022 - 2023	**0.5**	**0.6**	0.5	0.3	0.7	0.8	0.7	0.7	**0.7**	0.4	0.8	0.7	0.6	0.7	1.2	1.0
Health matrix: low chronic conditions (%)	2022 - 2023	**24.6**	**27.0**	28.4	26.6	27.0	27.0	28.1	28.9	**26.1**	28.3	26.8	27.3	26.8	27.8	27.1	28.6
Health Matrix: medium chronic conditions (%)	2022 - 2023	**9.0**	**11.0**	13.4	12.7	12.2	12.6	14.9	14.2	**10.4**	15.3	10.9	11.7	11.6	11.9	13.3	10.7
Health matrix: severe mental health & substance use (%)	2022 - 2023	**1.8**	**2.2**	1.2	2.0	2.5	2.4	2.7	1.9	**2.8**	1.8	2.9	2.2	1.9	2.5	3.2	2.9
Health matrix: maternity & healthy newborns (%)	2022 - 2023	**1.9**	**1.6**	1.2	1.1	1.7	1.8	1.5	1.5	**1.8**	1.0	2.0	1.6	1.5	1.6	1.9	2.0
Health matrix: frail in community (%)	2022 - 2023	**0.5**	**0.6**	0.6	0.5	0.6	0.6	0.5	0.5	**0.7**	0.7	0.5	0.6	0.6	0.5	0.4	0.6
Health matrix: high chronic w/o frailty (%)	2022 - 2023	**4.5**	**5.0**	5.6	5.0	5.8	5.4	6.1	6.4	**5.1**	7.3	6.6	5.6	5.0	6.3	6.6	6.2
Health matrix: high chronic w/ frailty (%)	2022 - 2023	**0.6**	**0.7**	0.7	0.7	0.8	0.7	0.5	1.0	**0.7**	0.8	0.8	0.8	0.8	0.7	0.6	0.8
Health matrix: cancer (%)	2022 - 2023	**1.8**	**2.0**	2.5	2.6	1.8	1.6	2.2	2.0	**1.6**	2.5	1.5	2.5	2.5	2.6	1.8	1.3
Health matrix: frail in residential care(%)	2022 - 2023	**0.7**	**0.9**	1.1	0.6	0.9	0.8	0.0	1.0	**0.8**	1.3	0.7	0.7	0.8	0.7	0.1	0.3
Health matrix: end of life (%)	2022 - 2023	**0.6**	**0.8**	1.0	0.9	0.9	0.8	0.8	1.0	**0.9**	1.3	0.8	0.8	0.8	0.8	0.9	0.6

