


# Island Health Performance Measures

## Hospitalizations, Age 75+



<b>Year to Date Performance</b>	<b>285 (2017/18)</b>	<b>Performance Assessment</b>	 <b>Green</b>
<b>Island Health Target</b>	<b>Less than or equal to 292 (2017/18)</b>	Performance is within the acceptable range; continue to monitor.	

### What do we measure and why?

The Hospitalizations, Age 75+ rate measures the number of discharged patients per 1,000 population aged 75 years and older who stayed at least one night in hospital. This measure is calculated and reported by the BC Ministry of Health.

Hospitalization rate is an important indicator of hospital activities, and allows comparison of acute hospital services utilization by Island Health residents over time. Hospital activities are affected by a number of factors, including the demand for hospital services, the capacity of hospitals to treat patients, the ability of the primary care sector to prevent avoidable hospital admissions, and the availability of post-acute care settings to provide rehabilitative and long-term care services.

This measure is an important indicator of illness in the population, the utilization of inpatient hospital services over time, and the effectiveness of primary health care. Improvements in primary and community care will hopefully be reflected by decreases in the acute hospitalization rate.

### What is the target?

Island Health's target for 2017/18 was less than or equal to 292.

The target for 2018/19 is less than or equal to 285, which represents an improvement over 2017/18's rate.

### How are we doing?

Island Health's hospitalization rate for discharged patients per 1,000 population aged 75 years and older was 285 per 1000 in 2017/18, which met the target.

The rate has remained between 285 and 300 over the past five fiscal years, with recent years showing a moderately declining/improving trend.

Hospitalization rates are typically higher among North Vancouver Island residents.

### What actions are we taking?

Leadership across Island Health's geographies and hospitals work together on plans to ensure regional alignment and collaboration, including initiatives to align community physicians, allied health professionals, case management professionals, seniors, and intake resources to identify alternatives to hospital care.

Work is also underway to improve communication and partnerships among general/family practice physicians and hospitalists in an effort to reduce readmissions.

As work continues on enhancing primary and community care across Island Health, we anticipate future long-term reductions in this rate.