

NANAIMO AREA EATING DISORDERS RESOURCES

Youth

Adults

Nanaimo Pediatric Eating Disorders Group

For those ages <17 y.o. & their families

Nutritional Counselling

Family Support & Facilitation of Counselling/Community Services

Parent Support & Education Groups

Medical monitoring with a Pediatrician

Referral from GP/NP or healthcare professional (*referral form available on Pathways or by contacting clinic*):

Fax: 250-739-5855
Phone: 250-739-5853

Pediatric Ambulatory Health Clinic at Nanaimo Regional General Hospital, 1200 Dufferin Crescent

NARSF Programs Ltd. Eating Disorder Program

For those ≤ 19 y.o. & their families

Individual & family counselling

Open Referral:

Phone 250-754-2773 xtn 213

Referral form available on website for GPs or healthcare professionals:

<http://www.narsf.org/child-family-programs/eating-disorders-program-edp/>

Fax: 250-754-1605
202 - 190 Wallace St, Nanaimo BC

Telehealth Psychiatrist

Psychiatric Eating Disorder Consultation via telehealth

Referral from GP/NP required

Fax: 1-250-370-8199

Outpatient Dietitian

Nutritional Counselling

Open Referral:

Phone: 250-739-5854
Fax: 250-739-5855

3151 Barons Rd, Nanaimo BC

Mental Health & Substance Use

Individual therapy

Referral through Intake, Crisis Counselling Clinic, GP/NP or psychiatrist:

Phone: 250-755-7910

Short Term Assessment & Treatment (ASTAT) team

3151 Barons Rd, Nanaimo BC

Nanaimo Crisis Counselling Clinic

Walk-in single session therapy

No referral or appointment required

Offers intake for MHSU therapy services

Phone: 250-739-5710
203-2000 Island Highway N. Nanaimo BC

Provincial Specialized Eating Disorders Programs

BC Children's Hospital Provincial Specialized Eating Disorders Program (≤17 y.o.)

Looking Glass Residence Residential Treatment Program (16-24 y.o.)

Provincial Adult Tertiary & Specialized Eating Disorders Program at St. Paul's Hospital (≥17 y.o.)