Potential Years of Life Lost (PYLL) from life expectancy of 75 years

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Potential Years of Life Lost																	
All cause PYLL rate (age stnd. per 1,000)	2019 - 2023	**52.3**	**58.3**	54.4	44.2	40.6	47.8	71.0	68.8	**62.6**	62.8	52.5	103.0	58.8	76.1	87.8	109.2
Cerebrovascular diseases - PYLL rate (age stnd. per 1,000)	2019 - 2023	**1.0**	**1.0**	0.9	0.4	0.6	1.0	1.8	0.9	**0.7**	1.2	0.9	2.1	1.2	1.9	0.0	0.7
Chronic lower respiratory diseases - PYLL rate (age stnd. per 1,000)	2019 - 2023	**0.7**	**0.9**	0.9	0.5	0.6	0.7	1.2	3.5	**0.3**	0.9	0.4	1.8	0.8	1.3	1.3	1.3
Diabetes - PYLL rate (age stnd. per 1,000)	2019 - 2023	**1.2**	**1.2**	1.2	1.3	0.9	0.1	1.4	1.9	**0.5**	1.4	0.8	3.1	1.1	1.3	0.5	2.2
Arteries, arterioles and capillaries - PYLL rate (age stnd. per 1,000)	2019 - 2023	**0.3**	**0.2**	0.2	0.2	0.1	0.3	0.1	0.1	**0.1**	0.4	0.3	0.2	0.4	0.2	0.0	0.8
Accidental falls - PYLL rate (age stnd. per 1,000)	2019 - 2023	**0.3**	**0.2**	0.2	0.1	0.2	0.0	0.1	0.2	**0.0**	0.4	0.1	0.2	0.3	0.1	0.0	0.2
Influenza and pneumonia - PYLL rate (age stnd. per 1,000)	2019 - 2023	**0.5**	**0.6**	0.7	0.3	0.4	0.0	0.9	3.2	**0.1**	0.7	0.1	0.9	0.5	1.0	0.8	2.0
Suicide - PYLL rate (age stnd. per 1,000)	2019 - 2023	**2.2**	**2.9**	2.9	3.2	1.6	2.6	3.4	1.9	**2.7**	2.5	2.4	2.6	3.3	3.1	1.4	9.0
Ischemic heart diseases - PYLL rate (age stnd. per 1,000)	2019 - 2023	**2.5**	**2.6**	2.3	2.6	1.8	3.4	3.2	3.0	**3.1**	2.8	3.0	4.7	2.5	2.4	1.7	4.6
Endocrine, nutritional and metabolic diseases - PYLL rate (age stnd. per 1,000)	2019 - 2023	**1.7**	**1.9**	1.8	1.7	1.3	0.3	2.3	2.2	**1.3**	2.1	1.0	4.7	1.4	2.7	3.1	4.1
Circulatory system - PYLL rate (age stnd. per 1,000)	2019 - 2023	**5.5**	**6.0**	5.7	4.9	3.5	6.2	8.3	8.8	**5.7**	6.6	5.2	10.1	5.6	6.9	4.2	11.8
Lung/tracheal cancer - PYLL rate (age stnd. per 1,000)	2019 - 2023	**1.8**	**1.9**	2.0	2.0	1.1	0.9	2.1	1.8	**2.1**	2.1	1.4	3.1	2.1	1.8	0.8	2.7
Malignant neoplasms - PYLL rate (age stnd. per 1,000)	2019 - 2023	**10.8**	**11.7**	11.1	11.7	10.2	9.1	13.9	12.2	**13.3**	12.0	11.6	13.7	11.6	12.5	8.4	14.5
Motor vehicle accidents - PYLL rate (age stnd. per 1,000)	2019 - 2023	**1.0**	**0.8**	0.3	0.8	0.4	0.0	1.3	4.4	**0.5**	1.3	2.0	1.3	0.5	0.7	0.0	3.9
Diseases of the respiratory system - PYLL rate (age stnd. per 1,000)	2019 - 2023	**1.5**	**1.8**	1.8	1.0	1.4	0.8	2.5	7.2	**1.9**	1.9	0.6	3.5	1.5	3.0	2.1	3.5
Diseases of the digestive system - PYLL rate (age stnd. per 1,000)	2019 - 2023	**2.8**	**3.8**	3.5	3.0	3.7	1.5	4.2	2.3	**6.2**	3.4	2.4	7.5	3.8	4.3	13.6	10.1

Health Service Use Summary

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Complex Continuing Care																	
Home care visits (rate per 1,000 population aged 75+)	2023 - 2024	**N/D**	**5884.0**	5027.0	4380.0	3458.0	2534.0	5514.0	5705.0	**5337.0**	4908.0	3266.0	9407.0	5156.0	6370.0	1712.0	5586.0
Long term care beds (rate per 1,000 population aged 75+)	2023 - 2024	**N/D**	**55.0**	75.0	26.0	45.0	28.0	60.0	0.0	**51.0**	52.0	52.0	57.0	55.0	51.0	0.0	31.0
Home care clients (rate per 1,000 population aged 75+)	2023 - 2024	**N/D**	**187.5**	192.6	170.3	181.3	144.1	185.9	179.9	**226.5**	203.6	156.8	199.5	195.8	206.2	93.0	158.1
Home support clients (rate per 1,000 population aged 75+)	2023 - 2024	**N/D**	**83.4**	88.5	75.5	61.5	54.3	88.1	76.3	**90.9**	94.9	80.4	100.1	85.7	84.7	27.9	81.9
Home support hours (rate per 1,000 population aged 75+)	2023 - 2024	**N/D**	**22.0**	27.0	21.0	18.0	7.0	26.0	30.0	**25.0**	24.0	20.0	21.0	16.0	18.0	3.0	10.0
Emergency																	
Unscheduled emergency dept. or urgent care centre visits (rate per 1,000 pop.)	2023 - 2024	**N/D**	**462.0**	322.0	287.0	371.0	487.0	493.0	637.0	**776.0**	529.0	784.0	694.0	448.0	592.0	1462.0	1189.0
Unscheduled emergency dept. or urgent care centre visits (rate per 1,000 75+ pop.)	2023 - 2024	**N/D**	**719.0**	517.0	527.0	630.0	728.0	700.0	958.0	**1075.0**	743.0	1125.0	891.0	698.0	838.0	2633.0	1223.0
Primary Care																	
Population attached to physician (%)	2022 - 2023	**75.9**	**77.5**	72.7	74.8	80.9	80.2	80.2	77.9	**79.5**	79.3	83.3	75.0	80.9	82.6	81.3	70.7

