Youth

Adults

Nanaimo Pediatric ED Group

Ages <17 y.o. & their families

Nutritional Counselling

Family Support & facilitation of Counselling/Community Services

Parent Support/Education

Medical Monitoring

Referral from GP/NP or healthcare professional (referral form available on Pathways or by contacting clinic):

Fax: 250-739-5855

Phone: 250-739-5853

Pediatric Ambulatory Health Clinic, Nanaimo Regional General Hospital, 1200 Dufferin Crescent

Child & Youth Mental Health

<19 y.o. & their families

Individual & Family Based Therapy

Parent Support

Open Referral:

Walk-in Intake: Wed 9:00-11:00 & 1:00-3:30

Phone: 250-720-2650 (option 1, ask for CYMH Intake Worker)

Fax: 250-720-2626 4088 8 Ave, Port

Alberni

Telehealth Psychiatrist

Youth & Adults

Eating Disorder Consultation via telehealth

Referral from GP/NP required

Fax: 1-250-370-8199

Outpatient Dietitian

Nutritional Counselling

Appointments via telehealth or in person at 3151 Baron's Rd, Nanaimo

Open Referral:

Phone: 250-739-5854

Fax: 250-739-

5855

Mental Health & Substance Use - ASTAT

Individual Counselling

Open Referral:

Walk-in Intake: M-F 10:00-12:00 & 1:00-3:00

Phone: 250-731-1311 xtn 41675

Fax: 250-731-1312

4780 Roger St., Port Alberni

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Provincial Specialized Eating Disorders Programs

