

Helpful Contacts

Aboriginal Affairs & Northern
Development Canada
(INAC)
1-800-665-9320

First Nations Health Authority (FNHA)
1-800-317-7878

Health Link BC 811

Inter-Tribal Health Authority
(ITHA)
1-877-777-4842

Island Health Complaints & Concerns
1-877-977-5797

Jeneece Place - VGH
250-479-9908

Kidney Care Clinic Hub
1-877-739-5828

Kwakiutl District Council (KDC)
Health Office
1-866-286-9766

Namgis Health Center
250-974-5522

Vancouver Island Crisis Line
1-888-494-3888

Wachiay Friendship Centre
250-338-7793

Accommodations

This page has Useful links for patients and their loved ones should they need to travel for non-emergency care.

<https://www.islandhealth.ca/patients-visitors/preparing-hospital-stay/travelling-finding-places-stay-near-hospitals>

ABORIGINAL LIAISON NURSES VANCOUVER ISLAND

Alert Bay 250-974-8314
Campbell River 250-830-8865
Duncan/Cowichan 250-709-8204
Nanaimo 250-741-4234
Port Alberni 250-735-4319
Port Hardy, Port McNeil
250-949-0340
Victoria (RJH/VGH)
250-812-1464 or 250-480-8333

COMOX VALLEY NUMBERS

AIDS Vancouver Island - Courtney
250-338-7400
Food Bank 250-338-0615
Legal Aid 250-897-1400
Lilli House 250-338-1227
Salvation Army Family Services
250-338-5133
Salvation Army Shelter - Courtney
250-338-2533
Victim Services 1-800-563-0808
Wachiay Friendship Center
250-338-7793
Wheels for Wellness 250-338-0196

WALK IN CLINICS

Comox Valley Walk in Clinic
(info line only)
250-898-0202
7 days a week 9am–8pm.

Washington Park Medical Clinic
250-334-9241
Mon- Fri: 8 am–9pm
Sat–Sun: 9am–7 pm.

Aboriginal Health Liaison Nurse Comox Valley Hospital



Laurel Anderson, RN, BScN

Cell: 250-650-5714

Phone: 250-331-5900

Ext: 65308

Fax: 250-331-5984

Email: laurel.anderson@viha.ca

Website

[https://www.islandhealth.ca/
our-services/aboriginal-health-
services/aboriginal-liaison-
nurses](https://www.islandhealth.ca/our-services/aboriginal-health-services/aboriginal-liaison-nurses)

Ways we can help

- Access NIHB as needed.
- Assist with discharge planning.
- Be an advocate on your behalf.
- Explain health care issues.
- Help with Physical, Spiritual or Cultural needs.
- Provide education for hospital staff and communities about Aboriginal Health issues.
- Provide support to you and your family during your hospital stay.
- Refer patients to Pastoral care if requested.
- Refer to community services for continuity of care.
- Work with the community for clear communication and ease of discharge

What to expect while in the hospital, or when escorting/visiting family.

- If you are willing—please identify yourself as “Aboriginal or First Nations” for hospital staff to notify the Aboriginal Liaison Nurse.
- Bring your BC Care Card & Status Card.
- Check with your Band and/or patient travel clerk prior to hospitalization for medical coverage, travel assistance, meals, and accommodation guidelines.
- Bring list of current prescription and non-prescription medications.
- One cot will be provided to a parent or guardian to stay in their child’s room (limited to children’s unit).

Hospital & Community Liaison Support for First Nations, Inuit & Métis People

Office Hours
Mon - Fri
8.30am - 4:30 pm

Hospital Visiting Hours
Regular 1:30 - 8:30

Maternity
Dad’s anytime
Everyone else 1:30 - 8pm

ICU
Family and close friends,
max 2 –3 visitors at a time
We welcome family 24 hours a day

