



Pulmonary Function Department

METHACHOLINE CHALLENGE PATIENT INSTRUCTIONS

Patient Name
Address
Address

TEST LOCATION

**Pulmonary Function
4TH Floor Royal Block
ROYAL JUBILEE**

Appointment Date:

Test Start Time: (arrive 15 minutes early)

Your Test Will Be:

Please be sure to follow the instructions below because failure to do so could result in your test being cancelled:

- ◆ Report to the **Pulmonary Function Department** at the Royal Jubilee Hospital 15 minutes prior to your appointment start time.
- ◆ **All patients are required to provide a Care Card or other form of ID for check-in.** We need to confirm that the information we have for you is current and correct.
- ◆ Thank you for not wearing scented products or lipstick.
- ◆ Avoid caffeine (tea, coffee, chocolate, pop, etc.) for four [4] hours prior to test. You may eat as normal, avoiding caffeinated products.
- ◆ Do not smoke any substances for four [4] hours prior to test.
- ◆ You will not be exercising for this test—no need for gym wear.
- ◆ This is a 60 minute test.

CANCELLATIONS:

We require 48 hours' notice of cancellation. Please call Shannon at 250-519-1642 for cancellations and questions.

AVOID the following medications before your test:

- ❖ **8 hours prior: NO** Ventolin, Salbutamol, Bricanyl, Airomir, inhaled Cromolyn sodium
- ❖ **12-24 hours prior: NO** Theophylline (Uniphyll, Theodur)
- ❖ **24 hours prior: NO** Atrovent/Ipratropium, Combivent
- ❖ **48 hours prior: NO** Serevent, Oxeze, Onbrez, Foradil, Tilade/Nedocromil
- ❖ **3 days prior: NO** Accolate, Singulair
- ❖ **1 week prior: NO** Spiriva, Seebri, Tudorza
- ❖ **4 weeks prior: NO** Symbicort, Breo, Zenhale, Advair
- ❖ **4 -8 weeks prior: NO** Flovent, Pulmicort, Qvar, Alvesco, Asmanex, Arnuity, Azmacort)

If you are unsure if you are taking any of the above medication, check with your pharmacist or physician.

OUR LOCATION:

We are located on the **4th floor of the Royal Block**, located at the older (original) side of the Royal Jubilee Hospital. There are 2 ways to get to us:

1. Parkade off of Bay Street at the new main entrance of the hospital (**this is the best option between 8:00 am - 5:00 pm**):
 - ◆ Enter through the D&T Centre (Diagnostic and Treatment Centre).
 - ◆ Ask the information desk where we are and they will point you in the right direction (follow signage after 5:00 pm).
 - ◆ If you require assistance, a volunteer may be available to escort you. Wheelchairs may be available upon request.
2. A closer entrance to our department is through the old main entrance off of Coronation Avenue (**this is the best option after 5:00 pm**):
 - ◆ Park in the stalls outside of the West/Royal Block entrance and use the parking machine inside the foyer.
 - ◆ After paying for parking, take your first right and there will be a bank of 4 elevators on the left. Take any one of those to the 4th floor.
 - ◆ Follow signage to the reception window.
 - ◆ **Please see the attached map for step by step directions!**

PARKING:

You may park at the parkade which is near the Bay Street Entrance to the hospital.

Parkade rates are: \$2.25 for the first hour and \$1.25 for each additional hour.

Parking machines: \$2.75 for the first 2 hours and \$1.50 for each additional hour.