Health Service Use Summary Cont'd

				LHAs													
				South Island HSDA				Central Island HSDA						North Island HSDA			
Indicator Description	**Time Period**	**BC**	**Island Health**	**411**	**412**	**413**	**414**	**421**	**422**	**423**	**424**	**425**	**426**	**431**	**432**	**433**	**434**
Hospital Inpatient Care																	
Acute care inpatient cases (age stnd. rate per 1,000 population)	2022 - 2023	**69.6**	**75.1**	65.3	73.6	65.6	64.3	87.9	112.5	**86.4**	85.6	70.2	108.4	72.3	88.2	79.4	109.8
Acute care inpatient cases (age stnd. rate per 1,000 population aged 75+)	2022 - 2023	**270.9**	**269.2**	252.5	329.0	270.0	233.9	283.9	391.7	**274.8**	273.3	240.0	317.8	272.0	286.0	186.6	254.3
Alternative level of care cases (age stnd. rate per 1,000 population)	2022-2023	**3.5**	**1.8**	2.2	1.9	1.1	0.9	1.8	0.6	**1.1**	1.4	1.1	4.4	1.4	1.5	0.0	0.9
Alternative level of care cases (age stnd. rate per 1,000 population 75+)	2022-2023	**34.1**	**17.1**	20.2	20.3	11.4	11.5	19.7	8.9	**15.8**	12.8	12.3	39.2	17.4	17.0	0.0	5.7
Acute care day cases (age stnd. rate per 1000 population)	2022-2023	**87.3**	**103.7**	76.1	85.0	84.0	65.3	81.3	125.6	**90.8**	85.8	82.2	89.0	90.8	96.3	92.2	79.9
Acute care day cases (age stnd. rate per 1000 population aged 75+)	2022-2023	**235.9**	**207.3**	183.8	203.3	224.2	186.5	207.1	306.2	**224.7**	211.6	227.8	205.4	215.0	199.1	128.7	130.4
Alternative level of care days (rate per 1,000 population)	2023-2024	**N/D**	**126.0**	158.0	59.0	140.0	94.0	94.0	47.0	**100.0**	87.0	109.0	124.0	156.0	221.0	173.0	176.0
Alternative level of care days (rate per 1,000 population 75+)	2023-2024	**N/D**	**744.0**	976.0	517.0	606.0	371.0	523.0	260.0	**514.0**	445.0	458.0	854.0	967.0	1568.0	1679.0	1380.0
Ambulatory care sensitive conditions (%)	2023 - 2024	**N/D**	**5.70**	6.10	5.90	5.30	4.30	5.60	6.90	**7.00**	5.10	4.40	7.00	5.80	6.10	7.60	4.90
Maternity acute care utilization (case rate per 1,000 population)	2022 - 2023	**8.8**	**7.2**	6.5	9.1	5.8	4.6	8.0	9.6	**7.9**	8.0	4.8	9.5	6.9	7.5	7.4	10.2
Psychiatry (dementia excluded) acute care utilization (case rate per 1,000 population)	2022 - 2023	**8.2**	**8.8**	8.8	6.8	6.0	6.7	9.3	13.0	**7.3**	10.7	7.9	14.3	7.2	10.6	9.8	12.1
MRI utilization - outpatient MRI exams (per 1000 population)	2023 - 2024	**N/D**	**57.7**	54.3	54.8	70.6	50.0	51.9	74.4	**59.4**	67.3	69.0	51.3	52.4	49.1	51.1	41.6

