

OCEANSIDE EATING DISORDERS SERVICES

Youth

Adults

Nanaimo Pediatric ED Group

Ages <17 y.o.
 Nutritional Counselling
 Family Support & Facilitation of Counselling/Community Services
 Parent Support & Education Groups
 Medical Monitoring
 Referral required from GP/NP or Healthcare Professional (*Referral Form available on Pathways or by contacting the Clinic*)
 Phone: 250-739-5853
 Fax: 250-739-5855
 Pediatric Ambulatory Health Clinic, Nanaimo Regional General Hospital, 1200 Dufferin Crescent

Child & Youth Mental Health

<19 y.o. & their families
 Individual & Family Based Therapy
 Parent Support
 Open Referral:
 Walk-in Intake Tuesday 9:00-3:30
 Phone: 250-954-4737 (press 1)
 Fax: 250-248-8974
 494 Bay Ave, Parksville

Eating Disorder Psychiatric Consultation

Provided by Telehealth
 Referral required from GP/NP:
 Fax: 1-250-370-8199

Outpatient Dietitian

Nutritional Assessment & Counselling
 Dietitian will work concurrently with ASTAT counsellor
 Referral required from GP/NP or specialist
 Phone: 250 739 5751 (55748)
 Fax: 250-951-9575
 489 Alberni Hwy, Parksville

Oceanside Health Center ASTAT

Individual Counselling
 Counsellor will work concurrently with dietitian
 Referral required from GP/NP or specialist
 Phone: 250 739 5751 (55748)
 Fax: 250 951 9575
 489 Alberni Hwy, Parksville

Provincial Specialized Eating Disorders Programs

BC Children's Hospital Provincial Specialized Eating Disorders Program (≤17 y.o.)

Looking Glass Residence – Residential Treatment Program (16-24 y.o.)

Provincial Adult Tertiary & Specialized Eating Disorders Program at St. Paul's Hospital (≥17 y.o.)