


Year to Date Performance	13.4%	Performance Assessment	 Red
Island Health Target	Less than or equal to 12.3%	Performance is significantly outside acceptable range; take action and monitor progress.	

What do we measure and why?

In general, if a patient is admitted to hospital within 30 days of a previous hospital stay for the same problem, it suggests that they might not have received all of the care they needed while in hospital and/or after discharge.

This indicator reports the percentage of hospital inpatient stays by residents of Island Health for mental illness and/or substance use that were within 30 days of a previous inpatient stay for the same reason by the same person.

Readmission to inpatient care may be an indicator of relapse or complications after an inpatient stay.

For people living with mental illness, the goal of inpatient care is to stabilize serious and active expressions of the illness. Once stabilized, the individual is discharged and subsequent care and support are ideally provided through outpatient and community programs to prevent relapse and other complications.

What is the target?

The target for 2018/19 is that 12.3% or less of inpatients with a mental illness and/or substance use are readmitted within 30 days. This target is set by the BC Ministry of Health.

How are we doing?

From April to December 2018, 13.4% of patients with a mental illness and/or substance use were readmitted to hospital within 30 days, which did not meet the target.

There is variation by hospital. Royal Jubilee Hospital and Nanaimo Regional General Hospital have the most patients with mental illness/substance use, and changes at these facilities have the greatest impact on the overall average.

What actions are we taking?

Island Health is focused on strengthening community-based services for patients following discharge from hospital. This includes:

- comprehensive discharge planning;
- individual care plans for patients who seek care frequently at emergency departments;
- linking patients to community and peer services;
- follow-up contact within seven days of discharge from Nanaimo Regional General Hospital; and,
- creation of the Support for Addictions through Management of Independence (SAMI) team on southern Vancouver Island.