Population and Demographics, Data Sources

Population and Population Projection

Average Age: BC Statistics – P.E.O.P.L.E. 2024| Population Pyramid: BC Statistics - P.E.O.P.L.E. 2024 | Estimated Total Population - 2039: BC Statistics - P.E.O.P.L.E. 2024 | Estimated Population Change - 2039: BC Statistics - P.E.O.P.L.E. 2024 |10 Year Population Growth (%): BC Statistics - P.E.O.P.L.E. 2024 | Population aged 0-19 (%) - BC Statistics - P.E.O.P.L.E. 2024 | Population aged 20-44 (%) – BC Statistics - P.E.O.P.L.E. 2024| Population aged 45-64 (%) - BC Statistics - P.E.O.P.L.E. 2024 | Population aged 65-74(%) - BC Statistics - P.E.O.P.L.E.2024| Population aged 75 and over (%) - BC Statistics - P.E.O.P.L.E. 2024 | Percent growth of the 0-19 age group population in next 10 years - BC Statistics - P.E.O.P.L.E. 2024 | Percent growth of the 20-44 age group population in next 10 years – BC Statistics - P.E.O.P.L.E. 2024 | Percent growth of the 45-64 age group population in next 10 years - BC Statistics - P.E.O.P.L.E. 2024 | Percent growth of the 65-74 age group population in next 10 years - BC Statistics - P.E.O.P.L.E. 2024 | Percent growth of the 75+ age group population in next 10 years - BC Statistics - P.E.O.P.L.E. 2024

Age Demographics & Marital Status

Median Age of Population - Census, 2021 | Population where language spoken most often at home is not English or French (%) - Census, 2021 | Visible minority population (%) - Census, 2021 | Population in private households with Indigenous Identity (%) - Census, 2021 | Population aged 15 and over who are married (%) - Census, 2021 | Population aged 15 and over who are common-law (%) - Census, 2021 | Population aged 15 and over who are single, never married (%) - Census, 2021 | Population aged 15 and over who are widowed (%) - Census, 2021 | Population aged 15 and over who are separated or divorced (%) - Census, 2021

Migration and Immigrants

Immigrant population (%): Census, 2021 | Population migrating to area in the last 5 years (%): Census, 2021

Determinants of Health, Data Sources

Education & Employment

Population aged 25 to 64 with post-secondary certificate, diploma or degree (%) - Census, 2021 | Grade 12 completion among students entering Grade 12 for the first time (%) (2yr Agg) - Ministry of Education, 2022-2023 | Students completing high school within six years of enrollment in Grade 8 (%) (2yr Agg) - Ministry of Education, 2022-2023 | Population aged 15 and over who are unemployed (%): Census, 2021

Health Behaviours

Alcohol consumption (litres of absolute alcohol sold per person, 1L=58 standard drinks)- AOD: CISUR, 2023

Household

Dwellings rated as needing major repairs by renter or owner (%) - Census, 2021 | One-parent family households (% of census families with children) - Census, 2021 | Private households that are owner-occupied (%) - Census, 2021 | Private households with 5 or more persons (%) - Census, 2021 | Private households with multiple families (%) - Census, 2021 | Households (owned) spending more than 30% of income on housing (%) - Census, 2021 | Households (rented) spending more than 30% of income on housing (%) - Census, 2021

Income & Income Inequality

Median household total income ($) - Census, 2021 | Median one-parent family income ($) - Census, 2021 | Difference in median income comparing males and females aged 15 and over - Census, 2021 | Households (owned) spending more than 30% of income on housing (%) - Census, 2021 | Households (rented) spending more than 30% of income on housing (%) - Census, 2021 | Low income based on after-tax low income measure (%) - Census, 2021 | Low income based on after-tax low-income measure, ages 18 to 64 years (%) - Census, 2021 | Low income based on after-tax low-income measure, ages 65 years and over (%) - Census, 2021 | Low income based on after-tax low-income measure, ages less than 6 years (%) - Census, 2021 | Low income based on after-tax low-income measure, ages less than 18 years (%) - Census, 2021

Morbidity

Alcohol-related hospitalizations (age-standardized rate per 100,000) - CISUR, 2019 | Cannabis-related hospitalizations (age-standardized rate per 100,000) - CISUR, 2019 | Opioid-related hospitalizations (age-standardized rate per 100,000) - CISUR, 2019 | Tobacco-related hospitalizations (age-standardized rate per 100,000) - CISUR, 2019

Transportation

Employed population aged 15 and over walking, biking or busing to work (%) - Census, 2021

