

LIAISON NURSE LOCATIONS
on Vancouver Island

PORT HARDY

Cell (250) 230.0335
Port Hardy Hospital
(250) 949.6161

Port McNeill Hospital
(250) 956.4461

Cormorant Island Community Health Centre
(250) 974-5522 Ext. 2184

CAMPBELL RIVER

(250) 850-2460 Cell (250) 830-8865
Campbell River Hospital
(250) 850-2141

COMOX - ST. JOSEPH'S

(250) 890-3810 ext 61044 Cell (250) 650.5714
St. Joseph's Hospital
(250) 339-2242

PORT ALBERNI

(250) 731-1370 Local 48109
West Coast General Hospital
(250) 731-1370

NANAIMO

Cell (250) 741.4234
(250) 755.7691 Local 52095
Nanaimo General Hospital
(250) 755.7691

COWICHAN (DUNCAN)

(250) 746-6184 Cell (250) 704.8204
Cowichan District Hospital
(250) 737-2030 or (250) 737.2000
Ladysmith District Hospital
(250) 245.2221

VICTORIA

(250) 519.1905 Cell (250) 480.8333
(250) 370.8847 Cell (250) 812.1464
Royal Jubilee Hospital
(250) 370.8000
Victoria General Hospital
(250) 727-4212
JENECE PLACE (VGH)
250.479.9908

Mainland Hospital Numbers

BC Women's (604) 875-2424
BC Children's (604) 875-2345
Vancouver General (604) 875-4111
St. Paul's Hospital (Van) (604) 682-2344

Helpful Travel Information

Wheels for Wellness (250) 338-0196
(Transportation to medical appointments that are MORE than 75 km from your home.)
Local bus information—250-956-3151

Inter-Tribal Health Authority 1-877-777-4842
Non-Insured Health Benefits 1-800-317-7878

Local Services

Alert Bay

'Namgis Health Centre (250) 974-5522
'Namgis Doctor's Office (250) 974-5520
'Namgis Dental Clinic (250) 974-5205
Mental Health and Addictions (250) 974-5522
Alert Bay Drug Store (250) 974-5712
24 Hour Crisis Line (250) 974-53
Alcohol & Drug Line (250) 974-5326
Whe-la-la-u Band Office (250) 974-5501

Port McNeill

Mental Health and Addictions (250) 956-3644
People's Drug Mart (250) 956-3126

Port Hardy

Sacred Wolf Friendship Centre (250) 902-0552
VIHA Mental Health / Addictions Services
(250) 949-8611
Crisis Centre and Counselling (250) 949-8333
24 Hour Crisis Line (250) 949-6033
AIDS Vancouver Island (250) 949-0432
People's Drug Mart (250) 949-9522
Rexall Drugs (250) 949-6552
Family Place (250) 949-3116

**Aboriginal Health
Liaison Nurse
(Alert Bay)**



**Rachel Fulmore BSN, RN
Aboriginal Liaison Nurse**

Phone

**(250) 974-5522
Ext: 2130**

Fax

(250) 974-2736

Hours of Availability

Monday-Friday

9:30am-10:30am

2:30pm-3:30pm



ALN Office Location:
'Namgis Health Centre
P.O. Box 290
Alert Bay B.C. V0N-1A0



When you have to go to Hospital just remember...

- Bring your BC Care Card & Status Card.
- Bring a list of medications you are taking prescription and non-prescription.
- Slippers and toiletries.
- Check with your Band prior to hospitalization for medical coverage, travel assistance, meals, accommodation guidelines.
- In Emergency situations contact your Band to arrange for transfer of eligible funding.
- Before you see the doctor write down your questions so they are answered.

Health Centres on Reserves

- 'Namgis Nation (250) 974-5522 (Alert Bay)
- Gwa'Sala Nakwaxda'xw Nation / Tsulquate Band (250) 949-8131 (Port Hardy)
- Quatsino First Nation (250) 949-7161
- Kwakiutl Band (250) 949-6625 (Fort Rupert)

What the Liaison Nurse can do for you and your family while in Hospital

- Advocate on your behalf.
- Visit and provide support and information to you and your family members.
- Explain health care issues
- With your approval—keep family and care givers up -to-date
- Refer you to available community services
- Provide education and awareness about first nations to hospital staff
- Consult with Doctors, hospital staff, care providers, & community.
- Connect you with an Elder for spiritual and emotional support and assist with cultural needs.