



BC PROVINCIAL OVERDOSE ALERT

INCREASED DRUG TOXICITY REPORTED ACROSS BC (BOTH STIMULANTS & DOWN)

- Severe overdoses related to **smoking** down and stimulants due to the rapid onset of effects
- Record number of fatal and non-fatal overdoses through **smoking and injecting drugs** in May and June 2020
- Recent increase of **Carfentanyl** and **Etizolam** in illicit drug supply

PLEASE BE SAFE AND TAKE CARE OF EACH OTHER:

1) Don't use alone

- Use at an Overdose Prevention Site, if you can, [FIND AN OPS](#)
- Buddy up when using; ask someone to check on you

2) Get your drugs checked at an Overdose Prevention Site, [FIND A SITE](#)

3) Carry a naloxone kit; know how to use it [FIND A SITE](#). Call ahead for hours

4) Talk to your doctor about prescription alternatives to the toxic drug supply. Click [here](#) for more info

Check your Health Authority website for local alerts

To **FIND AN OPS**: <https://www.stopoverdose.gov.bc.ca/theweekly/overdose-prevention-sites-supervised-consumption-services-drug-checking>

To **FIND A NALOXONE SITE**: towardtheheart.com/site-finder

More info on **accessing prescriptions**: <https://www.bccsu.ca/wp-content/uploads/2020/04/Postcard-COVID-v2.pdf>

For more information on ways to **stay safe while using substances during COVID-19** please check: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/priority-populations/people-who-use-substances>

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(remove by Aug 24, 2020)

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THE heart.com
BCCDC HARM REDUCTION SERVICES

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