Child Health

Child Hospitalizations - Injury/Poisoning (rate per 1,000 aged 0 to 14) : Ministry of Health Ideas, 2022/2023 | Child hospitalizations - Respiratory Dis. (rate per 1,000 aged 0 to 14) Ministry of Health Ideas, 2022/2023 | Child Mental Diseases & Disorders Hospitalizations (rate per 1,000 aged 0-14) Ministry of Health Ideas, 2022/2023 | Youth Mental Diseases & Disorders Hospitalizations (rate per 1,000 aged 15-24): Ministry of Health Ideas, 2022/2023

Early Development

EDI: Kindergarten children rated as vulnerable for social development (%) - Early Development Instrument, 2019-2022 | EDI: Kindergarten children rated as vulnerable for communication development (%) - Early Development Instrument, 2019-2022 | EDI: Kindergarten children rated as vulnerable for emotional development (%) - Early Development Instrument, 2019-2022 | EDI: Kindergarten children rated as vulnerable for language development (%) - Early Development Instrument, 2019-2022 | EDI: Kindergarten children rated as vulnerable for physical development (%) - Early Development Instrument, 2019-2022 | EDI: Kindergarten children rated as vulnerable on one or more domains (%) - Early Development Instrument, 2019-2022 |

Protecting Children and Youth

Children and Youth in Care (rate per 1,000 children aged 0 to 18) - Ministry of Children and Family Development, 2023 | Children and Youth in Need of Protection (rate per 1,000 children aged 0 to 18) - Ministry of Children and Family Development, 2022

Health Status, Data Sources

Life Expectancy

Female Life Expectancy - Ministry of Health, 2021-2022 | Male Life Expectancy - Ministry of Health, 2021-2022| Life Expectancy - Ministry of Health, 2021-2022

Deaths

Mortality (age-standardized rate per 10,000) - Vital Statistics, 2024 | Mortality due to unintentional injuries (age-standardized rate per 10,000) - Vital Statistics, 2024 | Alcohol-related deaths (age standardized rate per 100,000) - CISUR, 2019 | Tobacco-related deaths (age-standardized rate per 100,000) - CISUR, 2019 | Unregulated Drug Deaths (crude rate per 100,000) - BC Coroner's Service, 2023

Health Matrix

Health System Matrix v.14: Healthy (%) - HSM v.14, 2024 | Health System Matrix: Adult (18+) Major Conditions (%) - HSM v.14, 2024 | Health System Matrix: Child and Youth (<18) Major Conditions (%) - HSM v.14, 2024 | Health System Matrix: Low Chronic Conditions (%) - HSM v.14, 2024 | Health System Matrix: Medium Chronic Conditions (%) - HSM v.14, 2024 | Health System Matrix: Severe Mental Health & Substance Use (%) - HSM v.14, 2024 | Health System Matrix: Maternity & Healthy Newborns (%) - HSM v.14, 2024 | Health System Matrix: Frail in Community (%) - HSM v.14, 2024 | Health System Matrix: High Chronic w/o Frailty (%) - HSM v.14, 2024 | Health System Matrix: High Chronic w/ Frailty (%) - HSM v.14, 2024 | Health System Matrix: Cancer (%) - HSM v.14, 2024 | Health System Matrix: Frail in Residential Care(%) - HSM v.14, 2024 | Health System Matrix: End of Life (%) - HSM v.14, 2024 |

Births

Live Birth Rate (rate per 1,000 population) - Vital Statistics/Ministry of Health, 2019-2023 | Stillbirths (rate per 1,000 births) - Vital Statistics/Ministry of Health, 2019-2023| Infant Mortality - deaths of infants under 1 year of age (rate per 1,000 live births) - Vital Statistics/Ministry of Health, 2019-2023 | Low Weight Births - less than 2,500 grams (rate per 1,000 live births) - Vital Statistics/Ministry of Health, 2019-2023 | Caesarean Sections (rate per 1,000 live births) - Vital Statistics/Ministry of Health, 2019-2023 | Pre-term Births - gestational age less than 37 weeks (rate per 1,000 live births) - Vital Statistics/Ministry of Health, 2019-2023 | Mothers under 20 - live births to mothers under 20 years of age (rate per 1,000 live births) – Vital Statistics/Ministry of Health, 2019-2023 | Mothers 35 and over - live births to mothers aged 35 and over (rate per 1,000 live births) - Vital Statistics/Ministry of Health, 2019-2023

