

**Teliah Vollick, ALN**

Cell 250-974-8314  
Cormorant Island Community Health Centre  
Alert Bay  
250-974-05585 Ext. 2184

**Juliet Bullock, ALN**

Cell 250-830-8865  
Campbell River Hospital  
250-850-2604

**Laurel Anderson, ALN**

Cell 250-650-5714  
St. Joseph's General Hospital, Comox  
250-890-3810 Ext. 61044

**Vanessa Gallic, ALN**

Cell 250-735-4319  
West Coast General Hospital, Port Alberni  
250-731-1370 Ext. 48109

**Carol Nelson, ALN**

Cell 250-741-4234  
Nanaimo General Hospital  
250-755-7691 Ext. 52095

**Helen Dunlop, ALN**

Cell 250-709-8204  
Cowichan Tribes  
5760 Allenby Road, Duncan  
250-746-6184 Ext. 321

**April Nelson, Care Transition Nurse**

Cell 250-735-1014  
Tofino General Hospital  
250-725-4010 Ext. 64143

**Monique Pat, ALN**

Cell 250-480-8333  
Royal Jubilee Hospital/Victoria General Hospital  
250-519-1905  
Jeneece Place 250-479-9908

**Cathy Condy, ALN**

Cell 250-812-1464  
Royal Jubilee Hospital/Victoria General Hospital  
250-370-8847  
Jeneece Place 250-479-9908

**Mainland Hospitals**

BC Women's 604-875-2424  
BC Children's 604-875-2345  
Vancouver General 604-875-4111  
St. Paul's Hospital (Vancouver) 604-682-2344

**Travel Information**

*For Transportation to medical appointments that are MORE than 75 km from your home:*  
Wheels for Wellness 250-338-0196  
Local Transit Bus Info 250-956-3151  
Inter-Tribal Health Authority 1-877-777-4842  
First Nations Health Benefits 1-800-317-7878

**MW Health Services General Inquiries**

Phone 1-855-902-6048  
Text 250-230-6048

**Port Hardy**

Mental Health & Substance Use 250-902-6051  
Public Health 250-902-6071  
North Island Building Blocks 250-230-1132  
Sacred Wolf Friendship Centre 250-902-0552

**Port McNeill**

Mental Health & Substance Use 250-956-4461  
Public Health 250-956-4711

**Alert Bay**

'Namgis Health Centre 250-974-5522  
'Namgis Doctor's Office 250-974-5520  
'Namgis Dental Clinic 250-974-5205  
Mental Health & Substance Use 250-974-5522

**Mount Waddington Regional Services**

Vancouver Island Crisis Line 1-888-494-3888  
Crisis Text Service 250-800-3806  
Crisis Centre & Counselling 250-949-8333  
Positive Wellness 250-230-1596

**First Nations Health Centres**

Gwa'sala-"Nakwaxda'xw 250-949-8131  
Quatsino 250-949-7161  
Kwakiutl (Fort Rupert) 250-949-6625  
Gwa'yi (Kingcome) 250-974-5543  
Kwikwasut'inuxw Haxwa'mis (Gilford Island)  
250-974-3001  
Wukinukv (Rivers Inlet) 250-949-8625

**Aboriginal Health  
Liaison Nurse  
Mount Waddington**



**VACANT  
Aboriginal Liaison Nurse**

**Port Hardy Hospital  
9120 Granville Street,  
Port Hardy, BC  
V0N-2P0**

**Cell: 250-949-0340  
Phone: 250-902-6011  
Ext. 66985  
Fax: 250-902-6030**

## Office Hours

Tuesday - Friday  
8:30 am - 4:30 pm

## REFERRALS WELCOME

### We respect your privacy and confidentiality.

Island Health takes measures to ensure that your personal information is treated in a confidential manner according to the Freedom of Information & Protection of Privacy Act. We will only share the necessary and relevant information for the purposes of ongoing care and needs.

Health care professionals have a responsibility to report risks to the health or safety of patients or others.

### You have the right to:

Know that your information is kept confidential.

Make a complaint and know that you will still get care and be treated fairly.

Say yes or no to services.

Be treated in a culturally safe and respectful way.



## Things to know

- Bring your BC Care Card and Status Card.
- Bring a list of your medications that you are taking including prescription and non-prescription.
- Check with your Band prior to hospitalization to see if you are eligible for travel assistance or support for meals and accommodation. For those who qualify, assistance may be available from their Band or through First Nations Health Benefits.
- Before you see the doctor write down your questions to jog your memory.



## Ways the Aboriginal Liaison Nurse can help you and your family

- Advocate on your behalf.
- Visit and provide support and information to you and your family members
- Explain health care issues and help find answers to your questions. ALNs support you in making informed decisions.
- With your approval keep family and caregivers up-to-date on your health care status.
- Support consultation with doctors, specialists, hospital staff, and other care providers. Will assist you to contact other appropriate community resources for further support, if and when needed.
- Help you to navigate the system if you have a complaint.
- Connect you with an Elder for spiritual and emotional support. May assist with other cultural needs as requested.