

Making a referral for physiotherapy services

1. Requests for physiotherapy (PT) should be discussed with the School-Based Team to determine that the physiotherapist is the most appropriate person to address the student's needs.
2. If physiotherapy is indicated, complete a referral form. These are available from the School Resource Teacher and from Student Services/Special Education Department at the School Board Office.
3. To ensure that families are involved in determining their child's need for physiotherapy, written parental or guardian consent is required.
4. Schools in Districts #61, #62, and #63 receive services through continuing contracts with VIHA/QACCH.
5. Private Schools wishing to access physiotherapy services are asked to contact the School Age Program Coordinator at QACCH to set up a contract for services.

Frequency of Physiotherapy

Depending upon the student's needs, the frequency of physiotherapy visits may range from yearly review/monitoring to regularly scheduled appointments coordinated by the therapist.

Other Services

Other QACCH programs provide specialized services for children, such as multidisciplinary clinics, rehabilitation services, speech-language pathology, and occupational therapy.

Need More Information?

Contact QACCH School Age Program, at
(250) 519-6761

Or

the physiotherapist assigned to your school

Name: _____

Phone: _____

QACCH
2400 Arbutus Road
Victoria, BC V8N 1V7
Phone: (250) 519-6761



Physiotherapy

Vision

Children, youth and families actively participating in their communities

Mission

We will use a collaborative, family-centred and interdisciplinary approach to optimize health and autonomy and promote inclusive communities



School Age Program

Queen Alexandra Centre for
Children's Health

School-based Physiotherapy

School based physiotherapy provides support to the student, staff and family to enable the student to achieve optimal mobility and participation at home, school, and in the community.

Physiotherapists evaluate how a student's ability to function in school is influenced by his/her physical status and by environmental factors at home, school, or in the community.

Physiotherapy addresses the following areas:

- Posture and movement concerns.
- Gross motor skill development.
- Use and fit of braces, wheelchairs and other positioning equipment.
- Safe lifting and transferring techniques.
- School accessibility.

The Physiotherapist can provide the following:

1) Evaluation of the student's strengths and needs through:

- Liaison with other health care and educational professionals involved with the child
- Observational assessments in the setting of concern (home, school, community).
- Standardized assessments of motor skills and functional mobility.
- Interviews with families, teachers, and other staff.

2) Intervention

- Education of school support staff and family.
- Consultation regarding the student's educational program.
- Promotion of a student's ability to successfully participate in their activities.
- Therapeutic recommendations and exercise prescription for identified areas of need.

- Consultation regarding adaptive equipment and seating needs.
- Information on community resources related to fitness and recreation.
- Consultation on school transitions from kindergarten to graduation.

3) Documentation

- The child's school and family will be provided with written reports as appropriate.

