

WEST COAST EATING DISORDERS REFERRAL PATHWAY

Youth

Adults

Nanaimo Pediatric ED Group

Ages <17 y.o. & their families
 Nutritional counselling
 Family Support & Facilitation of Counselling/Community Services
 Parent Support/ Education Groups
 Medical monitoring
 Referral from GP/NP or healthcare professional (*referral form available on Pathways or by contacting clinic*):
 fax 250-739-5855
 Phone: 250-739-5853
 Must attend in person at Pediatric Ambulatory Health Clinic, Nanaimo Regional General Hospital, 1200 Dufferin Crescent

Child and Youth Mental Health

<19 y.o. & their families
 Individual & Family Based Therapy
 Parent Support
 Open Referral:
 Phone: 250-720-2650 (option 1, ask for CYMH Intake Worker) or 1-866-823-4249
 Fax: 250-720-2626

Telehealth Psychiatrist

Eating Disorder Consultation via telehealth
 Referral required from GP/NP
 Fax: 250-370-8199

Outpatient Dietitian

Nutritional Counselling
 Appointments via Telehealth
 Open Referral:
 Phone: 250-739-5854
 Fax: 250-739-5855

Mental Health & Substance Use-ASTAT

Individual Counselling
 Open referral:
 Phone: 250-726-1282
 Fax: 250-726-2681
 272 Main St., Uclulet, BC

Provincial Specialized Eating Disorders Programs

BC Children's Hospital Provincial Specialized Eating Disorders Program (≤17 y.o.)

Looking Glass Residence – Residential Treatment Program (16-24 y.o.)

Provincial Adult Tertiary & Specialized Eating Disorders Program at St. Paul's Hospital (≥17 y.o.)