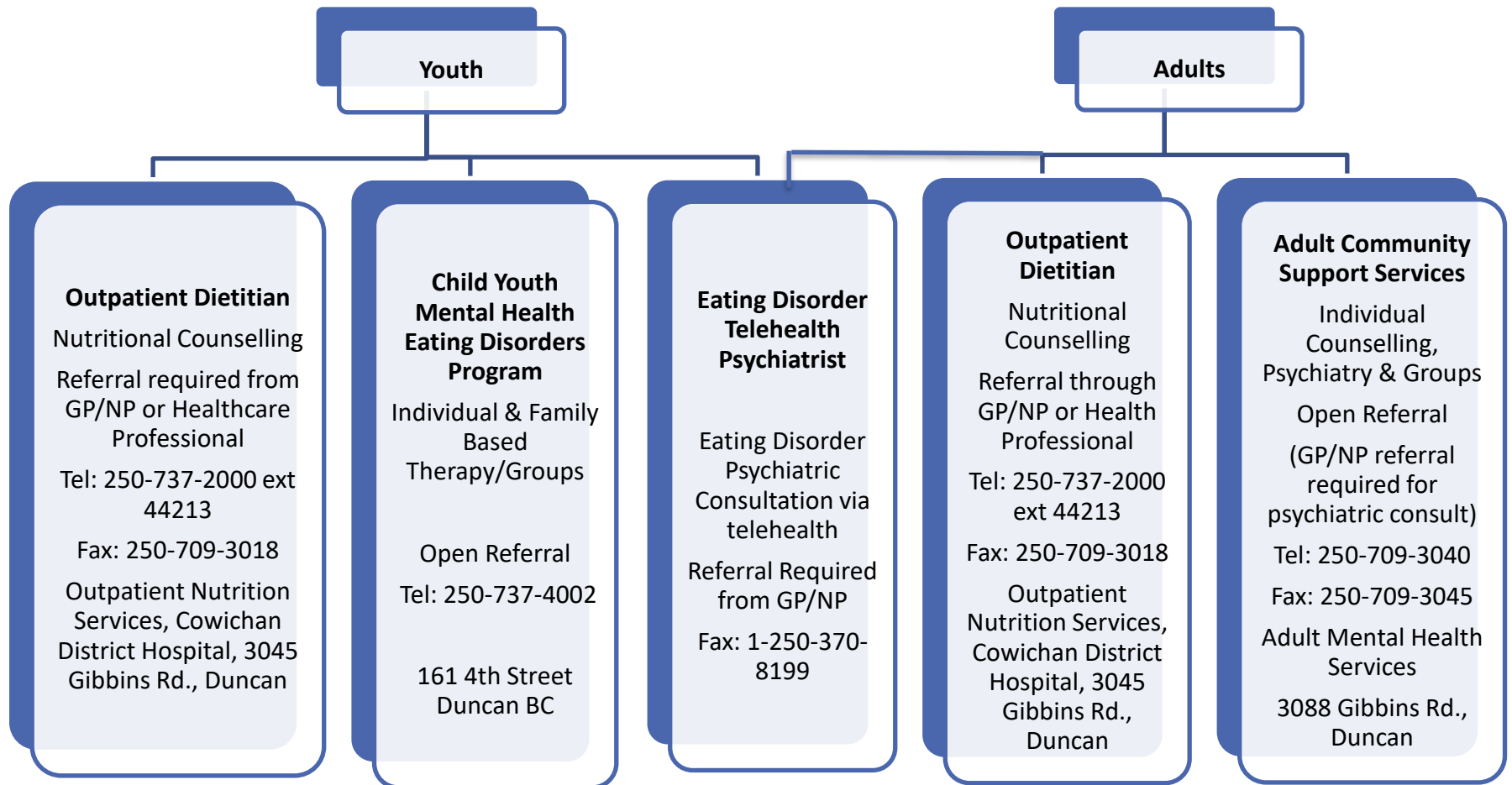


# COWICHAN VALLEY EATING DISORDERS SERVICES



**Outpatient Dietitian**  
 Nutritional Counselling  
 Referral required from GP/NP or Healthcare Professional  
 Tel: 250-737-2000 ext 44213  
 Fax: 250-709-3018  
 Outpatient Nutrition Services, Cowichan District Hospital, 3045 Gibbins Rd., Duncan

**Child Youth Mental Health Eating Disorders Program**  
 Individual & Family Based Therapy/Groups  
 Open Referral  
 Tel: 250-737-4002  
 161 4th Street  
 Duncan BC

**Eating Disorder Telehealth Psychiatrist**  
 Eating Disorder Psychiatric Consultation via telehealth  
 Referral Required from GP/NP  
 Fax: 1-250-370-8199

**Outpatient Dietitian**  
 Nutritional Counselling  
 Referral through GP/NP or Health Professional  
 Tel: 250-737-2000 ext 44213  
 Fax: 250-709-3018  
 Outpatient Nutrition Services, Cowichan District Hospital, 3045 Gibbins Rd., Duncan

**Adult Community Support Services**  
 Individual Counselling, Psychiatry & Groups  
 Open Referral (GP/NP referral required for psychiatric consult)  
 Tel: 250-709-3040  
 Fax: 250-709-3045  
 Adult Mental Health Services  
 3088 Gibbins Rd., Duncan

## Provincial Specialized Eating Disorders Programs

BC Children’s Hospital Provincial Specialized Eating Disorders Program (≤ 17 y.o.)

Looking Glass Residence – Residential Treatment Program (16-24 y.o.)

Provincial Adult Tertiary & Specialized Eating Disorders Program at St. Paul’s Hospital (≥17 y.o.)