Interactive Educational Sessions by Tobacco Reduction Staff

Tobacco Prevention and Control staff are available to attend health-focused event/conferences and provide presentations to the following community groups:

- Child, youth and families, including perinatal groups;
- Aboriginal groups; and
- Mental Health and Addiction groups.

If your group/organization falls within one of the above community groups, contact the Tobacco Prevention & Control Program to discuss your event with a Tobacco Reduction staff:

Victoria 250.360.1450       Nanaimo 250.755.6285       Campbell River 250.755.6285

**Tobacco Wheel of Choice**

This kit includes a tabletop wheel display that spins to select one of 8 categories (second-hand smoke, tobacco laws, teens & smoking, advertising, decisions, health effects, statistics, and the tobacco industry). Most of the questions are multiple-choice. It can be played with as little as two people or teams of people as in a classroom or conference setting.

Target groups: Preschool to adult

**Carbon Monoxide Monitor (Smokerlyzer)**

This monitor can be used in quit smoking groups to motivate people to quit or can be used to demonstrate the difference in CO levels between non-smokers, smokers and those exposed to second-hand smoke. All smokers take CO into their lungs when they inhale and high blood CO levels increase the risk of circulatory problems, heart attack, and stroke.

Target group: Grade 8+

**Healthy Lungs & Simulated Smokers’ Lung Kit (pigs lungs)**

Two sets of inflatable pigs’ lungs simulate the lungs of a non-smoking person and one that been smoking a pack a day for 20 years. They are useful in the demonstration of lung function and anatomy. The lungs also contain two simulated cancerous tumors: one on the surface, and one deep within the lungs.

Target group: Grade 6+
Mr. Dip Lip
This model of the mouth opens and closes from the back like a puppet and flesh-like lips retract to show the effects of dipping on the inner lips, gums and teeth.
Target group: Grade 4+

Tar Jar
Demonstrates the amount of tar that can stay in a smoker's lungs after smoking half a pack of cigarettes every day for one year.
Target group: Grade 4+