The ICF Framework¹ and the F-Words²

Body Structure and Function



Everyone needs to stay fit and healthy, including me! Help me find ways to keep fit.

Fitness

Activity



I might do things differently but I CAN do them. How I do it is not important. Please let me try!

Functioning

Participation



Having friends is important. Please give me opportunities to make friends with my peers.

Friends

Environmental Factors



They know me best and I trust them to do what's best for me. Listen to them. Talk to them. Hear them. Respect them.

Family

Personal Factors



Life is about having fun. Please help me do the activities that I find the most fun.

Fun

Future

I will grow up one day, so please find ways for me to develop independence and be included in my community.

For more information visit the F-words Knowledge Hub: www.canchild.ca/f-words



± 0000 - \$

- 1) World Health Organization. (2001) International Classification of Functioning, Disability and Health (ICF)
- 2) Rosenbaum P & Gorter JW. (2012). The 'F-words' in childhood disability: I swear this is how we should think! *Child Care Health Dev*; 38.