

2019

**PRENATAL INSTRUCTION
2 SESSION SERIES
7:00 – 9:00 p.m.**



Class 1:

- Overview of labour and birth
- Care and feeding of the newborn

Class 2:

- Infant brain development
- Attachment
- Breastfeeding

Dates

Thursday: January 10 & 17th

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To Register or For More
Information

Please Call Us

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