

# SOUTH ISLAND EATING DISORDER PROGRAM

#302 – 2955 Jutland Rd, Victoria, BC

## Catchment:

Victoria to South  
Malahat & Gulf  
Islands

### Open Referral

Ph: 250-387-0000

Fax: 250-387-0002

>19 years of age

≤19 years of age

Attend  
Information  
Session

Intake



## Groups

- Connect the Dots (DBT)
- Radically Open-Dialectical Behavioral Therapy (RO-DBT)
- Feed the Need (CBT)
- Foundations for Recovery
- Skills for Caregivers
- Note to Self (youth)

## Multidisciplinary Team

- Family Based Therapy
- Dietitians
- Clinical Counsellors
- Psychiatrist
- Pediatricians
- Medical Doctors
- Social Workers

Provincial Specialized Eating

Disorder Programs

BC Children's Hospital Provincial Specialized Eating Disorders Program (≤17 y.o.)

Looking Glass Residence- Residential Treatment Program (16-24 y.o.)

Provincial Adult Tertiary & Specialized Eating Disorders Program at St. Paul's Hospital (≥17 y.o.)