Morbidity

Alzheimer's Disease and Other Dementia - Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Asthma - Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Chronic Kidney Disease – Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Chronic Obstructive Pulmonary Disease – Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Mood and Anxiety Disorders – Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Depression - Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Diabetes - Prevalence (age-standardized rate per 1,000) - MoH – Chronic Disease Registries, 2022-2023 | Heart Failure - Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Hypertension - Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Ischemic Heart Disease - Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Osteoarthritis - Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Episodic Asthma - Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Episodic Depression - Prevalence (age-standardized rate per 1,000) -

MoH - Chronic Disease Registries, 2022-2023 | Episodic Mood & Anxiety Disorders - Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023 | Schizophrenia & Delusional Disorders - Prevalence (age-standardized rate per 1,000) - MoH - Chronic Disease Registries, 2022-2023

Complex Continuing Care

Home Care Visits (rate per 1,000 population) - Island Health - Ideas, 2023/2024 | Home Care Visits (rate per 1,000 population aged 75 and over) - Island Health - Ideas, 2023/2024 | Long-Term Care Beds (rate per 1,000 population aged 75 and over) - Island Health - Ideas, 2023/2024 | Home Care Clients (rate per 1,000 population aged 75 and over) - Island Health - Ideas, 2023/2024 | Home Support Clients (rate per 1,000 population) - Island Health – Ideas, 2023/2024 | Home Support Clients (rate per 1,000 population aged 75 and over) – Island Health - Ideas, 2023/2024 | Home Support Hours (rate per 1,000 population) - Island Health - Ideas, 2023/2024 | Home Support Hours (rate per 1,000 population aged 75 and over) - Island Health - Ideas, 2023/2024

Emergency

Unscheduled Emergency Department or Urgent Care Centre visits (rate per 1,000 population) - Island Health - Ideas, 2023/2024 | Unscheduled Emergency Department or Urgent Care Centre visits for 75+ (rate per 1,000 75+ population) - Island Health - Ideas, 2023/2024

Hospital Day Care

Acute Care Day Cases (age-standardized rate per 1,000 population) - Ministry of Health Ideas, 2022/2023 | Acute Care Day Cases (age-standardized rate per 1,000 population aged 75 and over) - Ministry of Health Ideas, 2022/2023

Primary Care

Population attached to physician at the practice level (%) - Ministry of Health, 2022-2023

Potential Years of Life Lost

Accidental Falls - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | All Cause Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Arteries, arterioles and capillaries - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 Cerebrovascular diseases - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Chronic lower respiratory diseases - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Circulatory system - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Diabetes - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Diseases of the digestive system - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending2019-2023 | Diseases of the respiratory system - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Endocrine, nutritional and metabolic diseases - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Influenza and pneumonia - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Ischemic heart diseases – Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Lung/tracheal Cancer - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Malignant neoplasms - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Motor vehicle accidents - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023 | Suicide - Potential Years of Life Lost rate (age standardized per 1,000): Vital Statistics, Calendar year ending 2019-2023

Hospital Inpatient Care

Acute Care Inpatient Cases (age-standardized rate per 1,000 population aged 75 and over) - Ministry of Health Ideas, 2022/2023 | Alternative Level of Care Cases (age-standardized rate per 1,000 population) – Ministry of Health Ideas, 2022/2023 | Alternative Level of Care Cases (age-standardized rate per 1,000 population aged 75 and over) – Ministry of Health Ideas, 2022/2023 | Acute care day cases (age-standardized rate per 1,000 population) – Ministry of Health Ideas, 2022/2023 | Acute care day cases (age-standardized rate per 1,000 population aged 75+) – Ministry of Health Ideas, 2022/2023 | Alternative Level of Care Days (age-standardized rate per 1,000 population) - Ministry of Health Ideas, 2022/2023 | Alternative Level of Care Days (age-standardized rate per 1,000 population aged 75 and over) - Ministry of Health Ideas, 2022/2023 | Ambulatory Care Sensitive conditions (%) - Island Health - Ideas, 2023/2024 | Maternity Acute Care Utilization (case rate per 1,000 population) - Ministry of Health Ideas, 2022/2023 | Psychiatry (Dementia excluded) Acute Care Utilization (case rate per 1,000 population) - Ministry of Health Ideas, 2022/2023 | MRI Utilization – Outpatient MRI Exams (rate per 1,000 population) - Island Health, 2023/2024