

YOU CAN

HELP IMPROVE HEALTHCARE IN THE COWICHAN VALLEY

LET'S TALK

Local health teams need your feedback to redesign key services and create better care journeys.

HOW TO
AGE WELL
AND BUILD
RESILIENCY

IMPROVING
END-OF-LIFE CARE
EXPERIENCES

NAVIGATING
COPD
SERVICES

JOIN A GROUP DISCUSSION

- Participate by phone or in-person
- One-time commitment, 2-3 hours
- Lunch provided
- Flexible dates in November



Email newcdh@viha.ca or call 250-370-8897 for details.

