

# StopOverdoseBC.ca

## Social Media Posts – June 2018

The provincial overdose Mobile Response Team offers mental, emotional, spiritual and social support to people on the frontlines of the crisis: <https://bit.ly/2JjEXnA> #StopOverdose #BCHC

First responders, front line workers, people who've survived or witnessed overdoses – if the overdose crisis has affected your well-being, find support through the provincial overdose Mobile Response Team: <https://bit.ly/2JjEXnA> #StopOverdose

Use this guide to start conversations with loved ones about substance use and #overdoseprevention: <https://bit.ly/2JjKkDn> #StopOverdose

Remember the 3 C's of conversation - connect to the present, connect to your body, connect to the individual. More tips for talking to someone about substance use and #overdoseprevention: <https://bit.ly/2JjKkDn> #StopOverdose

#Harmreduction can keep people who use drugs safer while at the same time, connect them to treatment and recovery options. Learn about #BC services: <https://bit.ly/2JuXu3D> #StopOverdose #EndStigma

Overdose prevention sites, supervised consumption, and drug checking are some of the services in #BC that help #StopOverdose. Learn more: <https://bit.ly/2JuXu3D>

Words matter – negative language discredits and discriminates, making people feel isolated and more likely to use drugs alone. #StopOverdose, starting with how you speak: <https://bit.ly/2Etmb9Y>

“Treating people who use substances with respect improves health outcomes and helps save lives.” Why words matter when we talk about addiction: <https://bit.ly/2Etmb9Y> #StopOverdose #EndStigma

FACT: Addiction is not a choice. Ending addiction is much more complicated than “just saying no”. Read more: <https://bit.ly/2kSKkj8> #StopOverdose #EndStigma

FACT: Most people living with addiction use substances to deal with pain. Common myths and facts about addiction: <https://bit.ly/2kSKkj8> #StopOverdose #EndStigma

Can you start to change the way you, and those around you, think about people who use substances? #EndStigma and #StopOverdose - talk with friends and families about these myths: <https://bit.ly/2kSKkj8>

4 tips for having conversations with youth about drugs, while keeping your relationship strong: <https://bit.ly/2JdHfIU> #Parenting #OverdosePrevention #StopOverdose

Respectful conversations with youth about substance use can go a long way in influencing them to make safer choices. Tips for talking about drugs: <https://bit.ly/2JdHfIU> #Parenting #OverdosePrevention #StopOverdose

WATCH & SHARE: Break down the walls of silence that prevent people from reaching out for the treatment and support they need. <https://bit.ly/2JtlbsZ> #StopOverdose #EndStigma

People who use drugs are our sisters, our daughters, our classmates, our teammates, our friends. #EndStigma and #StopOverdose. Watch and share this video: <https://bit.ly/2Lse5ma>

“We know that if recovery is ever going to happen we must keep people alive.” Watch and share this #TEDMED talk where [@DrMtyndall](#) explains the importance of #HarmReduction: <https://bit.ly/2sMXbXI> #StopOverdose

#Harmreduction is sometimes misunderstood as “giving up” on people who use drugs. Public health expert [@DrMtyndall](#) explains it’s actually the opposite: <https://bit.ly/2sMXbXI> via [@TEDMED](#) #StopOverdose

Learning the signs of an overdose is one of many actions you can take to help save lives. Getting a #naloxone kit, and training on how to use it, is the next step: <https://bit.ly/2sxZH4C> #StopOverdose

Naloxone reverses an overdose from opioids. #StopOverdose and help save lives. Take #NaloxoneTraining online: <https://bit.ly/2sxZH4C> #OverdosePrevention

“We are very pleased to share the campaign and its powerful message to address stigma and build support for an effective response,” @DarcyJudy re: @TOPublicHealth’s adaptation of BC’s #StopOverdose campaign: <https://bit.ly/2sBDuCR>

Check out @TOPublicHealth's anti-stigma campaign, adapted from BC's #StopOverdose efforts: <https://bit.ly/2sBDuCR> #EndStigma

“Together we can stop the cycle of stigma” Learn how: <https://bit.ly/2JKhC1W> #StopOverdose #EndStigma [@GovCanHealth](#)

How does stigma impact people who use drugs? Watch and share this video: <https://bit.ly/2JKhC1W> #StopOverdose #EndStigma [@GovCanHealth](#)

What can festival and event organizers do to prevent overdoses? 6 points to consider: <https://bit.ly/2JCytjG> #StopOverdose #overdoseprevention

Organizing for safety: 6 ways organizers of #summerfestivals and events can help #StopOverdose <https://bit.ly/2JCytjG>