

## Additional Resources

Home and Community Care (Island Health Central Intake)	250-739-5749
H'ulh-etun Health Society (Chemainus)	250-246-2127
Patient Experience	250-740-6933 ext. 56933
Red Cross	250-756-9363
Snaw-Naw-as First Nation Health Centre (Nanoose)	250-933-6996
Snuneymuxw First Nation Health Office (Nanaimo) <i>Nurse:</i>	250-740-2337 250-713-9937
Stz'uminus FN Health Centre (Ladysmith)	250-245-8551
Ts'ewulhtun Health Centre (Cowichan)	250-746-6184

### Benefits

First Nations Health Authority	1-800-317-7878
Inter-Tribal Health Authority	1-877-777-4842
Nuu-Chah-Nulth Tribal Council Health Benefits	1-888-407-4888
FNHA Pharmacy Health Benefits	1-855-550-5454

### Aboriginal Liaison Nurses

Duncan/Cowichan	250-709-8204
Port Alberni	250-735-4319
Victoria	250-480-8333
Victoria	250-812-1464

### Food Services

Loaves & Fishes Food Bank	250-754-8347
Salvation Army Community Svcs.	250-754-2621

Updated: FEB 27, 2019

## Island Health Complaints/Concerns

1-877-977-5797

### Supports and Services

BC Aboriginal Network on Disability Society (BCANDS)	1-888-815-5511
Tillicum Lelum Aboriginal Friendship Centre	250-753-8291
Tillicum Lelum Aboriginal Health Centre	250-753-6578
Wheels for Wellness (Transportation)	250-338-0196

### Nurse Navigators FNHA

Joy Phillips Coast Salish Territories	778-678-9067
Larisa McGregor Kwakwaka'wakw Territories	250-230-1503
Benedict Leonard Nuuchah-nulth Tribal Council	250-731-5392

### CRISIS LINES/SUPPORT SERVICES

KUU-US Toll-Free Crisis Line 24/7 <i>Adults:</i> <i>Youth:</i>	1-800-588-8717 250-723-4050 250-723-2040
Crisis Pregnancy Centre	250-714-2191
First Nation RCMP	250-754-2345
Haven House Crisis Line & Transition House (Women, families, youth) <i>Main Office:</i>	250-756-0616 250-756-2452
The Salvation Army (Hope Centre)	250-714-1142
Vancouver Island Crisis Line 24/7	250-754-4447

[www.tillicumlelum.ca](http://www.tillicumlelum.ca)

<https://www.islandhealth.ca/our-services/aboriginal-health-services/aboriginal-liaison-nurses>



Nanaimo



# WELCOME

To support culturally appropriate care for Aboriginal patients, Island Health is pleased to connect you with an Aboriginal Liaison Nurse upon request.

Patients, family and friends can request a referral to the Aboriginal Liaison Nurse before or during a hospital stay.

## Aboriginal Liaison Nurses can help by:

- ◆ Providing emotional support and advocacy
- ◆ Explaining health care information
- ◆ Working with hospital staff, patients, family and health professionals in community to support clear communication and discharge planning
- ◆ Supporting holistic care including physical, emotional and spiritual
- ◆ Identifying eligibility and access to First Nation Health Benefits
- ◆ Assist in patient care planning with hospital staff and health professionals in community
- ◆ Referring patients and families to spiritual care upon request

Aboriginal Liaison Nurses work together with Status and Non-Status Aboriginal, Inuit and Métis communities to maintain and improve the health of Aboriginal people.



## Things to know:

- ◆ Please bring your Personal Health Number (formerly BC Care Card) and Status Card.
- ◆ Check with your Band and/or Patient Travel Clerk as soon as possible to see if you are eligible for medical coverage,
- ◆ Please let us know how we can make your hospital stay more comfortable.



## Central Island Aboriginal Liaison Nurse

**Carol RN, BSc**

Office 250 755-7591 Ext 52095

Cell: 250-741-4234

## Referrals Welcome

### Office Hours

Monday-Thursday; Alternating Fridays

9:00am - 5:00pm

Office Location NRGH 1003B  
(Across from Code Brew)

Thank You

## Connecting Care and Culture

The Aboriginal Liaison Nurse represents a partnership between Tillicum Lelum Aboriginal Friendship Centre and Island Health.

Tillicum Lelum Aboriginal Friendship Centre provides a wide variety of programs, special cultural events and activities in the community.

Adult Learning, Building Better Babies, Health Nurses, Child and Youth Therapist, Family Support Workers, Youth Programs and Men's Wellness are just a few of the services available.

For more information, call **250-753-6578**, fax 250-754-1390 or visit us online at [www.tillicumlelum.ca](http://www.tillicumlelum.ca)