



THE SUMMIT

CARE RESIDENCE AT QUADRA VILLAGE

Resident & Family Newsletter Issue #6

November 2019

New Move Day April 24th, 25th!

As you many know, we have recently made the difficult decision to delay the move to the Summit until April 2020. We want everyone to know that we are working hard to ensure the best experience for all residents, families, staff, physicians and volunteers. Right now this means working with the CHRD to make sure the building is ready for us.

We recognize that this change may affect family members in supporting their loved one for the move, and we appreciate your patience and consideration. We are committed to keeping you up to date with as much information as possible, to aid in your planning.

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A Holiday Message from Tim and Carmela



Christmas is a time to reflect on and appreciate the blessings we have in life. We are particularly blessed to work with such great leaders and staff in long-term care and we want to thank each and every one of you for the positive impacts you make in the lives of residents and their families every day.

2020 will be a big year for Mt. Tolmie Hospital and Oak Bay Lodge and we are truly grateful to have such a wonderful team that will help us make the transition to The Summit the best it can be.

Best wishes for the holiday season, Merry Christmas, and may 2020 bring you peace, happiness and fulfilment.

~ Tim Orr, Director, Long-Term Care

~ Carmela Veza, Operations Director, Long-Term Care

Thank you!

Thank you to everyone who attended our Summit Information Sessions in November. We hope you found them helpful and informative.

For anyone who missed it, please check the Summit Internet page for an updated FAQ document, as well as a wonderful video all about the Summit, that we saw during the sessions.

<https://www.islandhealth.ca/our-locations/long-term-care-locations/summit>

QUESTIONS? WANT MORE INFORMATION? PLEASE CONTACT:

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OR VISIT: www.islandhealth.ca/thesummit

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Looking Ahead:

Therapy and Activities

We are striving to continue the most popular programs and are working hard to maintain many of the current offerings both MTH and OBL enjoy. The new building will be much bigger so there will be some challenges hosting large group activities; however, we are still planning to have some building wide events in the evenings and on weekends. We are organizing paid entertainment for each floor once per week and there will be a therapy team assigned to each floor as well. The therapy team will have an Occupational Therapist who will provide assessment and recommendations for safety, equipment, positioning and standing/walking as appropriate. We will also have exercise classes. The rest of the therapy team will include Recreation Therapists, Activity workers and Rehab assistants. We promise to provide a busy, eventful calendar at the Summit!

What will the move be like?

We had lots of questions at the Information Sessions about what the move will actually be like for residents and for families.

The Summit move planning team has been working closely with a company called Health Care Relocations, to plan and coordinate the move day. This is the same company that helped us move Mt. Edwards Court and the Central Care Home into The Heights at Mt. View, as well as into the Patient Care Center at Royal Jubilee Hospital, and many other moves. We are confident our hard work will pay off, and we will all experience a smooth transition!

You can learn more about Health Care Relocations at their website, here <http://hcr-moves.com/>

We have also created a Move Day Informational Brochure, which can be found at your current site, or on our website:

<https://www.islandhealth.ca/our-locations/long-term-care-locations/summit>

The Summit Vision:

To deliver quality driven, resident focused care in an environment that is home-like, welcoming and inclusive for our Residents and their Families, Staff and Physicians.

- Staff, Physicians and Volunteers feel supported, safe, and engaged
- The Summit is a great place to work and learn
- Residents enjoy a calm environment to live
- Residents have a strong sense of dignity and wellbeing
- Care goals are supported by best-practice, collaborative care planning, and technology/equipment
- Care teams deliver cohesive and holistic quality care

Resident Rooms



Room Information:

- Rooms are 21.7 square meters
- All rooms are private, single occupant
- Each room has its own ensuite bathroom with shower
- There will be a bedside table, a wardrobe, a chair and a bed in each room
- Overhead lifts cover 100% of the room
- Each room has individual temperature control